APPENDIX

******************************************************************
**  
**  
**  
**  
**  
**  
**  
******************************************************************
WORKING PROFORMA

Name Age Parity Gravida
Address:

Chief complaints:

Present History:

Past History: Jaundice Blood transfusion
Drug intake Operation
Oral pills I.U.C.D.

Family History: Hypertension
Diabetes
Twins
Tuberculosis

Menstrual History: Duration
Flow
Cycle
L.M.P.
E.D.D.

Obstetrical History
gravida Para Abortion

Previous pregnancies:

<table>
<thead>
<tr>
<th>No. of pregnancies</th>
<th>Antenatal</th>
<th>Labour period</th>
<th>Puerperium</th>
<th>Sex of baby</th>
<th>Birth Wt.</th>
<th>Living or dead</th>
</tr>
</thead>
</table>

General Examination

<table>
<thead>
<tr>
<th>GC</th>
<th>Pulse</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anaemia</td>
<td>Resp.</td>
</tr>
<tr>
<td>Oedema</td>
<td>B.P.</td>
</tr>
<tr>
<td>Jaundice</td>
<td>Temp.</td>
</tr>
</tbody>
</table>
Systemic Examination

I. Respiratory system
II. Cardiovascular system
III. Abdomen - Liver
    Spleen
    Kidney
    Colon
IV. Central Nervous system
V. Obstetric Examination

P/A
    Ht. of uterus
    Contraction
    FHS
    PP

P/V
    Os
    Cx
    Membrane
    Station
    Pelvis
    Show
    Position

Present Pregnancy:

I. Antenatal period - Duration

<table>
<thead>
<tr>
<th>Complaints</th>
<th>1st Trimester</th>
<th>2nd Trimester</th>
<th>3rd Trimester</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Nausea vomiting</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bleeding</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pain abdomen</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Oedema</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Urinary Symptoms</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Date of quickening</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Any drug intake</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Any radiation (X-ray)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

II. Labour

Onset - Spontaneous
       Induced
       Accelerated

Time of rupture of membranes - Spontaneous
                              - Artificial

Colour of liquor -
<table>
<thead>
<tr>
<th>Duration</th>
<th>Uterine contrac-</th>
<th>Relax-</th>
<th>FHS</th>
<th>Pulse</th>
<th>BP</th>
<th>Temp.</th>
<th>Hyper sensi-</th>
</tr>
</thead>
<tbody>
<tr>
<td>(10min.)</td>
<td>tion (10min.)</td>
<td>ation</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>tivity</td>
</tr>
</tbody>
</table>

1st stage

2nd stage

Mode of delivery - Normal

Forceps

Out let

Axis traction

3rd stage

Any ppH

Laceration (Tear).

Induction Notes

Total dose of syntocinon

Baby (at birth)

<table>
<thead>
<tr>
<th>Sex</th>
<th>Birth Wt.</th>
<th>Apgar score</th>
</tr>
</thead>
</table>

Gestational age -

1. Nipple
   - Not palpable
   - 3-4 mm
   - 4-10 mm
   - 34 weeks (34-36 weeks (at term)

2. Plantar crease
   - Ant 1/3rd
   - Ant 2/3rd
   - Criss cross
   - 36 weeks (37-38 weeks crease on sole (40 weeks)

3. Ear cartilage
   - Not formed
   - Formed
   - 36 weeks (36-40 weeks)

4. Hair
   - Short fuzzy
   - Long coarse + Cartilagenous
   - 37 weeks (37 weeks)

5. External genitalia
   - Male - Undesceded testis
   - Descended testis
   - 37 weeks (at term)
   - Female - Labia majora
   - Labia majora
   - Do not cover the minora
   - Cover the minora
   - 37 weeks (at term)
Examination of baby

<table>
<thead>
<tr>
<th>Exam.</th>
<th>1st day</th>
<th>2nd day</th>
<th>3rd day</th>
<th>4th day</th>
<th>5th day</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Jaundice</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Caput</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. Caphal</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>baematoma</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. Infection</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Drugs</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Investigation

Mother

1. Blood

<table>
<thead>
<tr>
<th>TLC</th>
<th>Hb.</th>
</tr>
</thead>
<tbody>
<tr>
<td>DLC</td>
<td>N:</td>
</tr>
<tr>
<td>L</td>
<td>:</td>
</tr>
<tr>
<td>E</td>
<td>:</td>
</tr>
<tr>
<td>M</td>
<td>F</td>
</tr>
<tr>
<td>B</td>
<td>:</td>
</tr>
</tbody>
</table>

II. Serum bilirubin

Before delivery

After delivery

III. Urine

<table>
<thead>
<tr>
<th>Albumin</th>
<th>Sugar</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>:</td>
</tr>
</tbody>
</table>

IV. Stool

| O.P.C. | |
|--------||

Baby

I. Serum bilirubin

Cord blood

on 5th day

II. Blood grouping