PREFACE

The concept of marriage is assuming a different dimension in a changing society. In earlier times marriage was considered as a ‘state’. The role of husband and wife has been clearly defined by custom, subsequently marriage has been considered not as a state, but as an adjustment. This change is due to the changes in the way of life. Industrialization and urbanization made the women entered into the field of work. Previously the role of female was that of an obedient helpmate. She was expected to confine her to matters of home and children. In the 20th century both husband and wife work together, share views, plan together and realize the goals for which both of them strive.

Marriage which is an adjustment is a life long process. According to Sinha and Mukharjee 1970 — marital adjustment is a state in which there is an over all feeling in husband and wife of happiness and satisfaction with their marriage and with each other. To make a successful marriage one has to work on it. Successful
marriage is not a blessing, but it is earned by hard work and tolerance.

To make a marriage successful both husband and wife should learn to live together, to accommodate, to adjust and compromise with each other. In addition, the more similar the couples' personalities are, the more likely they were to report being happy and satisfied in their marriage. In the present study an attempt has been made to study the role of personality in marital adjustment.

Similarities of the personality of husband and wife are very important in determining marital adjustment. Personality similarities facilitate marital adjustment and differences in their personality result in conflict. In order to make a successful marriage one should understand first his or her own personality and then try to understand the personality of the counterpart. This will only lead to a better understanding and a successful marriage. Though we consider love to be an important aspect in marriage which we cannot deny.
But we can see even love marriages are on the edge of divorce. Irrespective of love or arranged marriage similarities of personality of the husband and the wife are important for marital adjustment.

The present study will throw more light how personality influences marital adjustment.

Dated: 27.9.2010

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