Appendix

Questionnaire for the thesis titled Demographic Transition and the aged population in Kerala

1) Name of the Panchayat/Municipality : 
2) Name : 
3) Age : 
4) Sex : Male/Female 
5) Religion : Hindu/Muslim/Christain/Others 
6) Caste : 
7) Place of residence (at present) : Rural/ Urban 
   a) In the case of person migrated before : Rural/Urban 
   b) Reason for migration: Retired/Relatives or children near by/Death of Spouse/ High Cost of Living/Others (Specify) 
8) Nature of family : Nuclear/ Joint 
9) Marital Status : Married/unmarried/ widowed/ divorced/ separated 
   a) Occupation of the spouse (specify): 
   b) Place of residence of spouse and distance between your house: 
   c) If widowed your age at the death of spouse: 
   d) Period of married life : 
   e) Age at first marriage (in the case of remarriage) 
10) Educational qualification : 
   1. No formal education 
      a) Know to read and write 
      b) Does not know to read and write 
   2. Formal education 
      a) Primary (1-4) 
      b) Upper primary(5-7) 
      c) Secondary (8-10) 
      d) Higher secondary 
      e) Graduation 
      f) Post graduation
g) Others specify

11) Head of the family:
   a) Relation with elderly:

12) Details of children/family members

<table>
<thead>
<tr>
<th>Relation with elderly</th>
<th>Age</th>
<th>Marital status</th>
<th>Educational qualification</th>
<th>Employment status</th>
<th>Income Work</th>
<th>Other sources</th>
<th>Their residing place</th>
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<tbody>
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13) Details of housing facilities

   House: Owned/rented/owned by children/owned by relatives
   a) If rented, who pays the rent: Yourself/children/shared/borrow from relatives/bank balance/ income
   b) If owned, ownership of the house: Self/Spouse/Children
   c) Specify land area:
   d) If it is owned by children, how did they acquire it: inherited/purchased using their money/other reasons (specify)

14) Housing conditions
   a) Type of roof: Tiled/Thatched/Terrace/Others
   b) Availability of electricity: Yes/No
   c) Availability of water: own pipe/own well/ Panchayat well or tap/others
   d) Toilet facility: Own toilet/shared with others/ others (specify)
   e) No.of rooms:
   f) Do you have separate room in the house: Yes/No
   g) If the house is owned by relatives, do you have the freedom to use the facilities at home: use the entire area/ use limited/ others (specify)

15) Living arrangements
   a) With children and grand children, no spouse
   b) With spouse and children
c) With spouse only and child close by

d) With spouse only and no child close by

e) Living alone and child close by

f) Living alone, no child close by

g) With relatives

h) With non-relatives

i) In old age homes (public/private) or similar institution

16) Are you satisfied with the existing living arrangement – satisfied/not satisfied

If not, with whom do you like to stay with -

If not satisfied, why (specify reasons)

17) If living alone who took the decision to live alone- Yourself/children

a) If decision is taken by you, what prompted you to take it- own preference/migrated children/problem with children/no children or close relative/other factors/problem with daughter in law/ son in law

18) If staying alone and no child close by how often children visit you –frequently/once in a month/once in a year or two/occasionally/never

19) If staying with children, do you share household expenses- Yes/No

a) If yes, are you giving it willingly- Yes/No

b) specify your approximate share in household expenses and for what purpose –

20) Did you face any misbehaviour from your children- Yes/No

a) If yes, why you are residing with them – because of financial difficulties/do not like to live alone/ No other place to go/ Other reasons (specify)

b) Type of misbehaviour you are facing: you are not consulted/cared/not giving proper food/ difference of opinion with in laws/ others

