APPENDIX - IV

Tool used to Access the Knowledge of Woman About MCH Interventions

(Kindly carefully listen/read the statements and grade each statement into one of the following - totally agree, partially agree, can not decide, partially disagree and totally disagree)

I. Child Care

1. The initial breast milk is dirty secretion and this causes loose stools in newborn.

2. Up to 1 year of age mother's breast milk is sufficient for the child and there introduce top feeds for the child.

3. When mother is sick, she should not feed her breast milk to the child as it may harm the child.

4. Those mothers who deliver by operation should not breast feed their newborn children.

5. A woman does not conceive for sometime if she continues to exclusively breast feed her child.

6. Those women who exclusively breast feed their children, loose their figure.

7. The powder milk fed to infants with bottles is more health producing than the breastfeeding.
8. At 4-6 months of age, the mother should introduce top feeds for the infant because mother's milk is insufficient to meet the needs of the baby.

9. If cereals are started early for child, its tummy would come out.

10. A 3 year's old child should be fed 5-6 times a day.

11. After sickness, the child's diet should not be increased so that his internal systems get rest.

12. Young children should not be weighed frequently to avoid 'evil eye'.

13. A one and a half months old child is too young and so no injection should be given.

14. When a child has mild diarrhoea, cough or fever, he can be immunised.

15. Measles are due 'Goddes' and so the child should not be immunised with measles vaccine.

16. When child's chest moves very fast it means that child is having Pneumonia.

17. When a child develops Pneumonia, Cotton and Cloths should be wrapped around his chest.
18. When a child develops Pneumonia, he should not be given excess of water and fluids, otherwise his cough would increase.

19. Diarrhoea in children is a minor problem and there is no need for mother to be afraid of.

20. When a child develops diarrhoea, his intake of food/fluid should be restricted so that his intestines get rest.

21. The diarrhoea in children can be prevented by using clean water and clean foods.

II. Maternal Care

1. If a woman has her pregnancy before 18 years of age, it may cause damage to her or her baby's health.

2. If a woman takes rest during pregnancy then she would have difficulty during delivery.

3. If a pregnant woman has some problem during pregnancy, only then she should consult ANM or Doctor, otherwise there is no need to consult them.

4. The Iron Folic Acid Tablets are 'Hot' so if these are consumed during pregnancy they may cause harm to the baby.
5. The pregnant woman should take the normal diet; there is no need to consume special food items during pregnancy.

6. The delivery should be conducted in inner portion of the house, so that mother does not get exposed otherwise her health would suffer.

III. Family Planning

1. If a woman is having female children repeatedly, she should allow her husband to marry again.

2. It is mandatory to have a male child in the family for the religious rites and peace of soul.

3. Those children which are born with 3 years or more interval are healthier than those born at 1-2 years interval.

4. 2-3 children are enough in the family but these should be born within 3-4 years of marriage so that the upbringing of children is convenient.

5. Children are gift of God, so it is not proper to check their births, even if there are many children in the family.

6. The sex of baby is dependent on father and not on mother.
7. If needed, the unwanted pregnancy should be aborted through drugs or surgery.

8. To continue the family it is must to have a boy in the family, so one must have a boy even when there are many girls in the family.


10. With Vasectomy operation, the man gets weakened and his sexual performance goes down.

IV. Total Score _________________________
Child Care Score _______________________
Maternal Care Score _____________________
F.P. Score ____________________________

V. Remarks

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