

## LIST OF ABBREVIATIONS

%	:	Percentage
\$	:	United States dollar
1/3	:	One- third
AMA	:	American Medical Association
AMED	:	Allied and Complementary Medicine
ANCOVA	:	Analysis of Covariance
AUS	:	Australia
BioMed	:	Biomed Central
BLR	:	Bilateral Leg Raise
C0-C1	:	Atlanto-Occipital Joint
C1	:	First Cervical Vertebrae
C2	:	Second Cervical Vertebrae
C3	:	Third Cervical Vertebrae
C4	:	Fourth Cervical Vertebrae
C5	:	Fifth Cervical Vertebrae
C6	:	Sixth Cervical Vertebrae
C7	:	Seventh Cervical Vertebrae
C8	:	Eighth Cervical Nerve Root
CO <sub>2</sub>	:	Carbon Dioxide
CINAHL	:	Cumulative Index for Nursing and Allied Health Literature
CV	:	Cranio-Vertebral
DV	:	Dependent Variable
EMG	:	Electromyography
GP	:	General Practitioner
IV	:	Independent Variable
k <sup>+</sup>	:	Potassium Ion

LASER	:	Light Amplification by Stimulated Emission of Radiation
LBP	:	Low Back Pain
LE	:	Lateral Epicondyle
LLLT	:	Low Level LASER Treatment
MCP	:	Meta-Carpo Phalangeal
mm	:	Millimetre
MPQ	:	McGill Pain Questionnaire
MT	:	Manual Therapy
MWMs	:	Movement with Mobilization
MWMLE	:	Mobilisation with Movement Lateral Epicondylalgia
NAGs	:	Natural Apophyseal Glides
NBQ	:	Neck Bournemouth Questionnaire
NDI	:	Neck Disability Index
NPAD	:	Neck Pain and Disability Scale
NRS	:	Numeric Rating Scale
NSAIDs	:	Non-Steroidal Anti Inflammatory Drugs
PEDro	:	Physiotherapy Evidence Database
PFGs	:	Pain Free Grip Strength
pH	:	Power of Hydrogen
pO <sub>2</sub>	:	Partial Pressure of Oxygen
PPT	:	Pressure Pain Threshold
PSFS	:	Patient Specific Functional Scale
PT	:	Physical Therapy
RCT	:	Randomised Controlled Trial
ROM	:	Range of Motion
SC	:	Skin Conductance
SD	:	Standard Deviation
SE	:	Standard Error
SF36	:	Short Form 36

SLR	:	Straight Leg Raise
SMWAM	:	Spinal Mobilisation with Arm Movements
SMT	:	Spinal Manipulative Therapy
SNAG	:	Sustained Natural Apophyseal Glides
SPADI	:	Shoulder Pain and Disability Index
SPI	:	Short Pain Inventory
SRT	:	Situational Reaction Test
STAI	:	State and Trait Anxiety Inventory
T1	:	First Thoracic Vertebrae
T3	:	Third Thoracic Vertebrae
TENS	:	Transcutaneous Electronic Nerve Stimulator
TSM	:	Thoracic Spine Manipulation
UK	:	United Kingdom
U.S.	:	United States
VAS	:	Visual Analogue Score