APPENDICES
APPENDIX - A

Preliminary Adjustment Projective Inventory (AdP-I)

Instructions

The test consists of several short stories. Each story attempts to portray a real life situation. Read the stories as many times as you require to get a clear idea about the situation and the characters therein. Each story is followed by a number of statements regarding the roles by the characters portrayed in the story. Please read these statements very carefully and then indicate whether you agree (A) or disagree (D) with it by putting a tick mark (✓) under "A" or "D" against the appropriate item number provided in a separate answer sheet. Please try to keep the whole situation in mind and answer sincerely which must correspond to your personal feelings.

Incidentally, you are likely to come across with some statements which you may find hard to decide a response for (i.e., agree or disagree). In this case, please try to weight the strength of both of responses and finally choose one.

Any questions?
Story- A

Ram was a very close friend of Mohan. Once Mohan invited Ram for his sister's marriage. Ram had a very poor and sensitive health. Some diseases or other always remains with him. Moreover he has very careless about his diet. So his parents did not like to send him to any functions. On the request of Mohan, he went to attend the marriage ceremony where he took very active role. During the lunch time he did not take anything at Mohan's house. But Mohan wanted him to have some. So Ram took a little of everything prepared for the feast. After sometime he felt uneasy in his stomach and started vomiting. Seeing this some others suspected food poisoning and avoided taking their food. When Mohan came to know about Ram's condition, he asked him to go back to his house and take rest.

Statements:

1. Ram should not have attended the marriage ceremony.
2. Ram's parents were right in not sending him to any function.
3. Perhaps Ram could not check the temptation of food and went to the function.
4. Ram should not have taken food in the marriage ceremony because he had poor health.
5. Ram was not taking care of his health.
6. Ram should not have taken very active role in the function.
7. Perhaps Ram had stomach troubles, before.
8. Mohan should not have invited Ram because he had poor health.
9. Ram was not interested to eat there.
10. Ram should not have vomitted there.
11. Other guests were very careful about their health.
12. Ram was doing hard work and that was perhaps the reasons for his stomach upset.
13. The guests should not have suspected food poisoning from someone's stomach upset.
14. Ram had digestion problem.
15. Perhaps Ram started vomiting not due to the food but due to pressure of work.
16. Ram should have kept medicine with him.
17. Ram took more food under the pressure from his friends.
18. The possibility of Mohan's people adding poison in Ram's food may not be completely discounted.
19. Mohan did not like Ram's habit of not taking food.
20. Actually, Ram's diseases could have affected other guests.
21. Mohan should not have sent Ram back.
22. Ram was not worried about his health.
23. Ram should not have gone back home because he came to attend a marriage ceremony.
24. Ram was perhaps unhappy with Mohan because he pressed him to take food.

25. Ram sincerely wished to take rest after vomiting.

26. Ram's parents did not take care of his health.

27. Mohan did the right thing.

28. The guests wanted to disturb the marriage.

29. The guests were right in not taking food.

30. Mohan did not take much care of Ram even after he felt sick.

31. Ram was not careful for which he suffered.

32. Everyone should take care of his health.
Story- B

During winter vacation a conference was going to be held at a hill station. Narendra got his invitation card for attending the conference. Actually Narendra had a very poor and sensitive health. He was unable to go anywhere without proper medical care. Narendra also had troubles with his sleep. But inspite of these problems, Narendra went to attend the conference with his family doctor. With his doctor's care, he slept well in the nights. He also used to take his food according to the suggestion of his physician. Some people who attended the conference were making fun of Narendra. Some of them even did not speak to him. They thought Narendra was showing off. But the fact was that Narendra could not have attended the conference without his Physician.

