APPENDIX - I

AIDS - A BRIEF HISTORY

1977-78 : First cases of AIDS probably occur in US, Hiti & Africa.
1979 : Aggressive Kaposi’s sarcoma & rare infections first seen in Africans in Europe.
1981 : Kaposi’s sarcoma & rare infections first reported in US homosexual men; link with sexual transmission suspected.
1982 : First education efforts started in US by local homo-sexual groups.
1982-83 : AIDS linked to blood transfusions, IV drug use, congenital infection.
1983 : 2,500 cases have been reported in US.
1983-84 : HIV identified in France & US.
1984 : First studies indicate AIDS common among heterosexuals in Africa.
1984 : Research shows that HIV infects T-helper lymphocytes.
March 1985 : ELISA blood test developed to detect antibodies to HIV. US begins screening donated blood.
1985 : First controlled clinical trails of anti-HIV drugs begin in US.
July 1986 : Almost 29,000 cases reported by 71 countries.
1986 : Estimated 5-10 million are infected with HIV worldwide.
1986 : World Health Assembly recommends global strategy for AIDS control.
1986 : Several governments start national communication programs.

APPENDIX - II

HISTORY OF HIV/AIDS IN INDIA


Feb.1986 : First cases of serologically identified HIV in CSWs (=10) in Madras, Tamil Nadu.

April 1986 : National AIDS surveillance Program initiated by ICMR.

May 1986 : First patient with end-state AIDS detected, in Bombay (recipient of unscreened blood in USA)


July 1987 : First spouse-to-spouse transmission recorded


April 1988 : First case of AIDS acquired in India.


Jan.1990 : Cluster of sero-positives among IVDUs in northeast India.


July 1992 : NACO formed for control and prevention of AIDS.


COURTESY: EPIDEMIOLOGY OF HIV AND AIDS IN INDIA BY MANOJ K.JAIN et al AIDS 1994, 8 (SUPPL,2) P.S63
APPENDIX - III

SOCIO - CULTURAL FACTORS INFLUENCING HETEROSEXUAL PROMISCUITY OF HIV INFECTED MEN

SECTION 1

NAME: ___________________________ AGE: _____ YEARS

AGE OF SPOUSE (IF MARRIED): ___________________________

MARITAL STATUS: S M (YEAR): _____

RELIGION: H / C / M / OTHER

RESIDENCE: RURAL / URBAN / SEMI URBAN

OCCUPATION: ___________________________

MONTHLY INCOME:

Rs <500 / 500-1000 / 1001-2500 / 2501-4000 / >4000 / NIL

EDUCATIONAL STATUS:

ILLITERATE / PRIMARY / SECONDARY / HR.SECONDARY / COLLEGE / VOCATIONAL TRAINING / OTHER......

TYPE OF FAMILY: NUCLEAR / JOINT

BIRTH ORDER: ELDEST / MIDDLE / YOUNGEST

HOUSING: OWN / RENTED

AGE AT MARRIAGE: _______ YEARS

AGE WHEN EMPLOYED: _______ YEARS

TYPE OF MARRIAGE: ARRANGED / LOVE / FORCED

DOWRY: YES / NO

AGE AT FIRST SEX EXPERIENCE: _______ YEARS
SECTION 2

EARLY LIFE EXPERIENCE: SCHOOL AGE (< 13 YEARS)

<table>
<thead>
<tr>
<th>VARIABLE</th>
<th>RESPONSE</th>
<th>REASONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>EARLY ARRIVAL AFTER</td>
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<td></td>
</tr>
<tr>
<td>SCHOOL/PLAY        :   AL / ST / NR</td>
<td>(1) (2) (3) (4) (5) ...</td>
<td></td>
</tr>
<tr>
<td>FAMILY CHORES      :   AL / ST / NR</td>
<td>(1) (2) (3) (4) (5) ...</td>
<td></td>
</tr>
<tr>
<td>FAMILY MEALS       :   AL / ST / NR</td>
<td>(1) (2) (3) (4) (5) ...</td>
<td></td>
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<tr>
<td>FAMILY WORSHIP     :   AL / ST / NR</td>
<td>(1) (2) (3) (4) (5) ...</td>
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</tbody>
</table>

REASONS: (1) INFLUENCE/INSISTENCE OF PARENTS
(2) NOT A FAMILY HABIT
(3) INFLUENCE OF GUARDIAN/SCHOOL
(4) NOT INSISTED BY PARENTS/GUARDIAN
(5) OTHER

DO PARENTS QUARREL? YES / NO
DO FATHER DRINK ALCOHOL? YES / NO
DO PARENTS PUNISH YOU? YES / NO
DO YOU VISIT RELATIVES AS A FAMILY? YES / NO
DO YOU HAVE FAMILY PICNICS? YES / NO

