

# CHAPTER VI

## FINDINGS, CONCLUSION, SUGGESTION, LIMITATIONS AND IMPLICATIONS

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### **Findings**

Of all human groups the family is the most important primary groups. It is a small social group consisting ordinarily of a father, mother, and one or more children. Historically, it has undergone several, changes emerging, according to Burgers and Locke, from a hard a fast social structure of institution and becoming flexible human relationships. This important small social group which despite various changes in its form and function, continues to serve the community.

Results of the present study reveals that grandparental proximity affects depression, coping behavior and social skills of adolescence. On the basis of result it can be inferred that --

- Adolescents who have high level of grandparental proximity are less depressive.
- Pre-adolescents who have high level of grandparental proximity are less depressive than early adolescence.
- Grandparental proximity does not affect coping behavior.

- Girls are having more coping skills than boys.
- Girls who have high level of grandparental proximity are better in coping behavior than boys.
- Result indicates that grandparental proximity, gender and age affects coping behaviors.
- Adolescents, who have high level of grandparental proximity, have better social skills than low and medium level of grandparental proximity.
- Gender produce more differences in social skills among children in the area of presentation skill, interaction skills, conversation skill, social integration skill, and attitude towards adults.
- Boys exhibited more social skills in comparison to girls.
- Adolescents, who have high level of grandparental proximity, have better presentation skills than low level of grandparental proximity.
- Boys have better presentation skills than girls.
- Boys are more confident in their interaction than girls.
- Adolescents who have high grandparental proximity are better in their conversation skills.

- Early-adolescents are better in their conversation skills than pre adolescence.
- Boys of high and medium grandparental proximity have better conversational skills than girls.
- Adolescents who have high level of grandparental proximity are better in social integration skills.
- Boys have more social integration skill than girls.
- High level of grandparental proximity promotes social integration skill in pre adolescents.
- Adolescents who have high grandparental proximity have better attitude towards other children.
- Adolescents who have high level of grandparental proximity are better in their attitude towards adults.
- Boys have better attitude towards adults in comparison to girls.
- High level of grandparental proximity promotes attitude towards adult in pre adolescence.

## **Conclusion**

On the basis of obtained result it can be said that the relationship between extended family members are more important today. As the life

expectancy is increasing generation coexist for unprecedented long period of the time. That is why they are the source of support for younger generation. Grandparental involvement is link to better emotional adjustment and fewer behavior problems among adolescents.

Results show that high level of grandparental proximity promotes social skills, presentation skills, conversation skills, social integration skills, attitude towards adults, in adolescents. Adolescents who have high level of grandparental proximity are less depressive than adolescents who have medium and low grandparental proximity.

It is concluded that gender difference in coping behavior starts reflecting in this age group as girls were having better coping behavior. Gender differences found in social skills as boys have more social skills in areas such as presentation skills, interaction skill, social integration skill, and attitude towards adults. No gender difference is found in depression.

Age of the children also affects social skills like conversation skill. Age of the adolescents also effect depression as pre-adolescence are less depressive than early adolescence. Age promotes coping behavior in girls. Girls who have high level of grandparental proximity are better in coping behavior than boys.

## **Suggestion for parents**

Social development began in early years, social ability of children establish and maintain social relationships are central to their social acceptance in social integration. In this age group it is important to develop social competence. Social competence is possessing and using the ability to integrate thinking, feeling and behavior to achieve social tasks and outcomes valued in the culture. Different social competencies are required and valued in different context. In the development of social competencies parents, grandparents, teachers play an important role. It is felt that children who and have positive relationship with parents, grandparents are strong, positive in attitude, easily adjustable, and have a strong personality makeup. Research evidence suggests that grandparental proximity is associated with positive behavioral outcomes and psychological effects among adolescents. Thus parents and grandparents play vital role in modulating behavior of children. It therefore suggested that parents should follow some tips for children.

- Grandparents are important to children. They play major role in having a good foundation for social development.

- Parents and grandparents should spend their time with children in their early years, trying to figure out how they fit into the world or how accepted and independent, they are or are allowed to be.
- Parents and grandparents should also listen to their children with interest attention and patience.
- Parents and grandparents should also respect child's uniqueness, opinion, ideas and respect for their dreams.
- At this age, the adolescent is actually trying to find a position for himself/herself with the nurturing mind, they seek freedom and independence where as parents unknowingly wish to continue their hold on them.
- Parents instead of admonishing their children or complaining about them during the teenage years should try to understand and help them in setting their goals.
- The parents and grandparents should do well to respond to their disagreement with open discussion and a flexible mind.
- Parents and grandparents must give due recognition to the adolescents by publicity honoring them for their achievements by way of announcing the same to friends, visitors, relatives and neighbors etc.

- Grandparents may also use unconditional love and care for normal growth and development of the young children.
- Research evidence shows that grandparental involvement with their grandchildren is linked to better emotional adjustment and fewer behavioral problems among adolescents.
- Grandparental involvement also develops a positive outlook in the children towards other children.

### **Suggestions for further study**

On the basis of this study a number of suggestions for further research can be given

- Replication of study on larger and clinical samples.
- A comparative study of the joint families & nuclear families can also be conducted.
- Depth study can also be conducted
- Longitudinal studies and behavioral interaction can be conducted to determine the precise causal relationship among these variables.
- Apart from these variables researcher can take another important variables for the study such as personality factor, intelligence etc.
- Direct observations of such behaviors are also needed if possible.

- A comparative study cross, cultural and cross section should also be conducted.

## **Delimitations**

Every research work has one of the main aims viz – generalization of the findings. The scope of the study is stated and boundary lines are demarcated for this soul purpose. The various limitation under was completed are stated below

- Only subject of western U.P. and specially that of Meerut and Muzaffarnagar were selected.
- Only children in age group of 10 to 15 years were selected for the study.
- Only private schools of both the cities were selected.
- Observation method could not be used.

## **Implications**

The relationship between grandparents may be more important today than they have even been, as live expectancy is increasing generation's co-exist for unprecedentedly long periods of time and they can be source of support or strain across people's lives. Researches showed that care for grandchildren directly improved grandparents psychological well being.

Findings that we got are important and promising grandparental proximity play an important role in shaping social skills and behaviour presence of grandparental and their roles determines a stable, loving and democratic have a place to help children to grow and learn presence of grandparental, human conditions society and general welfare and security of children elders may be improved. Thus study provide personal insight into our own family lives.

- Presence of grandparent's social crime such as rape, child abuse will decrease.
- Behavioural problems coping behaviour psychological and health problem may be improved through grandparental proximity. So as to prevent problem behaviour low self esteem poor adjustment and antisocial behaviour.