CHAPTER – VI
SUMMARY, DISCUSSION
AND CONCLUSION
The present study has been conducted by the investigator to make an appraisal of the sport facilities and programmes of physical education in secondary schools of Darrang district of Assam keeping in view the value of games and sports in this modern era. Games and sports have been a part of human life since the time immemorial. In modern time, these are indispensible to mankind and have become a great unifying force with tremendous effect on the notional and international integration. Besides, games and sports inculcate tolerance and all embracing out look among the players of different nations resulting in international understanding and brotherhood.

During the process, an in-depth study of sports facilities and programmes of secondary schools of Darrang district of Assam has immensely helped the investigator to ascertain the defects and drawbacks which have hampered the progress of physical education. The conclusions have been drawn on the following facts.

The present status of sports facilities and programmes of physical education initiated by the school authorities are not at all satisfactory. The survey shows that in the surveyed schools minimum requirement of sports are not available. This is because; financial stability is not rich in the schools. Besides, the Headmasters, teachers as well as the guardians also not so much interested in sports. At the same time, there is no social atmosphere of sports in our schools. In this regard the concerned authorities may fulfill the needs of the schools by supplying them various sports accessories to meet the demands of the students. The school authorities also may put their demands in time to
their superior authority and avail the chance of different Government policies planned for the students in games and sports.

Play fields are to physical education what laboratory is to science. For effective organization of physical education, provision of play field is a must. Organization of major games like hockey, football, volleyball, cricket etc. can not be possible without necessary playground. Children are generally found playing in the street or by the road sides. This evidently shows that play grounds are a necessity for the development and growth of children. A playground provides them a secure atmosphere where they can play freely. Besides a play ground is free from pollution which is conspicuously present in street. The qualities of sportsmanship, co-operation, courage, unity, sacrifice and leadership can be created better in play fields than in classrooms.

For successful organization of a programme of physical education not only play fields but also other required equipments should be provided. Most of the physical activities require one or more playing equipments. There is no denying of the fact that the provision of equipment depends upon the financial condition of the institution, but before planning any programme of physical education, availability of the required equipment must be kept in mind. Only those activities, equipments, of which can be made available, should be included in the programmes. Without the provision of necessary equipments physical education will remain on the paper. Therefore, without equipments organization of physical education programme can not even be imagined.

Again a teacher equipped with academic qualification can not perform such multi-faceted duties. Only a well qualified and trained teacher of physical education can perform such duties with efficiency. Without the provision of trained physical teacher the conduct and development of physical education is almost impossible.
Survey reveals that infrastructure facilities in the secondary schools of Darrang district are also found not adequate. Infrastructure facilities, being the primary factor, for all round development of the students in games and sports, need more importance in the schools. But if there will be no facilities in the institutions, the physical education teacher can do nothing. The physical education teacher is unable to get the desired facilities as the schools do not have required budget for the same. Therefore, school authorities and other concerned authorities may pay heed at the earliest to bring up the infrastructure facilities for the upliftment of the students for their brighter future.

Finance is one of the basic factors which are essential for proper and effective organization and administration of physical education. All the great educational ideals and the ambitious plans come to dead end without proper finance. It is very essential for a good planning of various activities of schools. A proper budget is therefore very essential for an effective planning of expenditure.

The present study has revealed that, almost all the surveyed schools fulfill the financial requirement of games and sports from the contribution made by students fees only. The financial condition of the schools pertaining to games and sports are in a deplorable condition. The school authorities may be equipped with sound financial position and the Government may sanction the required amount of money to help the schools to build up their financial position for games and sports. On the other hand N.G.O.s (Non Governmental Organisations) and other organizations and the people of the locality may also extend their helping hands for the improvement of the present situation.

No physical education can be organized without co-operation and coordination of various personnels entangled in educational institution. In an institution, physical education is divided into different sub-groups. The sub activities are assigned to different teachers and personnels according to their
willingness and abilities. If there is no co-operation of the teacher personnels in the activities, whole programme of physical education will remain scattered and will not produce desired result. It is with active co-operation of school-staff and co-ordination of different sub-committees assigned with different sub-activities that the programme of physical education can be rightly guided and effectively accomplished.

Before planning any activity of the school, it is essential that it should be discussed thoroughly from every angle. This discussion is the essence of whole planning and execution. Without proper discussion no activity can be materialised. While discussing the various aspects of programme physical education, monopolies should not be encouraged. Even the Headmaster and the specialist of the said programme should thrust his thought on others. It is through collective thinking that different aspects of programme can be discussed properly and means can be explored to solve the problems and difficulties that come in the way of execution of the programme.