SECTION 3

PREMARITAL EXPERIENCE:

TEEN AGE (13 - 19):

PLACE OF STAY : DURING TEEN AGE (1) (2) (3) (4) (5) (6) (7)
DURING PREMARITAL (1) (2) (3) (4) (5) (6) (7)

1. NATIVE 5. SHARED ROOM WITH FRIENDS
2. HOSTEL 6. RENTED ROOM
3. LODGE 7. OTHER...
4. RELATIVES

<table>
<thead>
<tr>
<th>VARIABLE</th>
<th>RESPONSE</th>
<th>REASONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>EARLY ARRIVAL AFTER</td>
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<td></td>
</tr>
<tr>
<td>SCHOOL/PLAY/WORK :   AL / ST / NR</td>
<td>(1) (2) (3) (4) (5) (6) ...</td>
<td></td>
</tr>
<tr>
<td>FAMILY CHORES      :   AL / ST / NR</td>
<td>(1) (2) (3) (4) (5) (6) ...</td>
<td></td>
</tr>
<tr>
<td>FAMILY MEALS       :   AL / ST / NR</td>
<td>(1) (2) (3) (4) (5) (6) ...</td>
<td></td>
</tr>
<tr>
<td>FAMILY WORSHIP     :   AL / ST / NR</td>
<td>(1) (2) (3) (4) (5) (6) ...</td>
<td></td>
</tr>
</tbody>
</table>
SCALE:
(1) INFLUENCE/INSISTENCE OF PARENTS
(2) NOT A FAMILY HABIT
(3) INFLUENCE OF GUARDIAN/SCHOOL
(4) NOT INSISTED BY PARENTS/GUARDIAN
(5) INFLUENCE OF FRIENDS
(6) OTHER

WHERE DID YOU LEARN ABOUT SEX?

1. MOVIES  2. PORNOGRAPHY  3. PEERS
4. PARENTS  5. TEACHERS  6. OTHER ...

REASONS FOR DISCONTINUATION OF STUDIES:

(1) NOT INTERESTED IN STUDIES
(2) POOR PARENTS UNABLE TO SUPPORT
(3) POOR PARENTAL CONTROL
(4) INFLUENCE OF FRIENDS
(5) OTHER ..... 

SEX IN TEENAGE YES/NO, IF YES

FACTORS PROMOTING SEXUAL EXPERIENCE DURING TEENAGE

(1) DESIRE FOR FUN
(2) DESIRE TO FEEL MODERN
(3) DESIRE TO FEEL ‘MANLY’
(4) INABILITY TO RESIST COMPULSION BY GIRLS
(5) DESIRE FOR NEW EXPERIENCE
(6) GIVE COMPANY TO FRIENDS/PEER PRESSURE
(7) IRRESISTIBLE URGE FOR SEX
(8) OTHER.....

EVENTS/SITUATIONS FORCED/FACILITATED TO HAVE SEX:

(1) PICNICS AND OUTING
(2) STAY OUT FROM HOME
(3) PARENTS ABSENCE
(4) LATE MARRIAGE
(5) INFLUENCE OF ALCOHOL
(6) PROXIMITY OF CSW CENTERS
(7) AVAILABILITY OF MONEY
(8) OPPORTUNITY TO HAVE PARTNERS AT NO CASH PAYMENT
(9) OTHER

WHERE DID YOU HAVE SEX?

(1) CSW CENTERS (2) LODGES/HOTELS
(3) AGRI. FIELDS/UNDER TREES (4) PARTNERS HOUSE
(5) ROAD SIDE

<table>
<thead>
<tr>
<th>VARIABLE</th>
<th>RESPONSE</th>
</tr>
</thead>
<tbody>
<tr>
<td>DO PARENTS QUARREL?</td>
<td>YES / NO</td>
</tr>
<tr>
<td>DO FATHER DRINK ALCOHOL?</td>
<td>YES / NO</td>
</tr>
<tr>
<td>DO PARENTS PUNISH YOU?</td>
<td>YES / NO</td>
</tr>
<tr>
<td>DO YOU VISIT RELATIVES AS A FAMILY?</td>
<td>YES / NO</td>
</tr>
<tr>
<td>DO YOU HAVE FAMILY PICNICS?</td>
<td>YES / NO</td>
</tr>
</tbody>
</table>

MORAL/RELIGIOUS INSTRUCTION (MI /RI):

| FAMILY INSIST ON RELIGION/WORSHIP              | YES / NO  |
| MI/RI TAUGHT IN SCHOOL                         | YES / NO  |
| MI/RI TAUGHT IN COLLEGE                        | YES / NO  |

HABITS DEVELOPED

| SMOKING                                         | YES / NO  |
| DRINKING                                        | YES / NO  |
| SEX                                             | YES / NO  |

