APPENDIX
BRIEF SCHEME OF A LONG TERM PLAN FOR THE IMPROVEMENT AND DEVELOPMENT OF FOOTBALL IN THE COUNTRY

(1) For the purpose of long term coaching, the country may be divided into five zones namely East, West, North, South and Central zones and at least one coach is appointed in each zone. If the Federation can afford to spend more, we may divide the country into eight zones. All AIFF members should be distributed in these zones. I suggest Bengal, Assam, Mizoram, Meghalaya, Nagaland, Sikkim Tripura and Arunachal Pradesh, Manipur for the Eastern Zone and coaches to be appointed in this Zone. Maharashtra, Rajasthan, Goa, Gujarat should from the Western Zone. Delhi, Jammu & Kashmir, Punjab, Chandigarh, Harayana, and Himachal Pradesh should be in the Central Zone. SSCB and RSCB can be placed in Northern and Central Zones respectively. The last Four Zones can have one coach each. On request a coach may be sent for two months to Andaman Nicobar & Lakshadweep Islands.

(2) The Federation should invite applications from the coaches either through the Members or directly and appoint a committee to select the Coaches. This committee can vet the applications and call the "picked up" Coaches for an interview in which the coaches can be asked to conduct theory and practical classes. This is because of the fact that playing experience is alone not
enough to make a player, a good coach. Teaching aptitude and power of convincing expression, apart from demonstration, is very important. No doubts playing experience is an asset. Once selected, these coaches will have to serve the AIFF (in their respective zones) throughout the year. A period of two months leave, in a year, is very essential. As far as possible, these coaches should be ex National Players as they will carry more weight and more impression on the trainees. This is not a must in all cases as there may be quite a few excellent players without teaching aptitude and power of expression and there may be mediocre players with better coaching aptitude & talent.

(3) A programme should be made by the AIFF members (State Associations) of each zone, in consultation with the coach, for conducting the camp under the jurisdiction of a member. A copy of the programme should be sent to the AIFF (President & Secretary).

(4) It should be the responsibility of these Coaches to conduct coaching camps for players of various age groups. There is no need to include players above 23 years in these camps. Good players above 23 years can play for State or Country if they are good. These coaches should also conduct courses for the coaches of the members. Thus it will be a whole time job for the
Coaches. The State Coaches after attending these courses can continue such Cmaps in districts. However, this should be left to the Members. After every assignment, the Coach should be given a period of minimum two weeks to recover. They along with the President & the Secretary of the AIFF should from the Coaches/ Technical Committee. This being a very important committee should have the President as its Chairman & Secy. as its convenor.

(5) The Coaches should draw out a programme for the players of the various age groups and it would be better if all Federation Coaches are assembled to discuss their programmes among themselves and along with the President and secretary AIFF.

(6) I would suggest a tournament among the Zonal teams of various age groups but it depends on the AIFF'S annual programme. As it is with Nehru Cup, Nationals and Federation Cup, the Members find it difficult to have their own tournaments. I have another suggestion and it is to scrap the Federation Cup because Federation Cup is, generally, the first tournament after the Inter State transfers. A few big teams suffer on account of their players leaving (for e.g. teams from Goa, kerala, Bangalore, etc.) to join teams in other States and the glamour clubs from Calcutta find it difficult to play immediately after the Inter State transfer as they
hardly get any time to prepare their teams. Instead, we can introduce Zonal tournaments and these should be organised in the Zones, turn by turn.

(7) The Minimum pay for these Coaches should be Rs. 3500/- per month. The Member, under whose jurisdiction the camp is organised, should be responsible for 1st class to & fro train fare, accommodation in a very decent hotel and Rs. 100/- per day as Boarding charges and also during travelling. The Federation will have to spend an amount of Rupees two lacs sixteen thousand (Rs. 2,16,000/- per year at the rate of Rs. 4,000/- per month to a coach. The member will have to pay Rs 6000/- (Boarding charges for two month) for two months in addition to first class train fare and accommodation charges. I think this is very reasonable. I may be corrected if I say that on the BDR and Yugoslav Coaches, we must have spent not less than Rupees five lacs (including Air Passage, free hospitality and their pay) and with what achievements.

The AIFF can approach Big Business houses and also the Government of India to meet these expenses and I think this is hardly any amount for the Government or the Business houses. Even the allowances of the Coaches, their travelling expenses and accommodation charges can also be covered in grants from the Government and from the donations by the
major Concerns of the Country. My calculations may not be very accurate. These are penned down at a glance. These coaches should also be called for the Nehru Cup and Nationals and if time permits for a couple of premier tournaments of the Country.

