Interview Schedule

Respondent No:

Socio-Demographic data:

1. Name 
   
2. Age 
   
3. Sex : a) Male □  b) Female □

4. Educational qualification:

5. Previous occupation : a) Daily Wage Earners □  b) Business □
   c) Home Maker □  d) Govt. □
   e) Private □  f) Others □

6. Marital status : a) Married □  b) Unmarried □
   c) Widowed □  d) Separated/divorced □

   c) Muslim □  d) Others □

8. Type of family : a) Nuclear □  b) Joint □
   c) Extended □

9. Type of house : a) Terraced □  b) Tiled □
   c) Thatched □

10. Total Family Income:

11. Domicile : a) Urban □  b) Semi-urban □
   c) Rural □
12. Family constellation:

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<tr>
<th>Sl No</th>
<th>Name</th>
<th>Sex</th>
<th>Age</th>
<th>Occupation</th>
<th>Income</th>
<th>Relationship with respondents</th>
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13. How did you come to know about this institution?

14. Who gives financial assistance to you?

15. Do you have any of the following habits?
   a) Smoking ☐ b) Drinking ☐ c) Using snuff ☐ d) Gambling ☐
   e) Tobacco ☐ f) Others (specify)...........

**Economic Status:**

16. Are you currently employed? a) Yes ☐ b) No ☐

17. Present monthly income / pension / remittance from children: Rs.

18. Do you have any personal savings? a) Yes ☐ b) No ☐
   If Yes Rs.

19. Do you have any debts? a) Yes ☐ b) No ☐
   If Yes Rs.
20. Do you get any financial help from outside?  
   a) Yes  
   b) No

21. Do you have any assets?  
   a) Yes  
   b) No

Health Status:

22. Are you suffering from any specific illness?  
   a) Yes  
   b) No

23. Overall opinion about your health:  
   a) Highly Satisfied  
   b) Satisfied  
   c) Dissatisfied  
   d) Highly Dissatisfied

24. Do you have any of the following problems?

<table>
<thead>
<tr>
<th>S No.</th>
<th>Disease / Illness</th>
<th>Yes</th>
<th>No</th>
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<tbody>
<tr>
<td>1</td>
<td>Diabetes</td>
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<td>2</td>
<td>Hypertension</td>
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<td>3</td>
<td>Respiratory Disease</td>
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<td>4</td>
<td>Eye Problems</td>
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<td>5</td>
<td>Arthritis</td>
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<td>6</td>
<td>Dental Problems</td>
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<td>7</td>
<td>Hearing Problems</td>
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<td>8</td>
<td>Neurological Problems</td>
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<td>9</td>
<td>Cardiac Disease</td>
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<td>10</td>
<td>Kidney Related Problems</td>
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Social Aspects:

25. How many friends do you have?

26. Do you have healthy relationship with your family?  
   a) Yes  
   b) No

27. Do you feel rejected by the present society?  
   a) Often  
   b) Sometimes  
   c) Never
28. Do you feel rejected by your children?
   b) Often □ b) Sometimes □
   c) Never □

**Religious Aspects:**
29. Do you believe in God? a) Yes □ b) No □
30. Do you have involvement in religious activities?
   a) Yes □ b) No □
31. Do you participate in festivals and other celebration?
   a) Yes □ b) No □

**Recreation and Leisure:**
32. What are your leisure time activities?
33. What are your modes of recreation?
34. Do you involve yourself in household activities?
   a) Yes □ b) No □
35. What are your hobbies and interests?
36. Do you have any fear of death? a) Yes □ b) No □
37. Have you been abused, Physically / emotionally / or Verbally?
   a) Yes □ b) No □
38. Are you satisfied with your present life? a) Yes □ b) No □
   If No, What are the aspects still disturb you?
Functional Assessment Staging*
(Check the highest consecutive level of disability)

1. □ No difficulty, either subjectively or objectively
2. □ Complains of forgetting location or objects.
   (Subjective work difficulties)
3. □ Decreased job functioning evident to co-workers. Difficulty in travelling new locations. (Decreased organizational capacity).
4. □ Decreased ability to perform complex tasks, e.g., planning dinner for guests, handling personal finances (such as forgetting to pay bills), unless supervised.
5. □ Requires assistance in choosing proper clothing to wear for the day, season, or occasion, e.g. patient may wear the same clothing repeatedly, unless supervised.
6. □ a) Improperly putting on clothes without assistance or cuing (e.g. may put street clothes on overnight clothes, or put shoes on wrong feet, or have difficulty buttoning clothing) occasionally or more frequently over the past weeks.
   □ b) Unable to bathe properly (e.g., difficulty adjusting bath-water temperature) occasionally or more frequently over the past weeks.
   □ c) Inability to handle mechanics of toileting (e.g., forgets to flush toilets, does not wipe properly or properly dispose of toilet tissue) occasionally or more frequently over the past weeks.
   □ d) Urinary incontinence (occasionally or more frequently over the past weeks).
e) Fecal incontinence (occasionally or more frequently over the past weeks).

