APPENDIX- F

Adjustment Projective Inventory (ADP-I)

Constructed by-
A. K. Pandey & B. N. Puhan,
Centre of Advanced Study
in Psychology,
Utkal University, Bhubaneswar,
Orissa, INDIA.

Instructions

The test consists of eight short stories. Each story attempts to portray a real life situation. Read the stories as many times as you require to get a clear idea about the situation and the characters therein. Each story is followed by a number of statements regarding the roles by the characters portrayed in the story. Please read these statements very carefully and then indicate whether you agree (A) or disagree (D) with it by putting a tick mark (√) under "A" or "D" against the appropriate item number provided in a separate answer sheet. Please try to keep the whole situation in mind and answer sincerely which must correspond to your personal feelings.

Incidentally, you are likely to come across with some statements which you may find hard to decide a response for (i.e., agree or disagree). In this case, please try to weight the strength of both of responses and finally choose one.

Any questions?
Story - A

Ram was a very close friend of Mohan. Once Mohan invited Ram for his sister's marriage. Ram had a very poor and sensitive health. Some diseases or other always remains with him. Moreover, he has very careless about his diet. So his parents did not like to send him to any functions. On the request of Mohan, he went to attend the marriage ceremony where he took very active role. During the lunch time he did not take anything at Mohan's house. But Mohan wanted him to have some. So Ram took a little of everything prepared for the feast. After sometime he felt uneasy in his stomach and started vomiting. Seeing this some others suspected food poisoning and avoided taking their food. When Mohan came to know about Ram's condition, he asked him to go back to his house and take rest.

Statements:

1. Ram should not have taken food in the marriage ceremony because he had poor health.
2. Ram was not taking care of his health.
3. Ram should not have taken very active role in the function.
4. Other guests were very careful about their health.
5. Ram was doing hard work and that was perhaps the reasons for his stomach upset.
6. Actually, Ram's diseases could have affected other guests.

7. Ram's parents did not take care of his health.

8. The guests were right in not taking food.

9. Ram was not careful for which he suffered.
Story- B

During winter vacation a conference was going to be held at a hill station. Narendra got his invitation card for attending the conference. Actually Narendra had a very poor and sensitive health. He was unable to go anywhere without proper medical care. Narendra also had troubles with his sleep. But in spite of these problems, Narendra went to attend the conference with his family doctor. With his doctor's care, he slept well in the nights. He also used to take his food according to the suggestion of his physician. Some people who attended the conference were making fun of Narendra. Some of them even did not speak to him. They thought Narendra was showing off. But the fact was that Narendra could not have attended the conference without his Physician.

Statements:

1. Narendra should not have gone to attend the conference as his health was poor.
2. Narendra should not have taken his doctor with him for such a small period.
3. Other participants should have also taken care of their health.
4. People should not have made fun of Narendra.
5. Participants were not liking Narendra because he brought a doctor with him.
6. Doctor should not have always accompanied Narendra.

7. Occasional disturbance in sleep is not really as bad.

8. A Doctor can't possibly always look after another person. One has to take care of himself at times.

9. Narendra should have told about his health to other participants.

10. Participants were not interested in their health, they were interested only in Narendra.

11. Participants should have collected some information about the health of Narendra before making fun of him.

12. Narendra could have easily adjusted to his health problems during the conference.
Sunil's friend Gautam was in hospital fighting for his life. Sunil was always taking care of him. One day Sunil came home to take lunch. His parents asked him to go to market and get vegetables. Sunil did not like it. He, however, went to market. On his way back, he met his uncle on the street but did not show much interest beyond wishing. Realizing Sunil was avoiding him, his uncle felt bad and complained against him to his parents. After giving the vegetables at home, Sunil reached hospital immediately. Sunil was very careless about the household affairs, so his parents did not like him. In hospital Gautam did not want to convey the message to his house. All people who saw Gautam's condition were blaming Sunil. Sunil's parents too were angry with him because he did not accept any of their suggestions.

Statements:
1. The parents were biased against Sunil.
2. Sunil should have done household works along with his hospital visits.
3. Sunil's parents thought that he spent his time always outside.
4. Sunil should not have come home for his lunch.
5. Sunil should not have gone to market to get vegetables.
6. Sunil should have returned from the market immediately.
7. Sunil did not want his friend to recover.
8. Gautam should have asked some other to relieve him.
9. Sunil did not like to stay in hospital, so he was late.
10. Sunil always disobeyed the order of his parents.
11. Sunil should have liked to talk with his parents.
12. The parents did not know that Sunil's friend was admitted in the hospital.
13. Sunil's parents did not have any sympathy for him.
14. The people should not have blamed Sunil.
15. Sunil was responsible for Gautam's condition.
16. Nurses should have attended Gautam when Sunil was not there.
17. Sunil was wrong because he was wasting his time in Gautam's care.
18. Gautam should have conveyed message to his parents.
19. Gautam was disliking his parents.
20. Everybody should take care of one's friends.
Every day Ajay returned home seen after his office hours. He enjoyed his home more than his office. He enjoyed doing house holds at home. His parents liked him for that habit but they did not like him helping his wife in her duties. They believed that daughter-in-law of a house should always be given full household responsibility. Ajay and his wife were also occasionally going out to see movies, meet friend, etc. His parents did not like that either. They wanted Ajay to save money for future which he always ignored.

