7. Conclusion:

Briefly National programme for Prevention and control of Cancer, Diabetes, Cardiovascular, Diseases & Stroke (NPCDCS) programme working to spread awareness among people about Non Communicable Diseases, has gained huge success. They have switched on to healthy lifestyle by declining their sugar intake and fast food, what is more a lot of people have started to visit of hospital and take medicines properly as prescribed by the doctor. Studies under concerned National Program for Prevention and Control of Cancer, Diabetes, cardiovascular diseases and Stroke (NPCDCS) Schemes would be restricted to 30 years of age and above for all examination Gandhinagar district of Gujarat State. The prime aims of the research is to consider the activities under Prevention and control of Cancer, Diabetes, Cardiovascular, and Diseases & Stroke. Also, suggesting remedial ways for the purpose of betterment on implication of NPCDCS. Apart from it what are the problems concerned with NPCDCS in Gandhinagar (Gujarat). NCD program analysis was also done for this sake of research. Lot many questions, like who referred to the beneficiary, weather he or she paid regularly visit to the hospital or if the doctor spends enough time for patient’s examination, weather the beneficiary has changed his/her food habits after diagnosis. If they have adopted doing exercise as their habit or have changed their regular life style. From the research it is observed that, different responses were found from variety of people some imparted negative answer but minority were positive. Majority were referred by health center and pay their visits hospital, are satisfied by the examination time that doctor spends and has changed their food habits and began doing exercises such as, walking, swimming and yoga.