7) a) Ability to speak limited to approximately a half a dozen intelligible different words or fewer, in the course of an average day or in the course of an intensive interview.

b) Speech ability limited to the use of a single intelligible word in an average day or in the course of an intensive interview (the person may repeat the word over and over).

c) Ambulatory ability lost (cannot walk without personal assistance).

d) Cannot sit up without assistance (e.g., the individual will fall over if there are no lateral rests (arms) on the chair).

e) Loss of ability to smile.

f) Loss of ability to hold up head independently.

* Reisberg, B. Functional Assessment Staging (FAST).
Family interaction pattern Scale

Here are some questions on family life. Each question has four answers. Please tick (✓) any one answer that explains your family situation best.

**Reinforcement**

1. For general behavior family members are expected to adhere to family rules.
   - Always ✓ Sometimes □ Rarely □ Never □

2. There is a strong emphasis in our family with regard to right and wrong, good and bad, proper and improper.
   - Always ✓ Sometimes □ Rarely □ Never □

3. Members are verbally reprimanded when they break family rules.
   - Always ✓ Sometimes □ Rarely □ Never □

4. Activities of every family member are merited accordingly in the family.
   - Always ✓ Sometimes □ Rarely □ Never □

5. Violation of behavioral rules lead to deprivation of reward.
   - Always ✓ Sometimes □ Rarely □ Never □

6. It does not really Matter how members in the family behave in general.
   - Always ✓ Sometimes □ Rarely □ Never □

7. Undesirable behavior of the family members is over looked.
   - Always ✓ Sometimes □ Rarely □ Never □

8. Family members are criticized when family rules are violated.
   - Always ✓ Sometimes □ Rarely □ Never □

9. Members are appreciated even for insignificant achievements.
   - Always ✓ Sometimes □ Rarely □ Never □

10. Members are degraded even for small failures.
    - Always ✓ Sometimes □ Rarely □ Never □
11. Pressing issues are given importance in our family.
   Always □ Sometimes □ Rarely □ Never □

12. Vital issues are ignored in our family.
   Always □ Sometimes □ Rarely □ Never □

13. Distressing issues are discussed jointly by all family members.
   Always □ Sometimes □ Rarely □ Never □

14. Whenever there is a stressful situation, the individual is left to find his/her own solution.
   Always □ Sometimes □ Rarely □ Never □

### Social Support

15. In times of trouble we got equal amount of support both from the family as well as from friends, neighbours and relatives.
   Always □ Sometimes □ Rarely □ Never □

16. Family members are forced to depend on resources like neighbours and friends because our family does not provide enough support in times of need.
   Always □ Sometimes □ Rarely □ Never □

17. Friends and neighbours are more helpful in times of difficulties than our own family.
   Always □ Sometimes □ Rarely □ Never □

18. We have to seek help from voluntary and government agencies since our friends and neighbours are least concerned about our problems.
   Always □ Sometimes □ Rarely □ Never □

19. The only place we can resort to in periods of distress are the voluntary and government agencies or religious organizations.
   Always □ Sometimes □ Rarely □ Never □
20. The outside agencies are indifferent to us in times of difficulties.
   Always □ Sometimes □ Rarely □ Never □

21. In crisis situations family members are at a loss and do not know what to do or where to go.
   Always □ Sometimes □ Rarely □ Never □

Role

22. Every member is assigned specific tasks in our family.
   Always □ Sometimes □ Rarely □ Never □

23. Members are instructed how to carry on their tasks.
   Always □ Sometimes □ Rarely □ Never □

24. Members are clear about what tasks they should perform.
   Always □ Sometimes □ Rarely □ Never □

25. Members are expected to carry out their responsibility as per instructions.
   Always □ Sometimes □ Rarely □ Never □

26. Members perform additional tasks other than the assigned ones.
   Always □ Sometimes □ Rarely □ Never □

27. Members are expected to perform additional tasks than already assigned.
   Always □ Sometimes □ Rarely □ Never □

28. Members do not perform the additional tasks after having acceded them.
   Always □ Sometimes □ Rarely □ Never □

29. No member is assigned specific tasks in the family.
   Always □ Sometimes □ Rarely □ Never □

30. Members are left to do their jobs all by themselves.
   Always □ Sometimes □ Rarely □ Never □

31. Members are not sure about what jobs they should do or how.
   Always □ Sometimes □ Rarely □ Never □
32. Members in the family help out one another in their tasks.
   Always □ Sometimes □ Rarely □ Never □