Details of health condition of elderly

21) How you rate your health- satisfied/ dissatisfied/ highly dissatisfied

a) How you rate the health of spouse - satisfied/ dissatisfied/ highly dissatisfied

b)Who take care of spouse health: yourself/Children/daughter in law/spouse

22) Do you have any health problems or diseases occurred during the last year-

a) Diabetes   b) Heart problems c) arthritis d) asthma e) any other problems

a) In case of problems do you have the practice of keeping health records

23) Do you go for any medical check up- Yes/No

a) If yes, how frequently do you go for the medical check up- once in a month/once in 6 months /yearly
b) If no, specify the reason- lack of money/children not interested/not able to travel/feels healthy/others

24) Do you find the medical check up unaffordable – Yes/No.
   If yes, who helps you to pay for it – own savings/spent by children / Aid from relatives/ Aid from institutions/other sources

25) Have you attend any medical camp organized by Panchayat or other institutions in the locality – Not aware of it/no such camps/ attends regularly/Children do not take to camp

26) Do you have any of the problems given below
   a) Hearing and vision problem
   b) sleeping problem
   c) Joint pains
   d) Poor attention span
   e) Trembling hand
   f) Weak memory
   g) Immobility
   h) Other problems (specify)

27) Type of treatment you prefer- Ayurveda/Allopathy/Homeopathy/Self treatment/ No treatment/integrated medicine

28) Reason for following this treatment- effective/no side effects/low cost/you prefer it/available nearly /others

29) Type of hospital you prefer- Govt.hospital/private hospital/others (specify)

30) Mention why you prefer this particular treatment –(if more than one rank them)
   a) Availability of free services b) located near by c) good care and attention  f) other reasons.

31) Are you covered under any health insurance scheme- Yes/No
   a) If yes, mention it-
   b) (Time period)-
   c) Who started health cover for you –yourself/spouse/children/employer/gift

32) Who will care you when you fall ill- husband or wife/son or daughter/daughter in law/relatives/no one to care

33) Employment status- Employed/unemployed
   a) if employed, then activity engaged-
b) reason for working – financial difficulties/ to engage in some activities/ got job near to home/ got job of my preference/ other reasons

c) If unemployed, early activity status-

  d) reason for not working – physical constraint/ enjoying leisure/ not interested to work/not allowed by children/other reasons/lack of education or required skill

34) Duration (in hrs) of

  Work related activities-
  Household activities-
  Leisure-

35) Details of income

<table>
<thead>
<tr>
<th>Before</th>
<th>After</th>
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<tbody>
<tr>
<td>Income from work</td>
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<tr>
<td>Income from other sources</td>
<td></td>
</tr>
<tr>
<td>Social security benefit/pension</td>
<td></td>
</tr>
<tr>
<td>Total family income</td>
<td></td>
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</tbody>
</table>

36) Details of income from other sources

  a) Income from property-
  b) Assistance provided by sons or daughter-
  c) Benefits received from any charitable institutions/organizations-
  d) Other sources

37) Expenditure pattern (if staying alone)

<table>
<thead>
<tr>
<th>In Rs.</th>
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<tbody>
<tr>
<td>I   Food items</td>
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<tr>
<td>II  Non-food items</td>
</tr>
<tr>
<td>a) health</td>
</tr>
<tr>
<td>b) clothing</td>
</tr>
<tr>
<td>c) house rent/loan</td>
</tr>
<tr>
<td>d) others</td>
</tr>
<tr>
<td>Total</td>
</tr>
</tbody>
</table>
a) Who pays for the above items: alone/aid from children/ savings/others

38) Do you have savings – yes/No

39) Savings at present (in Rs)-

40) Mode of savings – chitties/ kuries/ post office saving bank/banks /others

41) Asset position (only if it is owned by elderly)

