

## APPENDIX - XI

### SURVEY OF STUDY HABITS AND ATTITUDES - FORM - H

#### DIRECTIONS

The purpose of this survey is to examine your study habits and attitudes in order to help you improve your study skills. If you will honestly and thoughtfully mark all of the statements on the pages that follow, you will be able to learn many of your study faults. Your answers will be treated with the strictest confidence, so please answer exactly the way you feel.

You will mark your answers on a separate answer sheet. Make no marks on this booklet. There are 100 statements to be answered. Decide how you feel about each statement and mark your answer on your answer sheet. Choose one of the five possible answers: rarely, sometimes, frequently, generally, or almost always.

For example, if you feel that the statement is rarely true for you, blacken the space under R on the answer sheet. In marking your answers, be sure that the number of the statement agrees with the number on the answer sheet. Make sure that your marks are heavy and black. Make no stray marks on the answer sheet and erase completely any mark that you wish to change.

Following is an explanation of the terms used for answers to the statements:

R - RARELY means from 0 to 15 per cent of the time

S - SOMETIMES means from 16 to 35 per cent of the time

F - FREQUENTLY means from 36 to 65 per cent of the time

G - GENERALLY means from 66 to 85 per cent of the time

A - ALMOST ALWAYS means from 86 to 100 percent of the time.

Remember, you are asked to rate yourself not as you think you should do or feel, or as you think others might do or feel, but as you yourself are in the habit of doing and feeling. When you cannot answer a statement on the basis of actual experience, mark the statement according to what you would be most likely to do if the situation should arise.

There are no 'right' or 'wrong' answers to these statements, and there is no time limit for completing the survey. Work as quickly as you can without being careless, and do not spend too much time on any one statement. Please do not omit any of the statements.

1. When my assigned homework is extra long or unusually hard, I either quit or study only the easier parts of the lesson.
2. In preparing reports, themes, and other written work, I make certain that I clearly understand what is wanted before I begin work.

3. I feel that teachers don't understand the needs and interests of students.
4. My dislike for certain teachers causes me to neglect my school work.
5. If I have to be absent from class, I make up missed lessons without being reminded by the teacher.
6. I have trouble saying that what I want to say on tests, reports, and other work to be turned in.
7. My teachers make their subjects interesting and meaningful to me.
8. I feel that I would study harder if I were given more freedom to choose subjects that I like.
9. Daydreaming distracts my attention from my lessons while I am studying.
10. My teachers criticize my written work for being poorly planned or hurriedly written.
11. I feel that teachers allow their likes or dislike for students to influence their grading too much.
12. Even though I don't like a subject, I still work hard to make a good grade.

13. Even though an assignment is dull and boring, I stick to it until it is completed.
14. I give special attention to nearness of themes, reports and other work to be turned in.
15. I believe that the easiest way to get good grades is to agree with everything the teachers say.
16. I lose interest in my studies after the first few days of school.
17. I keep all my work for each subject together and carefully arranged in some planned order.
18. I memorize spelling rules, definitions of words, rules of grammar, etc. without really understanding them.
19. I think that teachers like to show who's boss too much.
20. I believe that teachers really want their students to like them.
21. When I am having trouble with my school work, I try to talk it over with the teacher.
22. I hesitate to ask a teacher for further explanation of an assignment that is not clear to me.
23. I feel that teachers are too narrow minded and set in their ways.

24. I feel that students are not given enough freedom in selecting their own topics for themes and reports.
25. I do not bother to correct errors on the papers my teachers have graded and returned to me.
26. I get nervous and confused when taking a test and fail to answer questions as well as I otherwise could.
27. I think that teachers expect students to do too much studying outside of class.
28. Lack of interest in my school work makes it hard for me to keep my attention on my reading assignments.
29. My place of study at home is kept neat and businesslike.
30. I have trouble with spelling, grammar, and punctuation while writing themes and reports.
31. When explaining a lesson or answering questions, my teachers use words that I do not understand.
32. Unless I really like a subject, I believe in doing only enough to get a passing grade.
33. Interruptions disturb my studies when I am studying at home.
34. In taking notes, I tend to write down things which later turn out to be unimportant.