33. Members find it difficult to get help from others in performing their tasks.
   Always □ Sometimes □ Rarely □ Never □

34. Everyone knows the job of the other in addition to their own.
   Always □ Sometimes □ Rarely □ Never □

35. Nobody really knows the jobs of the other in the family.
   Always □ Sometimes □ Rarely □ Never □

36. In our family we quarrel about who should do what and how much.
   Always □ Sometimes □ Rarely □ Never □

37. In our family the same job is carried out simultaneously by different members.
   Always □ Sometimes □ Rarely □ Never □

38. In our family members prefer to perform tasks other than their own.
   Always □ Sometimes □ Rarely □ Never □

39. Members are critical about the task performance of others in the family.
   Always □ Sometimes □ Rarely □ Never □

40. Non-performance of tasks does not go unnoticed in our family.
   Always □ Sometimes □ Rarely □ Never □

41. It is clear who should do what with regard to certain specific tasks.
   Always □ Sometimes □ Rarely □ Never □

42. Everyone is free to do whatever they want in our family.
   Always □ Sometimes □ Rarely □ Never □

43. Members are permitted to perform their task in their own way.
   Always □ Sometimes □ Rarely □ Never □
44. Members in the family express difficulty in carrying out additional tasks other than assigned.

   Always □ Sometimes □ Rarely □ Never □

45. Members do not find difficulty in carrying on their tasks.

   Always □ Sometimes □ Rarely □ Never □

46. Members are able to carry out their tasks with ease and competence.

   Always □ Sometimes □ Rarely □ Never □

47. No one really bothers whether a task is carried out or not.

   Always □ Sometimes □ Rarely □ Never □

**COMMUNICATION**

48. It is easy to understand when others talk in the family.

   Always □ Sometimes □ Rarely □ Never □

49. Members have a lot to say to one another in the family.

   Always □ Sometimes □ Rarely □ Never □

50. Members freely approach whoever they want for their requirements.

   Always □ Sometimes □ Rarely □ Never □

51. Members derive the same meaning when other family members talk.

   Always □ Sometimes □ Rarely □ Never □

52. Amount of talk contributed by others during an interaction varies.

   Always □ Sometimes □ Rarely □ Never □

53. Members speak freely and with ease while talking to one another.

   Always □ Sometimes □ Rarely □ Never □

54. When someone talks the others keep doing their work irrespective of what she/he says.

   Always □ Sometimes □ Rarely □ Never □

55. Members talk to each other only when it is required.

   Always □ Sometimes □ Rarely □ Never □
56. There is so much to talk one doesn’t know where to start from.

   Always □ Sometimes □ Rarely □ Never □

57. Members talk spontaneously against others even when they are not encouraged.

   Always □ Sometimes □ Rarely □ Never □

58. We prefer to be silent than indulge in idle talk.

   Always □ Sometimes □ Rarely □ Never □

59. There are rules about who should talk to whom and how much.

   Always □ Sometimes □ Rarely □ Never □

60. Family members indulge in giving two kinds of instructions which oppose each other in performing the same job.

   Always □ Sometimes □ Rarely □ Never □

61. Members keep discussing different issues at the same time.

   Always □ Sometimes □ Rarely □ Never □

62. It is difficult to understand when family members talk of some issues.

   Always □ Sometimes □ Rarely □ Never □

63. Family members do not intervene when some specific issues are being discussed.

   Always □ Sometimes □ Rarely □ Never □

64. When some issues are being discussed in the family, members talk of things other than what is being discussed.

   Always □ Sometimes □ Rarely □ Never □

65. When important issues are being discussed the children are kept away.

   Always □ Sometimes □ Rarely □ Never □

66. Members don’t mind accepting suggestions from others while discussing important issues.

   Always □ Sometimes □ Rarely □ Never □
67. In our family all requirements are conveyed through one member.
Always □ Sometimes □ Rarely □ Never □

68. Members freely express a variety of feelings/emotion to a variety of situations at home.
Always □ Sometimes □ Rarely □ Never □

69. Members don’t like it when others offer suggestions.
Always □ Sometimes □ Rarely □ Never □

70. There are times when we don’t have anything to talk about.
Always □ Sometimes □ Rarely □ Never □

71. Members do not express their feelings openly in the family.
Always □ Sometimes □ Rarely □ Never □

72. We are careful about what we say to one another.
Always □ Sometimes □ Rarely □ Never □

73. Members prefer to keep their feelings to themselves with regard to various situations in the family.
Always □ Sometimes □ Rarely □ Never □

