

# CONTENTS

CHAPTERS	TITLE	PAGE NO.
I	Introduction	1-56
II	Historical Perspective	57-116
III	Democracy and Discontent in J&K Since 1996	117-194
IV	Political Parties in Jammu and Kashmir	195-214
V	Problem of Human Rights in Jammu and Kashmir	215-252
VI	Indo-Pak Relations and J&K	253-299
VII	Conclusion	301-319
	Bibliography	321-335
	Appendix	i-xviii