

CONTENTS

ACKNOWLEDGEMENT	I-II
List of Tables	III-V
List of Figures	VI-VII
CHAPTER 1: INTRODUCTION	1
1.1 Origin of Positive Psychological Capital	1
1.2 The Positive Psychological Capital Construct	3
1.3 Self-Efficacy	4
1.4 Hope	6
1.5 Optimism	9
1.6 Resiliency	11
1.7 Psychological well-being	15
1.8 Model of Psychological Well-being	16
1.9 Multi-dimensional Model of Psychological Well-being	18
1.10 Creativity	20
CHAPTER 2: OBJECTIVES, REVIEW OF LITRAUTE AND HYPOTHESES	
2.1 Aims and objectives of the study	26
2.2 Objectives of the Study	26
2.3 Rationale of the study	27
2.4 Review of Literature	27
2.5 Hypothesis of the study	49
CHAPTER 3: RESEARCH DESIGN AND METHODOLOGY	
3.1 Research Design of the study	51
3.2 Variable of the study	52
3.3 Sample	52
3.3 Description of the Tools	54
3.4 Procedure for data collection	62

CHAPTER 4: RESULTS AND DISCUSSION	63
4.1 Interview Schedule	64
4.2 Descriptive Statistical Analysis	79
4.3 Correlational analysis of the Variables	86
4.4 Regression Analysis	94
4.5 Conclusions	112
4.6 Limitation of the Study	113
4.7 Suggestions	114
CHAPTER 5: RESUME	115-124
REFERENCES	125-140
APPENDICES	
Interview Schedule	
Psychological Tests	