CONTENTS

Introduction. --- --- A - C
Abbreviations. --- --- 1 - 35

Chapter I Mysticism: Its Nature and Types
Mysticism and allied fields --
Mysticism and Psychology --
Mysticism and Spiritualism --
Mysticism and Metaphysics --
Mysticism and Philosophy --
Mysticism and Religion --
Mysticism defined --
Types of mysticism -- Emotional and
Intellectual -- Extrovertive and
Introvertive -- God mysticism, Soul
mysticism and Nature mysticism --
Love mysticism: Voluntaristic or Bhakti
mysticism -- Sacred and Profane
mysticism -- Religious and Diabolical
mysticism.

Chapter II Mystical Experience --- 35 - 64
The mystic -- Mystic beliefs -- Mystic
experience as love -- Grace and effort --
Ecstasy or samadhi -- The mystic paradox --
Characteristics of mystical experience --
Ineffability -- Noetic quality --
Transiency -- Passivity -- Consciousness
of oneness of everything -- The sense
of timelessness.
Chapter III Indian Mystic Tradition and Guru Nanak 65 - 139


Chapter IV Guru Nanak as a Mystic 140 - 176


Chapter V Mystical Concepts of Guru Nanak - I 177 - 233

The mystic ground or God mysticism — Nirgun Brahm or Godhead — Sargun Brahm or Creator — God — Srishti (Creation) and maya — Nature mysticism — Cosmo-mystical regions — Hukam or divine order — Nam or Divine Name.
<table>
<thead>
<tr>
<th>Chapter VI</th>
<th>Mystical Concepts of Guru Nanak - II</th>
<th>234-303</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>The mystic Path: Soul mysticism --</td>
<td></td>
</tr>
<tr>
<td></td>
<td>The Guru and Sabad -- Grace and</td>
<td></td>
</tr>
<tr>
<td></td>
<td>free will --</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Ego (haumai) and duality (dubidha) --</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Loving devotion: Love mysticism --</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sahaj and anhad: Esoteric mysticism.</td>
<td></td>
</tr>
</tbody>
</table>

| Chapter VII | Conclusion | --- | --- | --- | 304-310 |
|            | Bibliography | --- | --- | --- | 1-11   |