Statements:

1. Narendra should not have gone to attend the conference as his health was poor.

2. Narendra should not have taken his doctor with him for such a small period.

3. Narendra had poor health, so the doctor accompanying him was unavoidable.

4. Doctor was not taking any care of his presence was just an assurance for Narendra.

5. Doctor should have taken care of all the participants.
6. Other participants should have also taken care of their health.
7. Doctor had come there unnecessarily.
8. People should not have made fun of Narendra.
9. The organizers of the conference should have appointed a doctor for the convenience of all the participants.
10. Participants were not liking Narendra because he brought a doctor with him.
11. Participants should have thought seriously about Narendra's health.
12. Doctor should not have always accompanied Narendra.
13. The organizers of the conference should not have invited Narendra.
14. Narendra was not concerned about his health. So he came to the conference.
15. Narendra should have avoided medicine.
16. Participants would not understand Narendra's problems because they were in poor health.
17. Conference should not have been held during winter vacation at a hill station.
18. Occasional disturbance in sleep is not really as bad.
19. Narendra should not have sought the suggestions of his doctor on matters of food.
20. Narendra could not afford to ignore his troubles in sleep.
21. One can't take chance with his health.

22. A doctor can't possibly always look after another person. One has to take care of himself at times.

23. Other participants should have avoided the conference during winter vacation at hill station.

24. Other participants had good health, so they were not facing any difficulties in sleeping.

25. Narendra should have told about his health to other participants.

26. Participants were not interested in their health, they were interested only in Narendra.

27. Narendra did a right thing in bringing a doctor with him.

28. Other participants should have also accepted his bringing the doctor along.

29. Participants should have collected some information about the health of Narendra before making fun of him.

30. Narendra could have easily adjusted to his health problems during the conferences.
Sunil's friend Gautam was in hospital fighting for his life. Sunil was always taking care of him. One day Sunil came home to take lunch. His parents asked him to go to market and get vegetables. Sunil did not like it. He, however, went to market. On his way back, he met his uncle on the street but did not show much interest beyond wishing. Realizing Sunil was avoiding him, his uncle felt bad and complained against him to his parents. After giving the vegetables at home, Sunil reached hospital immediately. Sunil was very careless about the household affairs, so his parents did not like him. In hospital Gautam's condition was getting very serious since there was no body to look after him and Gautam did not want to convey the message to his house. All people who saw Gautam's condition were blaming Sunil. Sunil's parents too were angry with him because he did not accept any of their suggestions.

Statements:

1. Sunil's going to the hospital against the wish of his parents was a right act.
2. The parents were biased against Sunil.
3. Sunil should have done household works along with his hospital visits.
4. As a close friend Sunil did his duty even if it did not please his parents.
5. Sunil should have explained the situations to his parents.
6. Sunil should not have neglected his home so much.
7. Everybody should take interest in one's household works.
8. Sunil's parents thought that he spent his time always outside.
9. Sunil should not have come home for his lunch.
10. Perhaps Sunil was taking more interest in Nurses than Gautam.
11. Sunil should not have gone to market to get vegetables.
12. The uncle should not have shown interests in talking with Sunil.
13. Sunil should have returned from the market immediately.
14. Sunil should not have avoided his uncle.
15. Sunil did not want his friend to recover.
16. Uncle did not like him.
17. Gautam should have asked some other to relieve him.
18. Sunil did not like to stay in hospital, so he was late.
19. Sunil's uncle should not have complained about him.
20. Sunil always disobeyed the order of his parents.
21. The uncle should not have felt bad.
22. Sunil should have liked to talk with his parents.
23. Uncle should not have complained against Sunil to his parents.
24. The parents did not know that Sunil's friend was admitted in the hospital.
25. Gautam was unable to take medicine, so he was in need of Sunil.

