ACKNOWLEDGEMENT
ACKNOWLEDGEMENT

The most pleasant duty in a work like this is to remember and ruminate my obligations to all those who have made its completion possible.

I consider it a privilege to express with a deep sense of gratitude my indebtedness to my Chief Guide Prof. R.C. Arora, MD., MCCP, FICA, D.Sc., Head, Department of Medicine, M.L.B. Medical College, Jhansi for the untiring help, able guidance, astute and unfailing scrutiny and careful supervision provided by him during the entire period of this study. It would be no exaggeration to state that but for his endless patience, invaluable suggestions and his dedication to provide me with every opportunity to learn the subject, this endeavour would never have seen light. Things that I have learnt from him will take me a long way in my carrier. He has not only been a valuable and immense help in my thesis but a memory that would be everlasting.

Words fail to express my deepest sense of gratitude and sincere note thanks to my respected Co-guide Dr. Navnit Agarwal, M.D., Lecturer in Medicine, M.L.B. Medical College, Jhansi, who ungrudgingly rendered his valued criticism and learned advice as and when needed till completion of this work. His
efforts to get me over my initial hesitations and inspire in to me a sense of confidence were overwhelming. His cheerful attitude and reassuring presence in helping me tide over my difficulty faced in the work shall remain in my thoughts for ever.

My sincere most thanks are due to Dr. (Mrs.) Sanita Arora, M.S., Reader in Obstetrics and Gynaecology M.L.B. Medical College, Jhansi who always helped me in every possible way to achieve my target. Her valuable suggestions, constructive criticism and meticulous attention have gone a long way towards the success of this work.

I find myself indebted to Prof. D.N. Mishra, MD, MNAMS, FACC, Professor in Medicine., Dr. G. D. Shukla, MD, MNAMS, Ph.D., Lecturer in Psychiatry, Dr. P. K. Jain, MD, MNAMS, Lecturer in Medicine, Dr. Praveen Kumar, MD, Dip. Card., DM(CardI), Lecturer in Cardiology, Dr. T.V.S. Arya, MD, Lecturer in Medicine, Dr. R. K. Garg, M.D., Pool Officer in Medicine, for providing a constant source of inspiration and enthusiasm to complete the present work.

I will be failing in my duty if I do not extend my sincere most thank to Dr. Sanjay Lakhtakia, M.B.B.S., Resident, Department of Medicine for his
invaluable, meticulous and consistent help throughout
the period of this study. In no less degree I thank
to my junior colleagues specially Ripin Goel, R.K.Verma
Vivek Agarwal, Manu Tandon and Vimal Agha who have
spared no efforts in making this project a success.

It gives me special pleasure to acknowledge
the invaluable help and constant inspiration provided
by my parents. I also owe my thanks to my wife who
provided moral support and encouragement during my
hours of desperation due to overwhelming problems
and time consuming process.

I am also thankful to Mr. B.M. Sharma for
his laud assistance and Mr. Phool Chandra Sachan for
bringing out such a neatly typed script.

Lastly, I thank to all the subjects who
volunteered in this project.

Dated: 14.9.89

Nirbhai Kumar
( Nirbhai Kumar )