INTERVIEW SCHEDULE

I. Profile

1.1 Age

1.2 Sex

1.3 State/Region

<table>
<thead>
<tr>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>Punjab</td>
<td>Haryana</td>
</tr>
<tr>
<td>Himachal Pradesh</td>
<td>Chandigarh</td>
</tr>
<tr>
<td>Rajasthan</td>
<td>Delhi</td>
</tr>
</tbody>
</table>

1.4 Rural/Urban

1.5 Place of Contact

1.6 Education

<table>
<thead>
<tr>
<th>Health Institutions</th>
<th>NGOs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Graduate or above</td>
<td>Matriculation</td>
</tr>
<tr>
<td>Below Matric</td>
<td>Illiterate</td>
</tr>
</tbody>
</table>

1.7 Marital Status

<table>
<thead>
<tr>
<th>Married</th>
<th>Unmarried</th>
</tr>
</thead>
<tbody>
<tr>
<td>Divorced</td>
<td>Unmarried Living with Spouse</td>
</tr>
<tr>
<td>Widowed</td>
<td></td>
</tr>
</tbody>
</table>

1.8 Present living Arrangement

1.9 Type of family

<table>
<thead>
<tr>
<th>Joint</th>
<th>Nuclear</th>
<th>Alone</th>
</tr>
</thead>
</table>
1.10 Religion

Sikh
Hindu
Muslim
Christian
Others

1.11 Occupation

Not employed (student/ House wife)
Service (Govt./ Pvt/ Teaching/ Army/ Banking)
Truck/ Bus Driver/ conductor
Daily Wager (Rickshaw pullers/ labourer/ Dhaba workers)
Self employed (Business/ Tailor/ Land owner)

1.12 Income

Rs. 2500 and below
Rs. 2501-5500
Rs. 5501-10,000
Rs. 10,000 and above

II. Knowledge about HIV/AIDS

2.1 Did you have knowledge about HIV/AIDS prior to finding out about your HIV Status?

(i) Had knowledge
(ii) Did not have knowledge

2.2 Level of knowledge

(i) Difference between HIV/AIDS Yes/ No
(ii) Knowledge of symptoms Yes/ No
(iii) Causes of spread of HIV Yes/ No
(iv) Treatment and cure Yes/ No

2.3 Source of information

(i) Mass media (Radio/ T.V. / Newspaper/ Magazines etc.)
(ii) NGOs/ Education programs
(iii) Peer Group/ Family
(iv) Not aware

III. Source(s) of Transmission

3.1 What was the source of transmission of infection for you?

(i) Unsafe Sex
(ii) Unsafe needle
(iii) Unsafe blood / blood products
(iv) Don’t know
Sexual Transmission

√ 3.2 Have you ever indulged in extra marital / casual sex with Commercial Sex Worker (CSW)/ other men/ women? Yes/ No

√ 3.3 Do you still continue the High Risk Behaviour with Commercial Sex Workers/ Other Men/ Women? Yes/ No

√ 3.4 Why do you engage in High Risk Behaviour?
   (i) Away from Home/ Spouse
   (ii) Peer Pressure/ Macho Attitude
   (iii) Easy Access to Commercial Sex Workers
   (iv) Entertainment

√ 3.5 Do you use Condom?
   (i) With Spouse Yes/ No
   (ii) With CSWs / other men/ women Yes/ No

√ 3.6 Do you indulged in Intravenous Drug Use? Yes/ No

√ 3.7 Why do you use Intravenous Drugs?
   (i) Away from Home
   (ii) Peer Pressure
   (iii) Entertainment
   (iv) Tension / stress

Mother to Child Transmission

3.8 If married positive couple has children, have the children been tested positive for HIV Yes/ No

3.9 What was the test result?

Transmission through Blood/ Blood products

3.11 Did you ever have?
   (i) Blood Transfusion Yes/ No
   (ii) Organ transplant Yes/ No

4. Reactions

4.1 What were your reactions during the waiting period for test result?
   (i) Anxious/ Scared/ Hysterical
   (ii) Withdrawn
   (iii) Calm
4.2 Who informed you about the test result?
(i) Parents/ Relatives/ Spouse
(ii) Doctor/ Counsellor

4.3 How did you feel on learning about the test result?
(i) Anxious/ Shocked/ frustration
(ii) Denial
(iii) Guilt & Remove
(iv) Withdrawn & isolated
(v) Acceptance

4.4 How do you feel about it now?
(i) Anxious/ Shock/ frustration
(ii) Skill in Denial
(iii) Guilt & Remove
(iv) Withdrawn & isolated
(v) Accepted
(vi) Suicidal

4.5 Who do you blame for being in this situation?
(i) Yourself
(ii) Spouse
(iii) Other man/Woman/CSWs
(iv) Govt. / Hospital
(v) No one

4.6 Do you feel like punishing someone? Yes/ No

4.7 Do you feel guilty of having wronged someone? Yes/ No

4.8 Who did you initially share the news of the result with?
(i) Spouse
(ii) Family
(iii) Friend

4.9 Have you told your family about it? Yes/ No

4.10 What was their reaction?
(i) Shock
(ii) Concern/Sympathy
(iii) Rejection/Disgust
4.11 How did you find their reaction?

