APPENDIX-I

(TOOLS USED)
NEO-PI

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Instruction:

Write only as indicated in this booklet. "Carefully read all of the instructions before beginnings. This questionnaire contains 60 statements. Read each statement carefully. For each statement circle the response that best represents your opinion."

- Encircle SD if you strongly disagree or the statement is definitely false.
- Encircle D if you disagree or the statement is mostly false.
- Encircle N if you are neutral on the statement, you cannot decide, or the statement is about equally true and false.
- Encircle A if you agree or the statement is mostly true.
- Encircle SA if you strongly agree or the statement is definitely true.

For example, if you strongly disagree or believe that a statement is definitely false, you would fill in the SD of that statement

EXAMPLE

SD D N A SA

Circle only one response for each statement. Respond to all of the statement, making sure that you circle that correct response. DO NOT ERASE If you need to change an answer, make an “X” through the incorrect response and fill in the correct response.

Note that the response and numbered in rows. Before responding to the statements, turn to the answer sheet and enter your name, age and sex.
1. I am not a worrier.
   A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

2. I like to have a lot of people around me.
   A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

3. I don't like to waste my time daydreaming.
   A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

4. I try to be courteous to everyone I meet.
   A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

5. I keep my belongings clean and neat.
   A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

6. I often feel inferior to others.
   A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

7. I laugh easily.
   A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

8. Once I find the right way to do something, I stick to it.
   A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

9. I often get into arguments with my family and co-workers.
   A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

10. I'm pretty good about pacing myself so as to get things done on time.
    A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

11. When I'm under a great deal of stress, sometime I feel like I'm going to pieces.
    A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