This scheme is not the last word. This can be improved upon. I am prepared to discuss with the AIFF office bearers, if required.

I hope it may not be inconvenient for you, the Secretary and the Working Committee Members of the AIFF to give a thought to this Scheme.

(S.S. HAKIM)
DIRECTOR
NIS HATC SHIMLA
KANAN BALA BUILDING
KHALINI SHIMLA-2, HP
From: SHIMLA
(S.S. HAKIM)
DIRECTOR
NIS HATC SHIMLA
KANAN BALA BUILDING
KHALINIG SHIMLA-2, HP

Dated:

To,
THE PRESIDENT,
ALL INDIA FOOTBALL FEDERATION.

Sir,

You may recollect that a couple of years back I had sent a scheme for the development and improvement of football in the Country. I had sent the copies of this scheme to the other office bearers of the AIFF. Unfortunately, I didn't even get an acknowledgement.

The performance of the National Football team, in the Asian Games, has proved that we are among the last four teams of Asia. To prove my statement I'll quote from the technical report which was published in the Seoul Asiad News regularly. The report which appeared in the said newspaper dated Sep, 29, 1986 is as follows:

<table>
<thead>
<tr>
<th>Country</th>
<th>Points</th>
<th>Played</th>
<th>Won</th>
<th>Tied</th>
<th>Lost</th>
<th>Fo</th>
<th>Against</th>
<th>Difference</th>
</tr>
</thead>
<tbody>
<tr>
<td>India</td>
<td>0</td>
<td>3</td>
<td>0</td>
<td>0</td>
<td>3</td>
<td>1</td>
<td>8</td>
<td>-7</td>
</tr>
<tr>
<td>Bangladesh</td>
<td>2</td>
<td>4</td>
<td>1</td>
<td>0</td>
<td>3</td>
<td>1</td>
<td>12</td>
<td>-11</td>
</tr>
<tr>
<td>Nepal</td>
<td>0</td>
<td>4</td>
<td>1</td>
<td>0</td>
<td>4</td>
<td>0</td>
<td>17</td>
<td>-17</td>
</tr>
</tbody>
</table>

and the report which appeared on Sep. 28, 1986 is:

Pakistan 0 3 0 0 3 2 9 -7
There was no other team in the tournament which conceded more than three goals. Even in the match against China, which we claim to have played good, the technical report, which appeared in the said New dated Sep. 23, 1986 says:

<table>
<thead>
<tr>
<th>ATTEMPTS</th>
<th>CHINA</th>
<th>INDIA</th>
<th>CHINA</th>
<th>INDIA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Penalty Kicks</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>2 Free Kicks</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>In phase of play</td>
<td>11</td>
<td>5</td>
<td>9</td>
<td>2</td>
</tr>
<tr>
<td>Total</td>
<td>11</td>
<td>5</td>
<td>9</td>
<td>2</td>
</tr>
</tbody>
</table>

The above is enough to prove where we stand in the Asian Football today, forget about World Football. There was a time that we have become a force to reckon with in the world Football. Our performances in the 1956 and 1960 Olympic games and at 1962 Asiad support my statement. Our last worthwhile achievement was in 1970 Asiad where we secured a bronze medal.

What has gone wrong since then? Who is responsible for this decline? Who can be blamed for the poor performance of our teams in 1974, 1978, 1982 and 1986 Asian Games and other international tournaments. Is it enough to put the blame on a few persons if we make a few scapegoats? I personally feel that instead of wasting our time on finding out the persons responsible for this decline, we take concrete steps to improve our standard. WE, of course, should get rid of
persons who have been responsible for our debacles.

I have been lucky to be associated with the game as a player, as a referee, as a Coach and as an administrator. With my little knowledge and experience, I want to contribute to the game by forwarding the enclosed scheme. This is not the final word. This is just an effort. Your experts can improve upon it and I am also available for a discussion, whenever required.

May I take this opportunity to be little inquisitive. When you removed the coaches of the team for the last Asiad, when you changed the National Coach, why the Chairman of the Coaching sub Committee of the AIFF was retained? This is entirely the prerogative of the AIFF and I have no business to raise a question on this issue but because of my contribution to Indian football and that of my father late Rahim Shaib and my other family members, I am being a little inquisitive. I feel justice demanded the removal of the Chairman of the AIFF Coaching sub committee too. He is equally responsible, if not more than the coaches.