(i) Normal
(ii) Encouraging
(iii) Upsetting

4.12 If married, have you told your spouse

4.13 What was his/her reaction?

(i) Shock
(ii) Concern/Sympathy
(iii) Rejection/disgust

4.14 How did you find his/her reaction?

(i) Normal
(ii) Encouraging
(iii) Upsetting

4.15 Has your spouse been tested for HIV?

4.16 What was the result of the test?

4.17 If Positive, do you feel responsible for infecting your spouse?

4.18 Have you told your friends about your HIV status?

4.19 What was their reaction?

(i) Shock
(ii) Concern/Sympathy
(iii) Avoidance

4.20 How did you find his/her reaction?

(i) Normal
(ii) Encouraging
(iii) Upsetting

4.21 Has the friendship undergone change?

(i) A Lot
(ii) Somewhat
(iii) Not at all

4.22 Have you disclosed your HIV positive status to neighbours?

Yes/No
4.23 How is their behaviour towards you?
   (i) Worse
   (ii) Better
   (iii) Same

4.24 Have you ever been asked to move out of your locality? Yes/No

4.25 Have you disclosed your HIV positive status at work? Yes/No

4.26 What was their reaction?
   (i) Shock
   (ii) Sympathy/Help/Concern
   (iii) Resentment/Avoidance

4.27 Did you face any of the following?
   (i) Loss of job
   (ii) Professional discrimination
   (iii) No Change

4.28 How is the behaviour of medical staff?
   (i) Avoidance/Resentment
   (ii) Help/Welfare
   (iii) Professional

V. Different types of stigma and discrimination

Stigma & discrimination faced at Hospital

5.1 Did you experience any form of stigma & discrimination at health institutions? Yes/No

if yes, then indicate about the following:

(i) Faced difficulty in indoor care/treatment Yes/No
(ii) Refusal to provide treatment for HIV/AIDS-related illness Yes/No
(iii) Refusal to be operated or assisted in clinical procedures Yes/No
(iv) Restricted access to facilities like toilets and common eating and drinking utensils Yes/No
(v) Physical isolation in the ward Yes/No
(vi) Early discharge from hospital. Yes/No
(vii) Mandatory testing for HIV before surgery and during pregnancy Yes/No
(viii) Restriction on movement around the ward or room
Yes/No

**Stigma & discrimination faced at Home**

5.2 Did you face any form of stigma & discrimination at Home? Yes/No
if yes, then indicate about the following:

(i) Served relationship Yes/No
(ii) Denial share of property or access to finance Yes/No
(iii) Blocked access to spouse & children Yes/No
(iv) Blocked entry to common areas or facilities (toilets, etc.) Yes/No

**Stigma & discrimination faced at Community**

5.3 Did you face any form of stigma & discrimination at Community? Yes/No
if yes, then indicate about the following:

(i) Labelling and name calling Yes/No

**Stigma & discrimination faced at Workplace**

5.4 Did you experience any form of stigma & discrimination at work place? Yes/No
if yes, then indicate about the following:

(i) removal from job Yes/No
(ii) poor access to shared facilities Yes/No
(iii) labelling and name calling Yes/No

**Stigma & discrimination faced at the time of death**

5.5 Did you experience any form of stigma & discrimination at the time of death of your relative? Yes/No

**Stigma & discrimination faced at Educational Institution**

5.6 Did you experience any form of stigma & discrimination at Educational institutions? Yes/No
if yes, then indicate about the following:

(i) Expulsion from the school Yes/No
6. Coping with everyday life

6.1 How is your physical health?

6.2 How often do you visit the doctor?

(i) Regularly
(ii) Sometimes
(iii) Only when unavoidable

6.3 Has your doctor been of any help in coping?

(i) A lot
(ii) A little
(iii) Not at all

6.4 Do you follow a proper dietary regimen?  Yes/No

6.5 Do you follow any experiencing routine?  Yes/No

6.6 What kind of exercise do you do?

(i) Yoga/Meditation
(ii) Sports/Walk
(iii) Work (Work provides exercises)

6.7 Have you changed your risk behaviour?

(i) Certainly
(ii) Somewhat
(iii) Not at all

6.8 Do you feel isolated and lonely?

(i) Always
(ii) Sometimes
(iii) Never

6.9 Do you feel depressed?

(i) Always
(ii) Sometimes
(iii) Never

6.10 Do you fear death and disfigurement?  Yes/No

6.11 Do you uncertain about your future?

(i) Often
(ii) Sometimes
(iii) Never

6.12 Do you dread being abandoned? Yes/No
6.13 Have you gone for a repeat test? Yes/No
6.14 Have you undergoing counselling? Yes/No
6.15 Do you feel that counseling helps in coping? Yes/No
6.16 Do you feel religion helps in coping Yes/No
6.17 Do you know other HIV positive people Yes/No
6.18 Do you feel that being a part of support groups helps in coping Yes/No
6.19 Do you feel that work can help in coping? Yes /No
6.20 Are you hopeful that a cure will be found soon? Yes/No
6.21 Does involvement with other PL WH/As helps in the process of coping? Yes/No
6.22 Does close contact with finally help in the process of coping? Yes/No
6.23 Does socializing with friends helps in coping? Yes/No
6.24 If never marries, do you feel being married would help you in coping with the situation? Yes/No
6.25 Do you feel that Non Government Organization (NGOs) have been of any help to PLWH/As Yes/No
6.26 Do you feel that media has been helpful for PLWH/As Yes/No

Signature of the Researcher