

C O N T E N T S

| | Page |
|-------------------------------------|-------------|
| <i>Endorsement of the Guide</i> | <i>i</i> |
| <i>Acknowledgement</i> | <i>ii</i> |
| <i>Contents</i> | <i>iv</i> |
| <i>List of Tables</i> | <i>v</i> |
| <i>List of Maps</i> | <i>vii</i> |
| <i>List of Figures</i> | <i>ix</i> |
| <i>Glossary of Abbreviations</i> | <i>x</i> |
| C H A P T E R S | |
| I. Design of the Study | 1 |
| II. Review of Related Literatures | 16 |
| III. Physical Environment | 42 |
| IV. Socio-Cultural Environment | 62 |
| V. Concepts of Health and Diseases | 95 |
| VI. Nutritional Structure | 117 |
| VII. Environmental Health Disorders | 142 |
| VIII. Nutritional Health Disorders | 225 |
| IX. Health Care Services | 244 |
| X. Summary and Conclusion | 262 |
| <i>Bibliography</i> | <i>290</i> |
| <i>Appendices</i> | |