What was he doing? How many schemes and plans did he submit for the coaching of the National teams? Did he ever attend any coaching camp and give suggestions to the coaches? Is it not the responsibility of the Chairman of the Coaching Sub Committee to prepare coaching plans, discuss with coaches, make efforts for the improvement of the standard of the game in the country? Coaching Sub Committee. Is the most
Important technical committee or any debacle of the National teams, the coaching Sub Committee should be sacked first. Is he there to go on foreign tours without contributing to the game. My personal view is that he is the most incapable person in the country to head such an important sub committee.

However, it is solely your prerogative and that of the AIFF but being a person attached actively with the game in the various capacities, since, 1954, I am pained and perturbed with the poor performance of the National teams and hence this letter and scheme.

With regards,

Yours Sincerely,

(S.S. HAKIM)
DIRECTOR
NIS HADS SHIMLA, H.P.
# QUESTIONNAIRE

For Football Coaches

Note:

1. All your responses will be treated confidentially.
2. Please fill in this questionnaire freely and honestly.
3. Please put a tick [ ] mark to the response that concern you. If you have to state some more information which is not provided at the end of the item write it on the space provided for any other.
4. Qualifications

<table>
<thead>
<tr>
<th>COURSE</th>
<th>NAME OF THE UNIVERSITY/BOARD</th>
<th>YEAR OF PASSING</th>
<th>RANK</th>
<th>OPTIONAL DIVISION</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ph. D.</td>
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<tr>
<td>M.A.</td>
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<tr>
<td>B.A.</td>
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<tr>
<td>S.S.C.</td>
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</table>
5. Professional Qualification

<table>
<thead>
<tr>
<th>COURSE</th>
<th>NAME OF THE UNIVERSITY/BOARD</th>
<th>YEAR OF PASSING</th>
<th>RANK</th>
<th>OPTIONAL DIVISION</th>
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<tbody>
<tr>
<td>M. P. Ed.</td>
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<td>B. P. Ed.</td>
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<tr>
<td>N. I. S.</td>
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<tr>
<td>N. D. S.</td>
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<tr>
<td>D. P. Ed.</td>
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</table>

6. Numbers of year experience & achievements

   i) As a football player
   
   ii) As a football coach
   
   iii) Have you got any award from state Govt./ Govt. of India.
7. How many coaching camp attended as a player.

<table>
<thead>
<tr>
<th>SR. NO.</th>
<th>LEVEL</th>
<th>NAME OF COACH</th>
<th>DURATION OF CAMP</th>
<th>PLACE OF CAMP</th>
<th>NAME OF THE SPONSOR</th>
<th>ACHIEVEMENTS OF THE TERM IF ANY</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Sr. National</td>
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</table>

8. Being a coach, how many coaching camps conducted.

<table>
<thead>
<tr>
<th>SR. NO.</th>
<th>LEVEL</th>
<th>NAME OF PLAYERS</th>
<th>DURATION OF CAMP</th>
<th>PLACE OF CAMP</th>
<th>NAME OF THE SPONSOR</th>
<th>ACHIEVEMENTS OF THE TERM IF ANY</th>
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<tbody>
<tr>
<td>1.</td>
<td>Sr. National</td>
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</table>

9. Name the highest achievement of your coaching.

10. What type of short coming you observed in the players.
* Physical fitness.
* Technique.
* Tactics.
* Skill.

11. What reminders would you suggest to fulfill the Short Coming

284
12. Which formation would you prefer.

* "5 In one Line"
* 4-2-4
* 4-3-3
* 4-4-2
* 1-2-5-2
* To day 1-2-6-1

13. Which formation would you consider suitable for our National team.

14. How do you rate the present system of coaching in our country.

* Excellent
* Good
* Fair
* Satisfactory

15. What are the problems across in developing good football players?

16. Govt. efforts and aid in development of football is Excellent /Good/Sufficient/Insufficient.

17. Can media help in developing consciousness about football?

Yes/No.

i) If yes, what type of programmes should be introduced?

18. What method would you like to introduce in India in order to improve the standard of football.
9. Reasons for football becoming a rare game in our country.

10. Should it be made a compulsory subject at school if so, what will be the achievements.

1. Any other additional information.
QUESTIONNAIRE
For Veteran Footballer

Note:

1. All your responses will be treated confidently.

2. Please fill in this questionnaire freely and honestly.

3. Please put a tick [ ] mark to the response that concern you. If you have to state some more information which is not provided at the end of the item write it on space provided for any other.

1. Name ________________________________________________

2. Age ________________________________________________

3. Address ________________________________________________

4. Qualifications i) ________________________________________
   ii) ________________________________________
   iii) ________________________________________

5. Representation of football at various level.
   i) District level
   ii) University
   iii) State
   iv) National
   v) International
6. How many coaching camp attended.

