ACKNOWLEDGEMENTS

This thesis is an individual effort and accordingly I would like to place on record my sincere gratitude to

All the victims and survivors of mental illnesses from whom I have learnt what text books could not teach me.

All the staff, families and clients of Kshitij Mental Health Centre, Manav Foundation and Anand Rehabilitation Centre for helping me with data collection and case studies.

Mr. Vinod Sawant, a survivor of Schizophrenia and paraprofessional with Kshitij for helping me throughout.

Dr. H. L. Kaila my guide, for his patience, understanding and attention to detail.

Mr. Umakant Jadhav, Deputy Registrar, S.N.D.T. Women’s University and my dear friend for his loyal support during administrative crisis.

My mother, my husband and my children for their encouragement throughout my work.

Ms. Jasmine Pavri, President, The Family Welfare Agency, Dr. Gita Shah, Member of the managing committee, The Family Welfare Agency and Ms. Katy Gandevia, Incharge, Kshitij Mental Health
centre for being kind enough to grant me leave as and when required to complete my thesis and for their consistent encouragement and support.

Prof. D.P. Singh, Ph.D. Centre for Research Methodology, Tata Institute of Social Sciences, for computation work.

Mr. Shellar for binding and embossing work of my thesis.