Conferences attended and papers presented

**International**


6. **Pushkala R.** and N. Srividya. Influence of chitosan biopolymer fortification on rheological, nutraceutical and shelf life quality of Indian flat bread. *Third International Conference on Natural Polymers and Biopolymers: micro to nano scales*, held at Centre for Nanoscience and nanotechnology, M.G.University, Kerala, India from 26th-28th October, 2012.

7. **Pushkala R.** and N. Srividya. Enhanced *in vitro* anti diabetic and anti oxidant potential of papaya fruit powder enriched with Aloe gel biopolymer. *Third International Conference on Natural Polymers and Biopolymers: micro to nano scales*, held at Centre for Nanoscience and nanotechnology, M.G.University, Kerala, India from 26th-28th October, 2012.


9. **Pushkala R.** and N. Srividya. Improved nutraceutical profile of papaya RTS beverage blended with bioactive Aloe gel polymer. *International conference on Bioactive Natural Compounds*
from *Plant Food in Nutrition and Health*, held at Dept. of Home Science, CMS College, Kottayam, Kerala, India, from 20th-22nd September, 2012.


National


Awards and fellowships received

1. Received ‘Best poster award’ at International Conference- Foods 2012, M.O.P. Vaishnav College, Chennai held on 17th and 18th February, 2012 for the paper “Antidiabetic and in vitro antioxidant activity of chapati enriched with bioactive polysaccharide chitosan”.

2. 2nd prize awarded for an oral presentation at the National seminar- Foods 2011, Processed Foods- A trend beyond boundaries, M.O.P. Vaishnav College for Women, Chennai, 2011, for the following paper- “Low fat therapeutic dairy product with probiotic and prebiotic fat mimetic”.

3. Awarded the Summer Research Fellowship sponsored by Indian Academy of Sciences and received training at Madras Diabetes Research Foundation (MDRF), Chennai, from May 15th- July 6th, 2012.