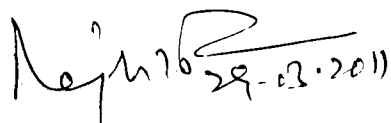


CERTIFICATE

I certify that the thesis entitled '**A study of cognitive and psychological alterations due to Chronic insomnia: assessment and management**' submitted by Sarita Boora to Maharshi Dayanand University, Rohtak for the degree of Doctor of Philosophy in Psychology is an original piece of work done by her under my guidance. The work has not been submitted to any other university for the award of Doctor of Philosophy in Psychology.

Countersigned by Supervisor

Handwritten signature of Prof. Rajbir Singh, dated 28-03-2011.

Prof. Rajbir Singh

Department of Psychology

Maharshi Dayanand University

Rohtak, Haryana