12. When I'm consider myself especially "light-hearted"
    A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

13. I am intrigued by the patterns I find in arts and nature.
    A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

14. Some people think I'm selfish and egoistic.
    A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

15. I am not a very methodical person.
    A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

16. I rarely feel lonely or blue.
A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

17. I really enjoy talking to people.

A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

18. I believe letting student to hear the controversial speakers, which can only confuse and mislead them.

A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

19. I would rather co-operate with others than compete with them.

A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

20. I try to perform all the task assigned to me conscientiously.

A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

21. I often feel tense and jittery.

A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

22. I like to be where the action is.

A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

23. Poetry has little or no effect on me.

A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

24. I tend to be cynical and skeptical of other’s intentions.

A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

25. I have a clear set of goals and work toward them in an orderly fashion.

A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

26. Sometimes I feel completely worthless.

A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

27. I usually prefer to do things alone.

A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

28. I often try new and foreign foods.

A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

29. I believer that most people will take advantage of you if you let them.

A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

30. I waste a lot of time before settling down to work.

A- Strongly Disagree  B- Disagree  C- Neutral  D- Agree  E- Strongly Agree

31. I rarely feel fearful or anxious.
<p>| | | | | |</p>
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<thead>
<tr>
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<tbody>
<tr>
<td>A- Strongly Disagree</td>
<td>B- Disagree</td>
<td>C- Neutral</td>
<td>D- Agree</td>
<td>E- Strongly Agree</td>
</tr>
<tr>
<td>32. I often feel as I'm bursting with energy.</td>
<td>A- Strongly Disagree</td>
<td>B- Disagree</td>
<td>C- Neutral</td>
<td>D- Agree</td>
</tr>
<tr>
<td>33. I seldom notice the moods or feeling that different environments produce.</td>
<td>A- Strongly Disagree</td>
<td>B- Disagree</td>
<td>C- Neutral</td>
<td>D- Agree</td>
</tr>
<tr>
<td>34. Most people I know like me.</td>
<td>A- Strongly Disagree</td>
<td>B- Disagree</td>
<td>C- Neutral</td>
<td>D- Agree</td>
</tr>
<tr>
<td>35. I work hard to accomplish my goals.</td>
<td>A- Strongly Disagree</td>
<td>B- Disagree</td>
<td>C- Neutral</td>
<td>D- Agree</td>
</tr>
<tr>
<td>36. I often get angry at the way people treat me.</td>
<td>A- Strongly Disagree</td>
<td>B- Disagree</td>
<td>C- Neutral</td>
<td>D- Agree</td>
</tr>
<tr>
<td>37. I am cheerful, high-spirited person.</td>
<td>A- Strongly Disagree</td>
<td>B- Disagree</td>
<td>C- Neutral</td>
<td>D- Agree</td>
</tr>
<tr>
<td>38. I believe we should look to our religion authorities for decisions on moral issues.</td>
<td>A- Strongly Disagree</td>
<td>B- Disagree</td>
<td>C- Neutral</td>
<td>D- Agree</td>
</tr>
<tr>
<td>39. Some people think of me as cold and calculating.</td>
<td>A- Strongly Disagree</td>
<td>B- Disagree</td>
<td>C- Neutral</td>
<td>D- Agree</td>
</tr>
<tr>
<td>40. When I make a commitment, I can always be counted on to follow through.</td>
<td>A- Strongly Disagree</td>
<td>B- Disagree</td>
<td>C- Neutral</td>
<td>D- Agree</td>
</tr>
<tr>
<td>41. Too often, when things go wrong, I get discouraged and feel like giving up.</td>
<td>A- Strongly Disagree</td>
<td>B- Disagree</td>
<td>C- Neutral</td>
<td>D- Agree</td>
</tr>
<tr>
<td>42. I am not a cheerful optimist.</td>
<td>A- Strongly Disagree</td>
<td>B- Disagree</td>
<td>C- Neutral</td>
<td>D- Agree</td>
</tr>
<tr>
<td>43. Sometimes when I am reading poetry or looking at a work of art, I feel a chill or wave of excitement.</td>
<td>A- Strongly Disagree</td>
<td>B- Disagree</td>
<td>C- Neutral</td>
<td>D- Agree</td>
</tr>
<tr>
<td>44. I'm hardheaded and tough-minded in my attitudes.</td>
<td>A- Strongly Disagree</td>
<td>B- Disagree</td>
<td>C- Neutral</td>
<td>D- Agree</td>
</tr>
<tr>
<td>45. Sometimes I'm not as dependable or reliable as I should be.</td>
<td>A- Strongly Disagree</td>
<td>B- Disagree</td>
<td>C- Neutral</td>
<td>D- Agree</td>
</tr>
<tr>
<td>46. I am seldom sad or depressed.</td>
<td>A- Strongly Disagree</td>
<td>B- Disagree</td>
<td>C- Neutral</td>
<td>D- Agree</td>
</tr>
</tbody>
</table>
47. My life is fast-paced.

48. I have little interest in speculating on nature of the universe or the human condition.

49. I generally try to be thoughtful and considerate.

50. I am a productive person who always gets the job done.

51. I often feel helpless and want someone else to solve my problem.

52. I am a very active person.

53. I have a lot of intellectual curiosity.

54. If I don't like people, I let them know it.

55. I never seem to be able to get organized.

56. At times I have been so ashamed I just wanted to hide.

57. I would rather go my own way then be a leader of others.

58. I often enjoy playing with theories or abstract ideas.

59. If necessary, I am willing to manipulate people to get what I want.

60. I strive for excellence in everything I do.
Consumable Booklet
of
F E S
(English Version)

Dr. Harpreet Bhatia (Hyderabad)
Dr. N. K. Chadha (New Delhi)

Please fill up the following in formations:-

Name .................................................................
Age ......................................................Sex ................................
Family Income ..................................................

INSTRUCTIONS

This booklet contains some statements. These Statements are about your family, you have to decide which of these statements are applicable to about your family and which are not. Alongside the statements have FIVE cells (□). If you Strongly Agree with the statement, mark tick (✓) under the cell labeled ‘Strongly Agree’. If you strongly disagree with the statement, make tick under the cell labeled ‘Strongly Disagree’. Fir in between preferences marks accordingly ‘Agree’, ‘Neutral’ or ‘Disagree’.

Give us your general impression of your family. There are no rights or wrong answers to any statement. Your responses will be kept in strict confidence and will be used only for research purposes.

