ACKNOWLEDGEMENT

The investigator expresses his gratitude to the Vice Chancellor and Registrar of the Bharathidasan University for having permitted him to undertake this study.

I express my deep gratitude to my Supervisor Dr. A.S. Nageswaran, Lecturer (S.S), Department of Physical Education, Health Education and Sports, H.H. The Rajah’s College, Pudukkottai, Tamil Nadu for offering expert guidance, constant encouragement and praise worthy suggestions which enabled me to complete the study.

I express my sincere gratitude to the Doctoral Committee Members Dr. V. Sundaramoorthy, Lecturer (S.S), Department of Physical Education, H.H The Rajah’s College Pudukkottai, and Dr. C. Robert Alexander, Head, Department of Physical Education, AVVM Sri Puspan College, Poondi.

I gratefully acknowledge the help received from Principal, and Dr. J. Suganthi, Head, Department of Physical Education Health Education and Sports, H.H The Rajah’s College Pudukkottai, Tamil Nadu.
ACKNOWLEDGEMENT (Contd...) 

A word of special appreciation and healthy thanks due to

**Dr. N. Vijayaregunathan**, Director of Physical Education, Ganesar Senthamil College, **Dr. A. Palanisamy**, Lecturer, Alagappa University College of Physical Education, Karaikudi, **Mr. C. Ramakrishnan**, Guest Lecturer, Department of Physical Education Health Education and Sports, H.H The Rajah’s College, **Mr. K. A. Ramesh**, District Football Coach, **Mr. S. Balasubramanian**, District Hockey Coach, Pudukkottai and **Mr. K. Babu**, Physical Education Teacher, Government Hr. Sec. School Gandarvakottai for their valuable help in the completion of this study.

The investigator owes a great debt of gratitude to

**Dr. N. Marimuthu**, Physical Director, J.J College of Arts and Science, Pudukkottai, **Mr. B. Shainsha**, Physical Director, Jamal Mohamed College, Tiruchirappalli, **Mr. S. Sethu**, Lecturer, Dr. Sivanthi Aditanar College of Physical Education, Tiruchendur, **Mr. A. Sureshkumar** Proprietor, Nataraj Industries, Pudukkottai, **Prof. M. Amalaxavier**, Head, Department of Economics, **Mrs. M. S. Kanmani**, Lecturer in Tamil, Sri Sevugan Annamalai College, Devakkottai and **Mr. Sethurman**, Lecturer in Tamil, H.H. The Rajah’s College, Pudukkottai.
ACKNOWLEDGEMENT (Contd...)

I am gratefully thanks to The Commissioner, Joint Director of Training, Er.A.Rajasekar, Regional Joint Director, Department of Employment and Training, Er.T.Muthu, Principal, and Mr.P.Manuel Jesuraj, ATO, Government ITI, Karaikudi, for their whole hearted support.

Special thanks is due to the students of the Department of Physical Education Health Education and Sports, H.H The Rajah’s College Pudukkottai, who served as subject and co-operated well in the successful completion of this study.

My special acknowledgement goes to Prof.Navaneethan, Professor in English (Rtd.), H.H. The Rajah’s College, Pudukkottai Tamil Nadu who helped me immeasurably in the language correction of my thesis. I express my hearty thanks for his perceived patience, encouragement and effective direction.

Mr.A.Jayaraman, Proprietor, Joyram Computers & Xerox, Pudukkottai, and Mr.A.Natarajan who helped me in preparing the final copies of dissertation for submission.

Finally, I express my humble thankfulness to God, for always showing the way and leading me along the right path.

I.JOHN PARTHIBAN