26. The parents were right.

27. Sunil's parents did not have any sympathy for him.

28. The people should not have blamed Sunil.

29. Sunil was responsible for Gautam's condition.

30. Nurses should have attended Gautam when Sunil was not there.

31. Sunil was wrong because he was wasting his time in Gautam's care.

32. Gautam should have conveyed message to his parents.

33. Gautam was disliking his parents.

34. The uncle was right.

35. Gautam did the right thing.

36. Everybody should take care of one's friends.
Story-D

Every day Ajay returned home seen after his office hours. He enjoyed his home more than his office. He enjoyed doing house holds at home. His parents liked him for that habit but they did not like him helping his wife in her duties. They believed that daughter-in-law of a house should always be given full household responsibility. Ajay and his wife were also occasionally going out to see movies, meet friend, etc. His parents did not like that either. They wanted Ajay to save money for future which he always ignored.

Statements:

1. It was not a good practice on the part of Ajay to always return home just after his office hours.
2. Perhaps Ajay was free from his office responsibilities.
3. Ajay did not take interest in his office activities.
4. Ajay’s parents were rightly disliking the habits of Ajay.
5. Ajay should have spent more time at his office.
6. Ajay was an irresponsible man because he was wasting his valuable time in the households.
7. Ajay was afraid of his parents.
8. Parents wished to control Ajay.
9. Ajay was a modern man so he helped his wife in households.
10. A wife should not take the help of her husband in households.
21. Ajay's wife wished to disturb the family.
22. Ajay was perhaps afraid of his wife.
23. Ajay's parents liked only Ajay not his wife as much.
24. Parents should treat every family member with affection.
25. Every body should take care of his wife in households.
26. Ajay was helping only his wife and not others. So there was nothing wrong.
27. Women should be assigned more household duties.
28. Households should not be assigned according to sex.
29. Ajay's wife should not have worked hard at home.
30. Daughter-in-law should be assigned more household duties which would help her to get adjusted with new family.
31. Ajay's parents did not like their daughter-in-law.
32. Ajay should not go to see movies without prior permission from his parents.
33. Parents should have controlled Ajay's habit to seeing the movies.
34. Ajay should not have spent more money in seeing movies.
35. Ajay was only trying to please his wife by accompanying her to movies.
36. Parents disapproved the activities of the couple because they basically disliked Ajay's wife.
37. Ajay should have saved money for future of the family.
38. Ajay's wife should save money only for her family.
39. Parent's suggestions were right.
40. Ajay should listen to his parents not his wife.
31. The couple should not spent so much of their movies against the parent's wish.

32. Ajay was more attached to his wife because he did not have any friends.

33. Ajay's parents were selfish persons.
Santosh was an employee in an office. During office hours once he was going to some other office on some urgent work. On his way, he saw a welfare leader giving a public speech on evils of dowry system. He stopped, started listening to the speech, and after a few minutes he climbed the dais. Although he did not know any of the persons present there, he introduced himself and started to address the gathering. Since Santosh did not turned up, his officer sent Subash, another office assistant, in search of his colleague. While searching, Subash was surprised to see that Santosh was delivering speech in the meeting. Subash came back to the Office and informed his officer about Santosh. On getting this information, the officer issued a warning letter to Santosh. After getting the letter Santosh resigned from his job since his interest in social activities was more than what he was doing in his office.

Statements:

1. Santosh should not have attended the meeting.
2. Santosh delivered the speech because he wanted to feel popular.
3. Santosh should not have introduced himself to the unknown crowd.
4. Santosh is a citizen of a democratic country so his act was not entirely wrong.
5. The public meeting should not have been held during the office hours.

