Acknowledgement

Though we thank the Supreme Power daily but I feel deeply blessed when I see my hard work and the blessings of Supreme Almighty and my elders materializing.

It is with a deep sense of gratitude that I take this opportunity to express my sincere thanks to my honourable and learned teacher and Guide Dr. R.C. Arora,, M.D. D.Sc, Professor and Head, Deptt. of Medicine M.L.B. Medical College, Jhansi. A brilliant physician, dynamic personality and eminent academician. It is my proud privilege to have been associated with and remain under his constant vigilance. The joy and experience of working under his guidance is really something out of this world. His invaluable suggestions, constructive criticisms, meticulous attention to detail and authentic corrections have made this work possible. It is virtually impossible to express in words my deep sense of indebtedness and profound gratitude to him. He will always remain a constant source of inspiration throughout my life.

I am also indebted to my Co-guide Dr. Sunita Arora M.S., Professor, Department of Obstetrics and Gynaecology, M.L.B. Medical College, Jhansi. Her affectionate guidance, invaluable support and keen interest have helped me immensely. The constant encouragement and subtle criticism offered by her was the source of strength that enabled me to trod forward over the obstacles.

I am extremely thankful to my Co-Guide Dr. Navnit Agarwal M.D., Professor, Department of Medicine, M.L.B. Medical College, Jhansi, whose continuous supervision and assistance helped me a lot in materializing this
task. He bestowed his close attention to its progress even during odd hours, not only showing the path but lighting it as well.

I express my deep sense of gratitude to my learned and honourable teachers Prof. (Dr) P.K.Jain, M.D.,MNAMS, Dr. Praveen Jain M.D. D.M (Cardiology), Professor of Cardiology, Dr. N.S.Sanger M.D, D.M (Nephrology), and Dr. Gyanendra Kumar, M.D. (Psychiatry), Assistant Professor, Department of Medicine, for giving me inspiration and encouragement.

I am indebted to my parents and especially to my niece who in the last five years has filled our lives with joy and encouragement and other family members for their inspiration, moral support, love and encouragement throughout my studies, without which I would never have been able to complete thesis work.

Some other people also deserves my heartiest thankfulness but they are unnamed and are not less important in any other manner.

I thank Nursing and Hospital staff for their goodwill and kind cooperation.

I always thanks to Mr. Praveen Arora and Ashutosh Jain (Crux Computers, Sadar Bazar, Jhansi) who completed the thesis work nicely within time.

Lastly but not the least I am thankful to all the patients who were the very basis of this study.

Dated: 27/1/2004  
Jeevan Aggarwal