<table>
<thead>
<tr>
<th>Item</th>
<th>Value (in Rs)</th>
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<tbody>
<tr>
<td>Land</td>
<td></td>
</tr>
<tr>
<td>House</td>
<td></td>
</tr>
<tr>
<td>Gold</td>
<td></td>
</tr>
<tr>
<td>Radio</td>
<td></td>
</tr>
<tr>
<td>TV</td>
<td></td>
</tr>
<tr>
<td>Refrigerator</td>
<td></td>
</tr>
<tr>
<td>Fan</td>
<td></td>
</tr>
<tr>
<td>Furniture</td>
<td></td>
</tr>
<tr>
<td>Securing machine</td>
<td></td>
</tr>
<tr>
<td>Others (specify)</td>
<td></td>
</tr>
</tbody>
</table>

a) After your death who will be having the ownership of your savings/assets-

b) While you prepared will do you give special preference to the person you spend your old age-

42) Do you have debt- Yes/No

   a) Specify the amount and details of debt-

43) Do you help children in the following household activities

   a) Preparing food for family members – always/occasionally/rarely/very rarely/ never
   b) Cutting vegetables- always/occasionally/rarely/very rarely/ never
   c) Cleaning utensils- always/occasionally/rarely/very rarely/ never
   d) Cleaning/ sweeping - always/occasionally/rarely/very rarely/ never
   e) Washing clothes - always/occasionally/rarely/very rarely/ never
   f) Child care - always/occasionally/rarely/very rarely/ never
   g) Go to shops - always/occasionally/rarely/very rarely/ never

44) Are you doing the above activities willingly – Yes/No
a) For elderly women living alone, Is there any one to help you in these activities –
Yes/No. If yes, specify it.
45) Degree of participation in the activities given below – regular or active participation / interested but no opportunity/ not interested/occasionally
   a) visit friends or relatives
   b) write letter
   c) telephone friend/ relatives
   d) visit religious places
   e) go for a walk
   f) reading papers/ magazine
   g) go for cinema
   h) listening to TV/Radio
   i) learn something new
   j) involved in local club or social activities
46) Do the family members do the following?
   a) sit and talk to you
   b) share problems with you-
47) Participation in family matters
   a) Complete control
   b) participate in decision but no role in decision-making
   c) not informed
   a) Reason for not participating – Children are well grown/ not contributing in household expenses/ not consulting
48) Are you satisfied with the support provided by the children in the following matters?
   a) basic needs – highly satisfied/ satisfied/ dissatisfied/ highly dissatisfied
   b) monetary needs – highly satisfied/ satisfied/ dissatisfied/ highly dissatisfied
   c) Physical needs – highly satisfied/ satisfied/ dissatisfied/ highly dissatisfied
   d) Emergency needs – highly satisfied/ satisfied/ dissatisfied/ highly dissatisfied
   e) love and care at ill- highly satisfied/ satisfied/ dissatisfied/ highly dissatisfied
49) Your major care provider in the above matter – spouse/children/relatives/grand children/others (specify)
50) When you started feeling that you are becoming old – weak memory/ becoming dependent/ retire from work/ arrival of grand children/ others (specify)
51) Do you find difficulty in adjusting with children – always/occasionally/rarely/very rarely/ never

52) Do you feel that caring for aged has become a burden for children - always/occasionally/rarely/very rarely/ never

53) Do you feel that you have the ability to manage your financial matters (about pension or social security?) independently- always/occasionally/rarely/very rarely/ never

54) Do you have any friends to share your problems – Yes/ No

55) Are you able to maintain the standard of living and social status even now – Yes/ No

56) Do you have the feeling that you are isolated or marginalized – Yes/ No

56)1) Are you invited by the family members for the pleasure trips yes/no

2) if no why-

57) Have you transferred land to children – Yes /No

a) If yes, give details –

b) Mention the reason – gift at marriage/ demand from children/ share on partition/ to help them for house construction.

c) If no, why?