6. Santosh was an employee, so he should not have attended any public meetings.

7. Santosh's officer did not like the independent habits of Santosh.

8. Subash should not have got surprised to see Santosh because everyone is free to express his thought and opinions.

9. Santosh's officer was familiar with all the activities of Santosh.

10. The officer did not like the social activities.

11. Santosh's friend was jealous of him, so he complained.

12. Santosh was not a good man because he wasted his valuable time in social work.

13. Santosh was irresponsible, so he went to attend the meeting.

14. Subash did not like to meet any unknown person.

15. Subash should not have complained against Santosh.

16. The officer was in need of Santosh, as he was searching for him.

17. Subash was not interested in listening to social workers.

18. The officer should not have issued a warning letter to Santosh.

19. Subash was rightly shocked to see Santosh on the dais.

20. Santosh should not have resigned from his job.
21. Subash was honest, so he informed everything to his officer.

22. As a social activities, Santosh was wasting his time talking with unknown person.

23. The officer rightly disliked Santosh mixing with persons.

24. Santosh should have tried to explain the facts.

25. Santosh liked mixing with persons.

26. Subash did not like the habit of Santosh.

27. Santosh might have been a member of many clubs and societies.

28. All the office members should have gone on strike against the officer's decision.

29. The officer did the right thing in issuing the warning letter.

30. Santosh did not do his work sincerely, so his officer disliked him.

31. The officer was selfish person.
Story-F

The annual function of the college was being held. All the students were busy in various activities and Magendra was busy in receiving the guests. He was greeting them, "How are You" How do you feel about our function? etc. He was approaching all the guests: every man and woman. He was often seen talking to girls. All other students were busy in other labourious tasks. So they became angry on Nagendra and complained against him to the principal that he was not doing any work. He was rather only talking to the girls most of the times. The principal called Nagendra and asked about it. Nagendra told the principal that he was receiving the guests and looking after them since all others were busy other activities. He said that otherwise the guests would have felt ignored. The principal felt impressed with Nagendra's explanation.

Statements:
1. The annual function of the college is a waste.
2. The serious minded students should not have participated in the annual function.
3. Magendra should not have received the guests on his own.
4. Perhaps, the other students were shy to talk to the guests.
5. Nagendra liked to talk to unknown persons.
6. Nagendra should not have talked to the girls.
7. The other students should also have received the guests.
8. Other students were against of holding the function, so they wanted to create problems for Nagendra.
9. Nagendra should not have asked guests about the function.
10. Nagendra was not a good boy, so he was talking to girls.
11. Girls should have avoided Nagendra.
12. Nagendra should have taken interest in other activities too.
13. Nagendra should have done other works along with receiving the guests.
14. All other students were of the opinion that Nagendra should not have talked to girls.
15. Students were not liking the function because function is too time consuming.
16. Students were angry on Nagendra because he was very much interested in function.
17. Nagendra was not interested in social activities so he was not doing any labourious work.
18. Everybody should take interest in social activities of some kind or other.
19. Students should not have complained to the principal against Nagendra.
20. Principal should have punished Nagendra because he was busy in talking to the guests.

21. Principal should have blamed Nagendra talking to the girls.

22. Principal should not have asked Nagendra after receiving complaints from other students.

23. Nagendra was jealous of other students, so they complained.

24. Nagendra should not have told the principal about the facts.

25. Guests must have felt bad because only Nagendra was receiving them.

26. Guest must not have liked only Nagendra talking to them.

27. Principal should not have encouraged the functions and other social activities.

28. Social functions should not have been held in college campus.

29. Students always prefer social activities.

30. Principal wanted to discredit students, so he allowed the function to be held.

31. Principal should not have become glad on Nagendra's explanation.
Story— G

Harish was reading in his hostel. Some students in the adjacent room were listening to radio with high volume. Harish became irritated and came out of the room. He asked them not to disturb his studies. As soon as he came back and started studying, someone knocked the door. Harish did not open the door but the knocking became continuous. He became very angry. He thought they were the same friends playing radio and decided to fight with them. He opened the door and was surprised to see the Postman there. The Postman gave him a telegram. Harish thought that the telegram was about his selection in a previously attended interview. So he was very glad. But as he read the telegram, he felt unconscious. After sometime he regained his consciousness and started weeping. The telegram was about the illness of his mother. So he wanted to go home immediately. His friends heard him weeping but did not come out. He hurriedly left his room and forget to lock it up. He reached the bus station but there was no bus at that time. Harish became very frustrated and started shouting at the station master. The station master became angry and started arguing with Harish and finally he called the police.

