

LIST OF PLATES

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2.	Physical fitness test by Step-Test method	99 - 100
3.	Mobility of spinal curvature by flexi curve technique - Standing posture	105 - 106
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Women in Agricultural Activities		191-199
5.	Picking of stalks and stubbles	
6.	Wheat crop cutting	
7.	Jowar crop cutting	
8.	Cotton picking	
9.	Unloading of cotton	
10.	Winnowing	
11.	Carrying of loads	
12.	Heaping	
13.	Cleaning of grains	