However from the present study, regarding the involvement of teacher and school authority in organizing sports and physical education programme, the investigated schools are found very positive. All the 100 per cent teachers-in-charge commented that the involvement of teacher and school authority in organizing sports and physical education programme is highly satisfactory and it is a good symptom so far the future development of the students are concerned in games and sports. Again, in the interviews of the Headmasters, it have been found that 46.15 per cent of teachers are co-operative in all the time and remaining 53.85 teachers are occasionally co-operative. Still they are helpless that in most of the schools there are no infrastructure facilities. Though the teachers have interest but they cannot co-operate because of poor infrastructure of the school.

It is concluded from the study that so far the participation in the district and national level is concerned the picture is very poor. As school authorities
are not taking any interest in games and sports, students having calibers in
different fields are also not send to participate in the district and national
games. Even the students donot know at what times and how these events are
organized. In this regard, guardians are also not conscious. Compared to the
advanced countries, therefore, the environment of the sports is not up to the
mark.

It is summarised from the study that achievement level of students of
the surveyed schools have been confined only at school level. Because they
participate only at the school level and not given scope beyond that.

At present, the global scenario of games and sports is very rich. The
results of Asian games, Olympic Games show a very bright picture of
participation of players from different countries around the globe. In these
games mostly America and China dominated. The recent Olympic Games
held at London shows that India is far behind in gaining prizes. It shows that
the climate of games and sports has not been improved so much. Perhaps this
is because of this fact Assam has very poor scenario of games and sports. We
are not unaware of the fact that Russia and China have introduced games and
sports as a courses of study in school level. Therefore, games and sports are
going to be very popular in those countries and they have been able to bagged
won medals in the international games.

In the context of present system of education, India is very poor in
games and sports. Still now we are confined with the old concept of reading,
writing and arithmetic only. Compared to the global scenario, India has not
been able to arrange the attitude of education where sport should be a new
media of education. It may be concluded that in India the student should be
motivated to games and sports.
Conclusion:

Considering the physical and mental health of younger generation and the global scenario, providing infrastructure facilities of sports and physical education in educational institution is the need of the hour. However, it has been observed that Government is yet to take serious and constructive measures in this regard. It is hoped that Government, planners, educationists, Non-Government Organizations and other organization will take constructive steps to provide initiative for overall development for coming generation.

Educational Implication:

The survey done by the researcher has revealed many important features from the teachers, students, Headmasters and teachers-in-charge of the schools regarding the development of physical education in the district of Darrang, specially, the availability of sports infrastructure, students participation, Headmasters and teachers participation and the activities of the teachers in-charge of sports in the schools.

From this report the Higher Authority specially a Government official will be able to develop a net work programme of physical education in the district. Besides, the reports will be helpful to the educators who will be in the responsibility of introducing new schemes for physical development. In addition to this, the authority will know about the interest of the learners in regards to physical education. As a whole, it will help the Education commissions to make new programmes for the development of children in the field of sports and physical education.

Suggestion for future study:

Infrastructure facilities of games and sports is a very big chapter. It covers a wide range of subjects associated with games and sports. The researcher has taken only a small concept of the chapter. There are much
more scope for the future researcher to go through different kinds of studies arising out of games and sports.

However, as a concluding suggestion it can be concluded that physical education is mandatory for the motor and intellectual development of the children. The advanced countries have realized the importance of it and therefore they have included games and sports in their curriculum. In India also it will be worthwhile to introduce games and sports as a compulsory subject in the system of education. Besides, the schools should appoint at least a qualified physical educator in each school. In order to run the games and sports in schools, a huge fund is necessary. Only the mere contributions from students is not sufficient. The Government should sanction financial help to the schools.

The study shows that the overall participation of the students is not so much encouraging. Therefore the Administrators, Teachers and Guardians should try to motivate the students to participate in the games and sports. Besides, the Government and Non-Governmental organizations (NGO) will try their best to arrange awareness programmes in the society in order to make games and sports popular among the students.

We are glad that in recent times, Rastriya Madhyamic Siksha Abhiyan (R.M.S.A) is releasing such grants to the schools. Such grants will no doubt help the students. We hope that Rastriya Madhyamic Siksha Abhiyan (R.M.S.A.) will increase their grants in near future.