Statements:
1. Harish was not reading in his hostel.
2. Harish should not have complained to his friends.
3. Harish's friends increased the volume of the radio because there was probably a very good song coming.

4. His friends should not have increased the volume of the radio.

5. Harish should not have became angry on his friends.

6. Harish was very angry, so he was not opening the door.

7. Harish could have requested his friends not to disturb him.

8. The postman should not have knocked the door continuously.

9. Harish should not have thought of fighting with his friends.

10. After opening the door, Harish should not have been surprised to see the postman.

11. The postman should have waited after delivering the telegram to know whether it was good or bad news.

12. After receiving the telegram, Harish should not have been so glad.

13. Harish should not have wept after reading the telegram.

14. Harish was an emotionally disturbed person.

15. Harish was unable to control his emotions.

16. After hearing Harish's weeping, other students should have gone to help him.

17. Harish quarrelled with his friends so they were right in not turning up.

18. Harish should not have forgotten to lock the room.
19. Harish wanted to go home immediately, so it is natural to forget to lock the door.

20. Parents could have conveyed the message in some other way not through telegram.

21. Harish should not have shouted at the Station Master.

22. Harish felt unconscious because it was a very bad news and not that he was immatures.

23. Harish's friends were disliking him for his unsound personality.

24. Harish was very sad, so it is natural to weep.

25. Harish did expected worst about his mother, so it was natural to weep.

26. The Station Master did the right thing.

27. The Station Master should not have informed the police against Harish.

28. Harish did right thing at Station under the circumstances.

29. Harish's friends were angry because he complained against them.

30. The Station Master should have been more sympathetic to Harish.

31. The Station Master was a short tempered man.

32. The Station Master was good man because he controlled Harish with the help of police.

33. Harish should have behaved properly at the Bus Station, did after receiving the telegram.

34. The parents did not do a wise thing by sending a telegram because they knew their child better.
Prakash was a student of M. A. He was very sincere and hard working in his studies. He was getting first class through out his student career and was expecting the same in M. A. also. But when the M. A. results were out, his roll number was missing in the list. He became unbalanced and started weeping and crying. He thought of even committing suicide. Some of his friends came and consoled him. Some even commented that he failed because he had not studied well and he was involved in many activities, other than academic. But it was a mistake that his number was missing in the list. He had actually passed his examination in first class. On realizing this, he became very glad and started abusing his classmates who were commenting on him.

Statements:

1. Prakash should have worked very hard to maintain his division in which case he would not have worried about the division.

2. Results should have been published correctly since otherwise it may bad to suicide.

3. Prakash should not have lost his mental balance even if results were completly unexpected.

4. Prakash should not have cried.

5. It was but natural that Prakash cried after the results were out.
6. Prakash should have celebrated after results were finally corrected.
7. Friends should have consoled him.
8. Prakash's friends were not believing his results.
9. Prakash should have enquired about the results rather than getting emotionally upset.
10. Others should not have commented on Prakash's results.
11. It was natural on Prakash's part to take the comments seriously.
12. Prakash's friends were jealous of him.
13. One can't stop others commenting.
14. Prakash should not have thought about suicide.
15. Prakash was impulsive.
16. Prakash was a serious student as a result he lacked social intelligence.
17. Anybody would cry after getting a bad news.
18. Prakash should not have taken his published results seriously.
19. Prakash was a failure in life because he always worried about examinations.
20. After knowing the corrected results Prakash should not have become so glad.
21. Prakash should have inquired about the results in the university office before doing any thing else.
22. Prakash should not have abused his friends who commented on him.
23. Others were right in commenting on Prakash after publishing of results.
24. Prakash rightly abused his friends who commented on him.
25. All friends who adversely commented on Prakash must have been out of their mind.
26. Everybody should think seriously before abusing others.
27. Prakash should have confirmed the results through other reliable sources.
28. Prakash was very worried about his results.
29. Prakash was emotionally upset, so he was weeping.
30. After being abused by Prakash, his classmates should have retaliated him.