**COHESIVENESS**

74. In our family we like being together
Always □ Sometimes □ Rarely □ Never □

75. Members in the family like doing things together.
Always □ Sometimes □ Rarely □ Never □

76. Family members jointly arrange recreational activities.
Always □ Sometimes □ Rarely □ Never □

77. Members in the family prefer to do their own things.
Always □ Sometimes □ Rarely □ Never □

78. Family members like to do things for the family as a whole.
Always □ Sometimes □ Rarely □ Never □
79. No body really bothers what interests others in the family or what they do.
   Always ☐ Sometimes ☐ Rarely ☐ Never ☐

80. It is not very important that members should be together in the family.
   Always ☐ Sometimes ☐ Rarely ☐ Never ☐

81. Members in the family look forward to being together atleast some part of the day.
   Always ☐ Sometimes ☐ Rarely ☐ Never ☐

82. Family members keep some of their activities to themselves.
   Always ☐ Sometimes ☐ Rarely ☐ Never ☐

83. It is important that the family meets together at least once a day.
   Always ☐ Sometimes ☐ Rarely ☐ Never ☐

84. Family functions are enjoyable occasions when the whole family meets.
   Always ☐ Sometimes ☐ Rarely ☐ Never ☐

85. Members intentionally do not show concern / without participating in pressing issues.
   Always ☐ Sometimes ☐ Rarely ☐ Never ☐

86. Family does not plan family outings as a group.
   Always ☐ Sometimes ☐ Rarely ☐ Never ☐

87. Family Members demean / belittle one another.
   Always ☐ Sometimes ☐ Rarely ☐ Never ☐

88. Family members are concerned about one another.
   Always ☐ Sometimes ☐ Rarely ☐ Never ☐

89. When members do not have anything to do they like to spend time together.
   Always ☐ Sometimes ☐ Rarely ☐ Never ☐

**LEADERSHIP**

90. There is some one recognized and accepted as leader in our family.
   Always ☐ Sometimes ☐ Rarely ☐ Never ☐
91. In times of difficulties members seek the advice of the leader.
   Always □ Sometimes □ Rarely □ Never □

92. All the routine activities are looked after by the leader in our family.
   Always □ Sometimes □ Rarely □ Never □

93. It is not really necessary to have a leader in the family.
   Always □ Sometimes □ Rarely □ Never □

94. All types of decisions are taken by the leader without consultation with other family members.
   Always □ Sometimes □ Rarely □ Never □

95. Decisions are taken by the leader in consultation in others.
   Always □ Sometimes □ Rarely □ Never □

96. Every family member takes his/her own decision regarding family matters.
   Always □ Sometimes □ Rarely □ Never □

97. Family members are indifferent to the decision taken by the leader.
   Always □ Sometimes □ Rarely □ Never □

98. Members feel the need for a leader only when they encounter serious problems.
   Always □ Sometimes □ Rarely □ Never □

99. Leader tends to decide matters even when family members do not give their full consent.
   Always □ Sometimes □ Rarely □ Never □

100. There is enough freedom for everyone to take his / her own decision in matters concerning themselves.
    Always □ Sometimes □ Rarely □ Never □

101. Once decisions are made, there is nothing that can be done to change them.
    Always □ Sometimes □ Rarely □ Never □
102. Once decisions are taken, they are implemented.
   Always □ Sometimes □ Rarely □ Never □

103. Members are given the freedom to decide various pressing issues pertaining to family as a whole.
   Always □ Sometimes □ Rarely □ Never □

104. Issues pertaining to individual members are decided by the leader.
   Always □ Sometimes □ Rarely □ Never □

105. Decisions are taken only as and when required by those concerned.
   Always □ Sometimes □ Rarely □ Never □

106. There is actually no one who can be called a leader.
   Always □ Sometimes □ Rarely □ Never □
FAMILY BURDEN

Financial Burden

1. Loss of patients income. To what extent does it affect the family income?
   2: Severe □ 1: Moderate □ 0: Absent □

2. Loss of income of any other member of the family due to patients income?
   2: Severe □ 1: Moderate □ 0: Absent □

3. Expenditure incurred due to patients illness and treatment. How has this affected family finances?
   2: Severe □ 1: Moderate □ 0: Absent □

4. Expenditure incurred due to extra arrangements. How have these affected family finances?
   2: Severe □ 1: Moderate □ 0: Absent □