Please respond to each statement and do not leave any statement unanswered. Your help will be duly acknowledged.
1. We enjoy doing things together.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

2. Family members often to not express their feelings.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

3. Breaking things in anger is quite common in our family
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

4. Making decisions independently is strongly encouraged in our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

5. In our family everyone is encouraged to play and interact with neighbors
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

6. Responsibilities are not taken seriously in our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

7. All members of the family are expected to be together for at least one meal in a day.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

8. Affection is expressed openly, quite often in our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

9. Togetherness is the basic feeling of our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

10. Our feelings of happiness are shared openly with others in our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

11. Beating up people in anger is not seen in our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

12. There are a lot of restrictions in our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

13. Friends and guests are always welcome in our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

14. Everyone in our family is well aware of their responsibilities.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree
15. Nobody in our family is bothered about rules of any kind.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

16. Everyone in our family listens to what each one of us has to say.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

17. Whenever any work comes up, everyone tries to get our of the situation.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

18. It is difficult to express ourselves openly for fear of some one reacting to it angrily.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

19. Everyone tries to sort things out if there is a disagreement in the family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

20. Thinking for ourselves is not encouraged in our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

21. We often go out together for movies in our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

22. Going for programmes without informing at home is not accepted in our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

23. Nobody bothers to look after anyone else in our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

24. Any new situation that arises is discussed openly in the family in order to get ideas and suggestions from every body.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

25. We talk about our personal problems to each other in our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

26. When members are angry, they do not talk to each other for fays together.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

27. In our family, members ask for what they need, quite openly.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

28. Having hobbies is encouraged in our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

29. Quite often members of our family stay our without in forming at home.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

30. Only when we do something well we get praise and attention from others in our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

31. Family members do not get along with each other.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

32. Complaining about something that we don't like is not accepted in our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

33. Finding faults with each other are quite common in our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

34. It is difficulty to do something on your own in our family, without someone feeling rejected or left out.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

35. Watching TV's our only form of entertainment.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

36. There is plenty of time and attention for everyone in our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

37. Everyone comes together to sort out any new situation that may arise in our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

38. At home we feel free to anything we want to.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

39. Shouting in anger is not common in our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree
40 Everyone is expected to accept all decisions made in the family, whether they like it or not.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

41 Our family members are just confined to either work or school.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

42 We are careful not to hurt anyone in the family by making thoughtless remark.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

43 Whenever something needs to be done in the house everyone joins in family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

44 When any member is feeling upset, he/she talks to some one in the family
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

45 The members of our family constantly keep bickering over small matters.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

46 Whenever a marriage takes place in our family the person concerned is asked his/her views.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

47 We go out often to visit friends or relations.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

48 In our family if anyone is upset, there is always some one to comfort them.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

49 There is no sense of closeness in our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

50 Family members often keep their feeling to themselves.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree

51 Whenever anyone in our family is angry with another member, he makes sure to sort out things with him.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree
52 The decision to take on or continue a particular job is taken by the family members concerned in consultation with other family members.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree
53 Joking and laughing is not encouraged in our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree
54 When things get tough there is always someone in the family whom we can turn to.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree
55 When someone is sick in our family everyone participated in looking after the person.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree
56 Expressing an opinion about matters at home is strongly encouraged in our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree
57 Whenever a family member dose something well, the other members feel upset about it.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree
58 All major decisions in our family are taken by the elders in our family, without asking any one else’s opinion.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree
59 There is a lot of affection amongst our family members.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree
60 When a family vacation is planned we all give our suggestions.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree
61 Our family believes in not letting differences continue unsorted out.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree
62 It any member gets into trouble he/she gets help and sympathy from other family members.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree
63 When in trouble, all of us stand up for our family member.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree
64 Quite often members of our family fail to arrive at a mutually acceptable solution.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree
65 When anyone makes a mistake, the other members ridicule him.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree
66 In our family, we enjoy sitting together and talking to each other.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree
67 Showing anger by banging doors is rarely seen in our family.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree
68 Members of our family are very critical of each other.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree
69 All of us participate together in family functions/programmes.
A-Strongly Agree  B-Agree  C-Neutral  D-Disagree  E-Strongly Disagree