MOVIES / PICNICS

| MOVIES IN THEATER                               | YES/NO    |
| MOVIES AT HOME                                  | YES/NO    |
| MOVIE FOLLOWED BY SEX ANY TIME                  | YES/NO    |
| PICNICS/OUTING WITH FRIENDS                     | YES/NO    |
| PICNICS/OUTING FOLLOWED BY DRINKS               | YES/NO    |
| PICNICS/OUTING FOLLOWED BY DRINKS & SEX ANY TIME| YES/NO    |

<table>
<thead>
<tr>
<th>13-19 yrs</th>
<th>&gt; 19 yrs</th>
<th>PAID BY WHOM</th>
</tr>
</thead>
<tbody>
<tr>
<td>MOVIES IN THEATER</td>
<td>YES/NO</td>
<td>SELF/FRIENDS</td>
</tr>
<tr>
<td>MOVIES AT HOME</td>
<td>YES/NO</td>
<td>SELF/FRIENDS</td>
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<tr>
<td>MOVIE FOLLOWED BY SEX ANY TIME</td>
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<td>SELF/FRIENDS</td>
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<td>SELF/FRIENDS</td>
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<td>YES/NO</td>
<td>SELF/FRIENDS</td>
</tr>
<tr>
<td>PICNICS/OUTING FOLLOWED BY DRINKS &amp; SEX ANY TIME</td>
<td>YES/NO</td>
<td>SELF/FRIENDS</td>
</tr>
</tbody>
</table>
WHY DID YOU GO TO CSW?

(1) EASY TO APPROACH
(2) CAN MANAGE SICKNESS IN STD CLINIC
(3) MEET SEX NEEDS VERY WELL
(4) NO RISK OF BEING SEEN BY KNOWN PEOPLE
(5) DON'T WANT TO SPOIL MY NAME BY APPROACHING OTHER GIRLS
(6) CAN HAVE SEX WITHOUT CONDOMS
(7) COMPELLED BY FRIENDS
(8) OTHER.....

SECTION 4

EXPERIENCES DURING MARITAL PERIOD:

AGE AT MARRIAGE ___ YEARS

SPOUSE'S AGE AT MARRIAGE ___ YEARS

SPOUSE'S AGE NOW _____ YEARS SPOUSE'S OCCUPATION ____________

<table>
<thead>
<tr>
<th>VARIABLE</th>
<th>RESPONSE</th>
<th>REASONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>FAMILY CHORES</td>
<td>AL/ST/NR</td>
<td>(1) (2) (3) (4) (5) (6) (7) (8)</td>
</tr>
<tr>
<td>TIME WITH CHILDREN</td>
<td>AL/ST/NR</td>
<td>(1) (2) (3) (4) (5) (6) (7) (8)</td>
</tr>
<tr>
<td>FAMILY MEALS</td>
<td>AL/ST/NR</td>
<td>(1) (2) (3) (4) (5) (6) (7) (8)</td>
</tr>
<tr>
<td>FAMILY WORSHIP</td>
<td>AL/ST/NR</td>
<td>(1) (2) (3) (4) (5) (6) (7) (8)</td>
</tr>
<tr>
<td>EARLY ARRIVAL AFTER WORK</td>
<td>AL/ST/NR</td>
<td>(1) (2) (3) (4) (5) (6) (7) (8)</td>
</tr>
</tbody>
</table>

(1) WIFE'S INSISTENCE
(2) FAMILY DISCIPLINE
(3) FRIENDS INFLUENCE
(4) OVER WORK

(5) SELF DISCIPLINE
(6) NOT INSISTED BY WIFE
(7) NOT PRACTICED IN MY FAMILY
(8) OTHER.....

MARRIAGE : ARRANGED / LOVE / FORCED

DOWRY : YES / NO

HAPPY MARRIED LIFE : YES / NO

IF NO REASONS -

(1) WIFE'S SICKNESS
(2) DOWRY ISSUE
(3) BUSY WIFE
(4) FREQUENT VISITS TO IN-LAW
(5) QUARREL IN FAMILIES
(6) LACK OF UNDERSTANDING
(7) OTHER .....
ARE YOU AWARE OF THE PHYSICAL NEEDS OF YOUR WIFE? YES / NO

ARE YOU AWARE OF THE SEXUAL NEEDS OF YOUR WIFE? YES / NO

EPISODES OF EXTRA MARITAL SEX YES / NO

IF YES, EVENTS/SITUATIONS FORCED/FACILITATED EXTRA MARITAL SEX:

1. COMPELLED BY NEIGHBORING WOMEN
2. OVERNIGHT STAY ON BUSINESS
3. CSW CENTERS IN LOCALITY
4. WIFE’S PREGNANCY
5. HABITUATION TO PROMISCUITY DUE TO DELAYED MARRIAGE
6. UNHAPPY MARRIED LIFE
7. OTHER.....

