ACKNOWLEDGEMENT
ACKNOWLEDGEMENT

The investigator is greatly indebted to the Founder President, Chancellor Dr. T.S. Avinashilingam, (Ayya Avl.), whose magnificent generosity has provided the Temple of learning - Avinashilingam Institute. She is profusely grateful to Dr. Rajammal P. Devadas, M.A., M.Sc., Ph.D. (Ohio State), D.Sc. (Madras), Vice Chancellor, Avinashilingam Institute for Home Science and Higher Education for Women, for granting an opportunity to do research. Well known for her restless striving towards academic excellence, she has been a constant source of strength and inspiration. Her invaluable suggestions, corrections and directions have helped the investigator at every step and enabled her to accomplish the work successfully.

The investigator is thankful to Dr. Godavari Kamalanathan, Director, Sri Avinashilingam Education Trust Institutions for her guidance for the project. She owes her gratitude to Dr. K. Kulandaivel, Registrar, for rendering assistance in conducting the study. She is immensely grateful to Dr. Lakshmi Shanta Rajagopal, Dean, Faculty of Home Science, for her encouragement. The investigator expresses her immense thanks to Dr. S. Sithalakshmi, Professor and Head, for her constant encouragement and facilities.

Her grateful thanks are due to Dr. Muthiah Manoharan, Training Organiser, Krishi Vigyan Kendra, Vivekanandapuram
and colleagues in Sri Avinashilingam Rural Centre, Vivekanandapuram, Miss S.K. Suki and Miss P.J. Elizabeth, Investigators, CAPART Project, Teaching and Non Teaching Staff, Extension Department, Officials and non-officials, Karamadai Panchayat Union and Mr. Sekhar, my life partner.