5. Loans taken or savings spent. How much is the family affected?
   2: Severe □ 1: Moderate □ 0: Absent □

6. Any other planned activity put off because of the financial pressures of patients illness. How far is the family affected?
   2: Severe □ 1: Moderate □ 0: Absent □

Disruption of Routine Family Activities

1. Patient not going to school, college etc. how inconvenient is this for the family?
   2: Severe □ 1: Moderate □ 0: Absent □

2. Patient not helping in the house hold work. How much does this affect the family?
   2: Severe □ 1: Moderate □ 0: Absent □

3. Disruption of activities of other members of the family. How inconvenient is this?
   2: Severe □ 1: Moderate □ 0: Absent □
4. Neglect of the rest of the family due to patients illness. How serious is this?
   2: Severe □ 1: Moderate □ 0: Absent □

5. Patients behaviour disrupting activities. How much does it affect the family?
   2: Severe □ 1: Moderate □ 0: Absent □

**Disruption of Family Leisure**

1. Stopping of normal recreational activities. How do the family members react?
   2: Severe □ 1: Moderate □ 0: Absent □

2. Patients illness using up another persons holiday and leisure time. How is the person affected by it?
   2: Severe □ 1: Moderate □ 0: Absent □

3. Patients lack of attention to other members of the family such as children and it’s effect on them?
   2: Severe □ 1: Moderate □ 0: Absent □

4. Has any other leisure activity had to be abandoned owing to the patients illness or incapacity. How do the family members feel about it?
   2: Severe □ 1: Moderate □ 0: Absent □

**Disruption of Family Interaction**

1. Any ill effect on the general atmosphere in the house. How do the family members feel about it?
   2: Severe □ 1: Moderate □ 0: Absent □

2. Do other members get into argument over this. How are they affected?
   2: Severe □ 1: Moderate □ 0: Absent □

3. Have relations and neighbours stopped visiting the family or reduced the frequency of then visit because of the patients behaviour on the stigma attached to the illness. How does the family feel about this?
   2: Severe □ 1: Moderate □ 0: Absent □

XXXVIII
4. Has the family become secluded? How do the members feel about this?
   2: Severe □ 1: Moderate □ 0: Absent □

5. Has the patients illness has any other effect on relationships within the family or between the family. How does the family feel about this?
   2: Severe □ 1: Moderate □ 0: Absent □

**Effect on Physical Health of Others**
1. Has any other members of the family suffered physical ill health, injuries, etc. due to the patients behaviour. How has this affected them?
   2: Severe □ 1: Moderate □ 0: Absent □

2. Has there been any other adverse effect on the health? How severe is it?
   2: Severe □ 1: Moderate □ 0: Absent □

**Effect on Mental Health of Others**
1. Has any other family member sought help for psychological illness brought on by the patients behaviour. How severe is this?
   2: Severe □ 1: Moderate □ 0: Absent □

2. Has any other member of the family lost sleep, become depressed or weepy, expressed suicidal wishes, become excessively irritable etc. how severely?
   2: Severe □ 1: Moderate □ 0: Absent □

3. Finally, is there any other burden on the family about which we have not asked you? How badly does it affect you?
   2: Severe □ 1: Moderate □ 0: Absent □

4. Subjective burden on the family. How much would you say you have suffered owing to the patients illness-severely, a little or not at all?
   2: Severe □ 1: Moderate □ 0: Absent □
Family Interaction Pattern Scale (FIPS) (1982).

**Scoring Key:**

There are four alternative choices in each item "'Always', 'Sometimes', 'Rarely', 'Never'". The subject has to choose only one alternative. The marks should be allotted as mentioned below.

Marks (1): for items: 1, 2, 3, 4, 5, 8, 11, 13, 15, 22, 23, 24, 25, 26, 27, 32, 34, 40, 41, 42, 43, 44, 45, 46, 48, 49, 50, 51, 52, 53, 56, 58, 59, 65, 66, 68, 72, 74, 75, 76, 78, 81, 83, 84, 88, 89, 90, 91, 92, 95, 100 and 102.

Scoring system will be:

- Always -- 1
- Sometimes -- 2
- Rarely -- 3
- Never -- 4.

Mark (2): for items: 6, 7, 9, 10, 12, 14, 16, 17, 18, 19, 20, 21, 28, 29, 30, 31, 33, 35, 36, 37, 38, 39, 47, 54, 55, 57, 60, 61, 62, 63, 64, 67, 69, 70, 71, 73, 77, 79, 80, 82, 85, 86, 87, 93, 94, 96, 97, 98, 99, 101, 102, 103, 104, 105 and 106.

Scoring system will be:

- Always -- 4
- Sometimes -- 3
- Rarely -- 2
- Never -- 1.