WHY DO YOU GO TO CSW?

(1) TO AVOID USE OF CONDOMS
(2) URGE TO GRATIFY SEXUAL FEELINGS
(3) GIVE COMPANY TO FRIENDS/PEER PRESSURE
(4) INABILITY TO HAVE ORAL SEX WITH SPOUSE
(5) OTHER....

SECTION 5

KNOWLEDGE OF AIDS / HIV AND STD

<table>
<thead>
<tr>
<th></th>
<th>BEFORE MARRIAGE</th>
<th>AFTER MARRIAGE</th>
</tr>
</thead>
<tbody>
<tr>
<td>HAVE YOU EVER HEARD OF STD?</td>
<td>YES / NO</td>
<td>YES / NO</td>
</tr>
<tr>
<td>HAVE YOU EVER HAD STD?</td>
<td>YES / NO</td>
<td>YES / NO</td>
</tr>
<tr>
<td>HAVE EVER HEARD OF AIDS?</td>
<td>YES / NO</td>
<td>YES / NO</td>
</tr>
<tr>
<td>DO YOU KNOW THAT YOU WOULD BE INFECTED IF YOUR SEX PARTNER IS INFECTED?</td>
<td>YES / NO</td>
<td>YES / NO</td>
</tr>
<tr>
<td>DO YOU KNOW THAT YOU WILL INFECT YOUR SPOUSE / SEX PARTNER IN TURN?</td>
<td>YES / NO</td>
<td>YES / NO</td>
</tr>
<tr>
<td>DO YOU KNOW THAT CONDOMS HELP TO PREVENT STD / AIDS?</td>
<td>YES / NO</td>
<td>YES / NO</td>
</tr>
</tbody>
</table>
REASONS FOR NON USE OF CONDOMS:

1. UNCOMFORTABLE
2. ASHAMED TO BUY
3. AVOID MUTUAL DOUBTS ABOUT PERSONAL HEALTH
4. UNSATISFACTORY SEX
5. SELF, PARTNER DISLIKE
6. OTHER....

HOW HIV/AIDS IS TRANSMITTED?

1. SEX
2. BLOOD
3. TOUCHING
4. KISSING
5. INFECTED MOTHER TO CHILD
6. TOILET
7. UTENSILS
8. SHARING CLOTHES
9. DON'T KNOW

IS AIDS: 1. CURABLE 2. INCURABLE 3. DON'T KNOW

KNOWLEDGE OF HIV/AIDS AT THE TIME OF INTERVIEW ONLY & YES / NO

IF NO, REASONS:

1. NOT SERIOUS ABOUT KNOWLEDGE
2. DEPTH OF THE ISSUE NOT KNOWN
3. DESIRE FOR SEX OVERTAKES ONES CONTROL
4. OTHER............

WHY DO YOU WANT TO KEEP THE HIV RESULT CONFIDENTIAL?

1. WILL AFFECT FAMILY PRESTIGE
2. AFFECT PRESTIGE OF RELATIVES
3. ISOLATION/REJECTION BY SOCIETY
4. FEAR OF BEING VACATED BY LANDLORD
5. LOSS OF RESPECT FROM WIFE & CHILDREN
6. PARENTS MAY FEEL SAD
7. STIGMA IN SOCIETY
8. LOSS OF SELF RESPECT
9. OTHER ....
SECTION 6

SEXUAL BEHAVIOR/ORIENTATION:

AGE AT FIRST SEX EXPERIENCE: __________ YEARS

USE OF CONDOM AT FIRST SEX EXPERIENCE: YES / NO

<table>
<thead>
<tr>
<th>BEFORE MARRIAGE</th>
<th>AFTER MARRIAGE</th>
</tr>
</thead>
</table>

HOW MANY PARTNERS
IN THE LAST YEAR: PER MONTH:___ PER MONTH:___

SPouse only / Spouse as well

TYPE OF PRACTICE:
1. VAGINAL
2. ORAL(F)
3. ORAL(C)
4. ANAL

USE OF CONDOMS:
ALWAYS/
SOMETIMES/
NEVER

WHO WAS/WERE YOUR SEX PARTNER(S)? OTHER THAN SPOUSE

1. KNOWN TO ME-GOOD REPUTE
2. KNOWN TO ME-DOUBTFUL REPUTE
3. KNOWN TO FRIENDS
4. PROSTITUTE

METHODS USED TO PREVENT PREGNANCY BY SEX PARTNER

1. CONDOMS
2. RHYTHM
3. WITHDRAWAL
4. PILL
5. COPPERT
6. NONE

HIV STATUS: POSITIVE / NEGATIVE