35. My teaches fail to give enough explanation of the things they are trying to teach.
36. I feel confused and undecided as to what I want to study in school and what I want to do after I get out of school.
37. It takes a long time for me to get warmed up to the job of studying.
38. I do poorly on tests because I find it hard to think clearly and plan work within a short period of time.
39. I feel that teachers are too strict and know-it-all in dealing with students.
40. Some of my school work is so uninteresting that I have to make myself do the assignments.
41. I am unable to study well because I get restless, moody, or have the blues.
42. I skip over the figures, graphs, and tables in a reading assignment.
43. I believe that having a good time and getting one's full share of fun out of life is more important than studying.
44. I believe that teachers secretly enjoy giving their students a 'hard time'.

45. I put off doing written assignments until the last minute.
46. After reading several pages of an assignment, I am unable to remember what I have just read.
47. I think that teachers tend to talk too much.
48. I believe that teachers tend to avoid discussing present-day problems and events with their classes.
49. When I sit down to study I find myself too tired, bored or sleepy to study well.
50. I find it hard to pick out the important points of a reading assignment - points that later appear on tests.
51. I feel that teachers try to give the same amount of attention and help to all their students.
52. I feel that my grades show about what I can really do.
53. I waste too much time talking, watching TV, listening to the radio, going to the movies, etc, for the good of my studies.
54. When in doubt about the proper form for a written assignment, I find a model or guide to follow.
55. The illustrations, examples, and explanations given by my teachers are dull and hard to understand.

56. I feel that it is not worth the time, money, and effort that one must spend to get a college education.
57. My studying at home is done in an easy-going, unplanned manner.
58. When reading a long assignment, I stop now and then to try to remember what I have read.
59. I feel that teachers tend to look down upon their poorer students and make fun of their mistakes.
60. Some of my classes are so boring that I spend the class period drawing pictures, writing notes, or daydreaming instead of listening to the teacher.
61. Having too many other things to do causes me to get behind in my school work.
62. I seem to get very little done for the amount of time I spend studying.
63. I feel that teachers make their subjects too hard for the average student.
64. I feel that I am taking subjects which will do me little good.
65. I try to do my assignments at school so as to reduce my homework.



66. I can study a reading assignment for only a short while before the words stop making sense.
67. I think that football coaches do more for school life than do the teachers.
68. I believe that the main job of the schools is to teach students things that will help them earn a living.
69. Problems outside of school - with other students or at home - cause me to neglect my school work.
70. I copy the diagrams, drawings, tables, and other illustrations that the teacher puts on the blackboard.
71. I feel that teachers think more about grades than they do about the real purpose of schools.
72. I try to become really interested in every subject I take.
73. I complete my homework assignments on time.
74. I lose points on tests because I change my first answer only to discover later that I was right the first time.
75. I think that students who ask questions and take part in class discussion are only trying to 'get in good' with the teacher.

76. I feel that the main reason for going to college is to be admired and envied by others.
77. I like to have a radio, record player, or television set turned on while I'm studying.
78. When getting ready for a test I arrange facts to be learned in some planned order - order of importance, order in which taught, order of time in history, etc.,.
79. I believe that teachers deliberately give tests on the days following parties and ball games.
80. I believe that having a winning football team is just as important as learning history or math.
81. With me, studying is sort of hit-or-miss depending on the mood I'm in.
82. I am carelesss about spelling, punctuation, and grammar when answering test questions.
83. I believe that one way to get good grades is by using flattery on your teachers.
84. I think that it might be best for me to drop out of school and get a job.
85. I study an hour or more each day outside of school.

86. Although I work until the last possible minute, I am unable to finish tests within the time allowed.
87. I feel that it is almost impossible for the average student to do all of his assigned homework.
88. I feel that the things taught in school do not help one to meet adult problems.
89. I keep my assignments up to date by doing my work regularly from day to day.
90. If time is left, I take a few minutes to check over my answers before turning in my test paper.
91. I feel that the ridiculous assignments made by teachers are the main reason for student cheating.
92. Too much reading or studying gives me a headache.
93. I prefer to study my lessons alone rather than with others.
94. When tests are returned, I find that my grade has been lowered by careless mistakes.
95. I feel that students cannot be expected to like most teachers.
96. I feel like skipping school whenever there is something I'd rather do.

97. At the beginning of a study period I plan my work so that I will make best use of my time.
98. During tests I forget names, dates, formulas, and other details that I really do know.
99. I believe that teachers go into teaching mainly because they enjoy it.
100. I believe that higher grades are given to students who can memorize facts than to those who 'think' things through.