<table>
<thead>
<tr>
<th>Sr. No.</th>
<th>NAME OF THE COACH</th>
<th>DURATION</th>
<th>PLACE OF CAMP</th>
<th>CAMP ORGANIZED BY IN WHAT WAY</th>
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</table>

7. How many tournaments represented __________________________

8. Name the major tournament played __________________________


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<thead>
<tr>
<th>Sr. No.</th>
<th>NAME OF THE TOURNAMENTS</th>
<th>PLACE</th>
<th>NAME OF THE COACH</th>
<th>POSITION OF THE TEAM IN TOURNAMENT</th>
<th>REMARKS</th>
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</table>
10. Have you got any award from state Govt. Govt. of India.

11. Have you very attained coaching camp under__________
Mr. S. A. Rahim ____________________________

12. How do you rate his coaching ____________________________
   Excellent/ Good / Satisfactory un-satisfactory / poor

13. What different do you find between modern technique of
coaching and coaching of Mr. S.A. Rahim____________________

<table>
<thead>
<tr>
<th>MODERN COACHING</th>
<th>RAHIMS COACHING</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
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</table>

14. Achievements of football during second half of the 20th
century.
   i) ____________________________
   ii) ____________________________
   iii) ____________________________
   iv) ____________________________
   v) ____________________________
15. Achievement of football during the period of Mr. S. A. Rahim.

<table>
<thead>
<tr>
<th>NATIONAL LEVEL</th>
<th>INTERNATIONAL LEVEL</th>
</tr>
</thead>
<tbody>
<tr>
<td>I)</td>
<td>I)</td>
</tr>
<tr>
<td>II)</td>
<td>II)</td>
</tr>
<tr>
<td>III)</td>
<td>III)</td>
</tr>
<tr>
<td>IV)</td>
<td>IV)</td>
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</table>

16. Of the following who were the best coaches of their time?

i) ______________________________

ii) ______________________________

iii) ______________________________

iv) ______________________________

17. What is the contribution of Mr. S.A. Rahim to the world of football in India?

______________________________

______________________________

______________________________

18. What are the reasons of decline of football in our country?

1) Lack of interest of players ______________________________

ii) Lack of Coaching ______________________________

iii) Lack of facilities ______________________________

iv) Any other ______________________________
19. What are your suggestion to improve football performance

i) 

ii) 

iii) 

iv)
The Fundamentals of Football
Dear Srij Hakim,

Your letter reached me in time but as I was extremely busy with my official preoccupations specially arising out of Central Government Doctors' Strike, I could not reply you earlier. Hope you won't mind for this.

I have learnt that you have been writing a book on your father Late Rahim Sahib and have asked me to write something on him as my humble homage.

Late Rahim Sahib had divers qualities that a man can possess. On one side he had tremendous personality as a dedicated sportsman, disciplined and uncompromising and on the other he had a soft corner in his mind for the young ones. He did not believe in pseudo-publicity stunt and was quite indifferent about his astounding fame. I have had long association with him and therefore many sweet memoirs are stored in my mind which I fail to express. My words would not be befitting to his nature, still I am trying to draw a sketch.

Hope you are quite O.K. More when we meet.

With loving regards

Yours truly,

Srij S.S. Hakim,
Director, NIS HaTC
Kanan Bala Building Khalini Simla
Observer of the Mexico World Cup '86
Sponsor by Govt. of W. Bengal

My dear Mr. Hakim,

I have received your sweet-and
letter dated 8-9-87. So thank you for that.
We are all well here by the grace of
God. I hope that you are all similarly
by the grace of God.

Please accept our best wishes
and also convey our good wishes to your
children.

Really your letter given me
new life as after long time we became
a good friend and we make a re-
union as Footballers sons of Mr. Lal-
Rahim Sahib. So now we are real
income Bhai
t.

I have written you as real
sportsman coach. So regarding your
Daddy as nobody can forget him.

With Best Compliments from: OSHI NANDA of MAS
makers of world class rocket, foot balls, volley balls,
basket balls, MONTREAL SWAMY, sports shoes, for all games.

P. F. O
MELBOURNE OLYMPIC 1956

Indian Olympic Foot Ball Team secured 4th position in the Melbourne Olympic 1956
Mr. S.A. Rahim coach sitting 2nd from the right.
ROME OLYMPIC-1960

Indian Olympic Foot Ball Team proceeding to Rome from Santa Cruz Bombay on 16th August 1960 at 11 am. Mr. S. A. Rahim coach of the team standing in the centre (6th from right)
Mr. S.A. Rahim coach of Indian Football Team
Briefing players during half time at
FLAMINO STADIUM ROME