58) Problems faced by elderly–(if more than one rank them)

a) Financial problem

b) Loneliness

c) Poor health condition-

d) Lack of recreational facilities

e) Unfinished familiar tasks

f) Rude behaviour of children

g) Physical immortality

h) Economic exploitation by children/children cheating you in financial matters

i) Lack of good friends

j) other problems (specify)

59) To widows – Do you inherit land from your spouse – Yes/no

(after death)

If no why – landless/ children took share/ received share already/ others (specify)

b) Do you feel that after the death of spouse, the attitude of the children has changed-yes/no

60) Are you aware of other facilities provided by govt?

a) Special interest rate in bank accounts

b) Concession for tickets in train
c) Reservation of seats in buses
d) Reverse mortgage scheme
e) Protection and care from children at oldage a legal right

For social security beneficiaries

61) Type of social security benefit received
62) Amount in Rs.-
63) Frequency of getting social security benefit – monthly/ once in 2 months/quarterly/ others
64) How many years you were receiving social security benefit-
65) Did you face any problems in receiving the benefit – Yes/No
   If yes, specify it
66) From where you got information about these schemes – local leaders/ panchayat members / friends or relatives/ others
67) For what purpose you are using the money
68) Is the amount enough to meet your basic necessities – Yes/No
   a) If no, specify the amount needed to fill the gap
69) How you manage it – from past savings / from work assistance from children/ borrow from relatives or others / got support from charitable institution/ poverty allowances or other benefits
70) Specify whether you are receiving similar benefits (financial, health etc) from govt. or other organization-

For pension holders

71) When you retired-
   a) years of service
72) Specify the organization from where you retire
a) whether your employer taken care of your retirement
73) Your earlier employment
74) Are you getting regular pension- Yes/No
   a) if not what you are getting in exchange for it-
   b) are you receiving any thing in exchange for it- Yes/No
   c) specify it-
75) Amount you receives as pension at present ( monthly)
   a) Your initial pension amount -
76) How long have you been getting pension
77) How much it cost you to collect the pension amount (monthly)
78) For what purpose you spend your pension amount -
79) Do you think your pension amount is enough to meet your expenditure – enough to meet
/ some times find it difficult/ never
   a) if b or c, specify the amount needed to fill the gap
   b) How you manage it – past savings/ borrow from others/ help from children/ other sources (specify)
   c) if option (a), how long do you think you will be able to live with existing savings
80) Do family members depend on you for money – yes/No
   a) If yes, no: of dependent (with details) –
   b) Reason for dependence – unemployed children / employed but not enough money/ other reasons
81) Amount received at the time of retirement-
   a) How did you spend it –
82) Did you plan for your retired life earlier – yes/ no
83) To women, who collect your pension from treasury – only by you/ by husband/ by son or daughter/ relatives/ others
84) Whether you receive food to your preference – regular / occasionally/ never
   a) Reason for not receiving – due to illness/ family not in a position/ family not interested in providing / other reasons
85) Do you spend the amount (pension/social security) according to your preference – regular / occasionally / never
   If no, why – give the amount directly to children/ not in a position to spend as you wish/ not allowed by children.
General questions
86) Are you aware of oldage home or pakalveedu- yes/no
87) Are you willing to go to old age home-yes/no
   a) if yes or no specify the reason
88) Statements for measuring the satisfaction level of elderly
   Mark appropriate level-strongly agree/ agree/ strongly disagree/ disagree/ no opinion.
      1) I am happy to be an elderly
      2) I have very good relationship with my in-laws
      3) I am proud of my children and their life.
      4) I am satisfied with my present living arrangements.
5) I am always consulted at home
6) I am getting special care at home
7) I have very good relationship with grand children
8) I am healthy
9) Even at old age I have reasonable income
10) I am secured
11) I am not alone and there are many to support me
12) My mind is not disturbed and not worried about my future
13) I am happy with the living habits of younger generation
14) I am not worried about fall in moral values and ethics
15) I do have sufficient individual and social freedom
16) Experience and expertise of the old age is valued and used
17) I feel my life is a success
18) My presence is a blessing in the family
19) There are ample opportunities for the recreation of the old
20) I always use my voting rights