Statements:
1. It was not a good practice on the part of Ajay to always return home just after his office hours.
2. Perhaps Ajay was free from his office responsibilities.
3. Ajay was afraid of his parents.
4. Ajay was perhaps afraid of his wife.
5. Parents should treat every family member with affection.
6. Ajay's wife should not have worked hard at home.
7. Ajay should not go to see movies without prior permission from his parents.
8. Ajay should have saved money for future of the family.
9. The couple should not spent so much of money on movies against the parents' wish.
Santosh was an employee in an office. During office hours once he was going to some other office on some urgent work. On his way, he saw a welfare leader giving a public speech on evils of dowry system. He stopped, started listening to the speech, and after a few minutes he climbed the dais. Although he did not know any of the persons present there, he introduced himself and started to address the gathering. Since Santosh did not turn up, his officer sent Subash, another office assistant, in search of his colleague. While searching, Subash was surprised to see that Santosh was delivering speech in the meeting. Subash came back to the office and informed his officer about Santosh. On getting this information, the officer issued a warning letter to Santosh. After getting the letter Santosh resigned from his job since his interest in social activities was more than what he was doing in his office.

Statements:

1. Santosh should not have introduced himself to the unknown crowd.
2. Santosh is a citizen of a democratic country so his act was not entirely wrong.
3. Santosh's friend was jealous of him, so he complained.
4. Santosh was not a good man because he wasted his valuable time in social work.

5. Santosh was irresponsible, so he went to attend the meeting.

6. Subash did not like to meet any unknown person.

7. The officer was in need of Santosh, as he was searching him.

8. As a social activity, Santosh was wasting his time talking with unknown person.

9. The officer rightly disliked Santosh mixing with persons.

10. Santosh should have tried to explain the facts.

11. Subash did not like the habit of Santosh.
The annual function of the college was being held. All the students were busy in various activities and Nagendra was busy in receiving the guests. He was greeting them. "How are you", How do you feel about our function?, etc. He was approaching all the guests: every man and woman. He was often seen talking to girls. All other students were busy in other labourious tasks. So they became angry on Nagendra and complained against him to the Principal that he was not doing any work. He was rather only talking to the girls most of the times. The Principal called Nagendra and asked about it. Nagendra told the principal that he was receiving the guests and looking after them since all others were busy other activities. He said that otherwise the guests would have felt ignored. The Principal felt impressed with Nagendra's explanation.

Statements:

1. The annual function of the college is a waste.
2. Nagendra liked to talk to unknown persons.
3. Nagendra should not have asked guests about the function.
4. Girls should have avoided Nagendra.
5. Nagendra should have taken interest in other activities too.
6. Wagendra should have done other works along with receiving the guests.

7. Everybody should take interest in social activities of some kind or other.

8. Students should not have complained to the Principal against Wagendra.

9. Principal should not have asked Wagendra after receiving complaints from other students.

10. Principal should not have encouraged the functions and other social activities.

11. Students always prefer social activities.

12. Principal wanted to discredit students, so he allowed the function to be held.
Story - G

Harish was reading in his hostel. Some students in the adjacent room were listening to radio with high volume. Harish became irritated and came out of the room. He asked them not to disturb his studies. As soon as he came back and started studying, some one knocked the door. Harish did not open the door but the knocking became continuous. He became very angry. He thought they were the same friends playing radio and decided to fight with them. He opened the door and was surprised to see the Postman there. The Postman gave him a telegram. Harish thought that the telegram was about his selection in a previously attended interview. So he was very glad. But as he read the telegram, he felt unconscious. After sometime he regained his consciousness and started weeping. The telegram was about the illness of his mother. So he wanted to go home immediately. His friends heard him weeping but did not come out. He hurriedly left his room and forget to lock it up. He reached the bus station but there was no bus at that time. Harish became very frustrated and started shouting at the station master. The station master became angry and started arguing with Harish and finally he called the police.
Statements:

1. Harish was not reading in his hostel.
2. His friends should not have increased the volume of the radio.
3. Harish was very angry, so he was not opening the door.
4. After receiving the telegram, Harish should not have been so glad.
5. After hearing Harish's weeping, other students should have gone to help him.
6. Harish quarreled with his friends so they were right in not turning up.
7. Harish wanted to go home immediately, so it is natural to forget to lock the door.
8. Parents could have conveyed the message in some other way not through telegram.
9. Harish should not have shouted at the Station master.
10. Harish did expect worst about his mother, so it was natural to weep.
11. The Station Master did the right thing.
12. The Station Master should not have informed the police against Harish.
13. Harish did right thing at Station under the circumstances.
Prakash was a student of M. A. He was very sincere and hard working in his studies. He was getting first class throughout his student career and was expecting the same in M. A. also. But when the M. A. results were out, his roll number was missing in the list. He became unbalanced and started weeping and crying. He thought of even committing suicide. Some of his friends came and consoled him. Some even commented that he failed because he had not studied well and he was involved in many activities, other than academic. But it was a mistake that his number was missing in the list. He had actually passed his examination in first class. On realizing this, he became very glad and started abusing his classmates who were commenting on him.

Statements:
1. Friends should have consoled him.
2. Prakash should have enquired about the results rather than getting emotionally upset.
3. Others should not have commented on Prakash's results.
4. One can't stop others commenting.
5. Prakash should not have taken his published results seriously.
6. After knowing the corrected results Prakash should not have become so glad.

7. Prakash should have inquired about the results in the university office before doing anything else.

8. Prakash should not have abused his friends who commented on him.


10. Everybody should think seriously before abusing others.

11. After being abused by Prakash, his classmates should have retaliated him.