Interview schedules and questionnaires

For the Doctoral thesis on Polycystic Ovarian Syndrome (PCOS) and it's biocultural correlates: Study of women of three communities of Guwahati, Assam

Department of Anthropology

Gauhati University, Guwahati
## HOUSEHOLD CENSUS

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Name</th>
<th>Relationship with household head</th>
<th>Age</th>
<th>Sex</th>
<th>Marital Status</th>
<th>Education</th>
<th>Mother Tongue</th>
<th>Occupation</th>
<th>Primary</th>
<th>Secondary</th>
<th>Place of Birth</th>
<th>Remarks (if any)</th>
</tr>
</thead>
</table>

Household No. :
Name of the informant :
Community :
Caste :

Name of the Household Head :
Monthly household Income :
Expenditure :

Investigator :
Date :
Address :
# PREGNANCY REPORT CARD

<table>
<thead>
<tr>
<th>Sl. No.</th>
<th>Name</th>
<th>Live Birth</th>
<th>Deceased Children</th>
<th>Reproductive waste</th>
<th>Congenital malformation (if any)</th>
<th>Remarks (if any)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Age</td>
<td>Sex</td>
<td>Age at Death</td>
<td>Sex</td>
<td>Cause of Death</td>
</tr>
</tbody>
</table>

Household No.:
Name of the informant:
Age at Menarche:
Age at Marriage:
   a) Husband:
   b) Wife:
Consanguineous relationship (if any):
Ethnic composition:
   a) Husband:
   b) Wife:
      i) Community:
      ii) Caste:
Community:
      i)
      ii) Caste:

Investigator:
Date:

[131]
QUESTIONNAIRE DEVELOPED BY CRONIN (1984) TO FIND OUT THE HEALTH RELATED QUALITY OF LIFE FOR WOMEN WITH POLYCYSTIC OVARIAN SYNDROME

DURING THE PAST TWO WEEKS, HOW MUCH OF THE TIME HAVE YOU FELT:

<table>
<thead>
<tr>
<th>A. Depressed as a result of having PCOS?</th>
<th>A severe Problem</th>
<th>A major problem</th>
<th>A moderate problem</th>
<th>Some problem</th>
<th>A little problem</th>
<th>Hardly any problem</th>
<th>No problem</th>
</tr>
</thead>
<tbody>
<tr>
<td>B. Concerned about being overweight?</td>
<td></td>
<td></td>
<td></td>
<td></td>
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<td></td>
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<tr>
<td>C. Easily tired?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>D. Concerned with infertility problems?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>E. Moody as a result of having PCOS?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>F. Irregular menstrual periods?</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

QUESTIONNAIRE DEVELOPED BY CRONIN (1984) TO FIND OUT THE HEALTH RELATED QUALITY OF LIFE FOR WOMEN WITH POLYCYSTIC OVARIAN SYNDROME.
G. Had trouble dealing with your weight?
H. Had low self-esteem as a result of having your PCOS?
I. Felt frustration in trying to lose weight?
J. Felt afraid of not being able to have children?
K. Felt frightened of getting cancer?
L. Worried about having PCOS?
M. Self-conscious as a result of having PCOS?
N. Menstrual cramps?
O. Feel a lack of control over the situation with PCOS?

P. Have difficulties staying at your ideal weight?

Q. Feel sad because of infertility problems?

R. Embarrassment about excessive hair?
BECK'S DEPRESSION INVENTORY

This depression inventory can be self-scored. The scoring scale is at the end of the questionnaire:

1. 0 I do not feel sad
    1 I feel sad
    2 I am sad all the time and I can't snap out of it
    3 I am so sad and unhappy that I can't stand it

2. 0 I am not particularly discouraged about the future.
    1 I feel discouraged about the future.
    2 I feel I have nothing to look forward to.
    3 I feel the future is hopeless and that things cannot improve.

3. 0 I do not feel like a failure.
    1 I feel I have failed more than the average person.
    2 As I look back on my life, all I can see is a lot of failures.
    4 I feel I am a complete failure as a person.

4. 0 I get as much satisfaction out of things as I used to.
    1 I don't enjoy things the way I used to.
    2 I don't get real satisfaction out of anything anymore.
    3 I am dissatisfied or bored with everything.

5. 0 I don't feel particularly guilty
    1 I feel guilty a good part of the time.
    2 I feel quite guilty most of the time.
    3 I feel guilty all of the time.

6. 0 I don't feel disappointed in myself.
    1 I am disappointed in myself.
2. I am disgusted with myself.
3. I hate myself.
7. 0 I don't feel I am any worse than anybody else.
1. I am critical of myself for my weaknesses or mistakes.
2. I blame myself all the time for my faults.
3. I blame myself for everything bad that happens.

8. 0 I don't cry any more than usual.
1. I cry more now than I used to.
2. I cry all the time now.
3. I used to be able to cry, but now I can't cry even though I want to.

9. 0 I make decisions about as well as I ever could.
1. I put off making decisions more than I used to.
2. I have greater difficulty in making decisions more than I used to.
3. I can't make decisions at all anymore.

10. 0 I don't feel that I look any worse than I used to.
1. I am worried that I am looking old or unattractive.
2. I feel there are permanent changes in my appearance that make me look unattractive
3. I believe that I look ugly.

11. 0 I can work about as well as before.
1. It takes an extra effort to get started at doing something.
2. I have to push myself very hard to do anything.
3. I can't do any work at all.

12. 0 I can sleep as well as usual.
1. I don't sleep as well as I used to.
2. I wake up 1-2 hours earlier than usual and find it hard to get back to sleep.
3. I wake up several hours earlier than I used to and cannot get back to sleep.

13. 0 I don't get more tired than usual.
1. I get tired more easily than I used to.
Candidate’s brief bio-data

1. Name : Mrs. Christene Bora
2. Father’s name : Late Prakash Narayan Bora
3. Mother’s name : Smti Ashru Rani Bora
4. Husband’s name : Mr RupranjanKalita
5. Date of birth : 17.12.1984
6. Nationality : Indian
7. Religion : Hinduism
8. Marital status : Married
9. Education qualification :

<table>
<thead>
<tr>
<th>Name of the examination</th>
<th>Year of passing</th>
<th>Board/ University</th>
</tr>
</thead>
<tbody>
<tr>
<td>H.S.L.C</td>
<td>2000</td>
<td>C.B.S.E., Silchar</td>
</tr>
<tr>
<td>H.S.S.L.C</td>
<td>2002</td>
<td>A.H.S.E.C,Silchar</td>
</tr>
<tr>
<td>B.Sc</td>
<td>2005</td>
<td>Assam University, Silchar</td>
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<tr>
<td>M.Sc</td>
<td>2007</td>
<td>Gauhati University, Guwahati</td>
</tr>
</tbody>
</table>

10. Area of research: Bio-social anthropology

11. Publications:


e. Presented seminar paper on titled "Association of Polycystic ovary syndrome with body mass index and reproduction among the Bengali married wives of Guwahati city, Assam" in the "National conference on recent trends in mathematical and computational sciences -2012" during November 28-30, 2012 at Institute of advanced study in science and technology, Guwahati.
