APPENDIX - A

INTERVIEW SCHEDULE

Name:
Place of residence:
Present address:

1. PERSONAL INFORMATIONS:
   1.1 Age:
   1.2 Sex:
   1.3 Date of Retirement:
   1.4 Native place:
   1.5 Religion:
   1.6 Caste:
   1.7 Marital status
   1.8 Education:

1.9 Occupation at the time of Retirement:
   (a) Name of occupation:
   (b) Name of Institution, where were you working last?
   (c) Type of job: Private service / Government and Semi-Government service / own business / Daily-wages labour.
   (d) Category: Class-I / Class-II / Class-III / Class-IV and worker / Owner-partner / A Headman (Munim)
   (e) Nature of occupation:
   (f) Salary drawn at the time of Retirement: Rs.

1.10 How is your present financial position?
   (a) Good (b) Average (c) Very bad

1.11 How much pension do you get (per month) Rs.
1.12 What are your present sources of Income?

(a) Interest from bank and post deposits
(b) Monthly pension
(c) Business
(d) House-rent
(e) Agriculture
(f) Present job
(g) Son’s salary
(h) Any other ____________

1.13 Approximately how much do you get from all sources, per month? Rs. ____________

1.14 Will that suffice to meet your monthly expense? Yes / No

1.15 If not, how do you manage?

1.16 Are you facing any of the following financial problems at present?

(a) Daughter’s marriage
(b) Clearing old debts and bank loans
(c) Buying new house
(d) House-rent
(e) Medical Bills
(f) Children’s education
(g) Daily house expenses
(h) Any other ____________

1.17 What are your present personal needs?

(a) Medicine
(b) Food (special)
(c) House
(d) Books, Periodicals, Newspaper
1.18 How do you adjust your needs with the present reduced income?
(a) By reducing the over-all expenditure
(b) By cutting down unnecessary expenses, like entertainments, newspaper, travelling, dress, feasts, etc.
(c) By not going to the doctor unless in extreme necessity
(d) By moving to a smaller house
(e) By investing the money in bank, shares in Companies, for interest
(f) By taking up some part-time job
(g) Any other ____________________________

1.19 Have you sold your pension to the Government?
       Yes / No

1.20 Is the house where you live, owned by you or is it owned / Rented?

1.21 Is the house where you live, convenient for living?
       Yes / No

1.22 If not, Please state, which arrangements you have want?

2. **FAMILY BACKGROUND**:

2.1 Type of family: Joint / Nuclear

2.2 Number of children:

<table>
<thead>
<tr>
<th>Age</th>
<th>Occupation</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
</tr>
</tbody>
</table>
2.3 With whom do you stay at present?

2.4 Who does look after you when you are sick?
   (a) Daughter-in-law    (b) Spouse    (c) Children
   (d) Relatives         (e) Neighbours (f) Friends

2.5 What is your prevalent mood throughout your life until retirement?
   (a) Joy                (b) Satisfaction  (c) Confidence
   (d) Optimism          (e) Full of life   (f) Bitterness
   (g) Dissatisfaction   (h) Lack of confidence
   (i) Pessimism         (j) Depression

2.6 Do you have frequent disagreements with your children?
   Yes / No

2.7 Do you feel your freedom reduced on account of living in the son's family?
   Yes / No

2.8 Do you have any worries in living with the son's family?
   Yes / No

2.9 Are you often the subject of Criticism at Home?
   Yes / No

2.10 Do persons with whom you live now understand and sympathise with you generally?
    Yes / No

2.11 Do any of the persons in your home become angry with you very easily?
    Yes / No

2.12 Do you often experience conflicting moods of 'love and hate' for members of your immediate family?
    Yes / No
2.13 Does lack of money tend to make you family-life unhappy?
   Yes / No

2.14 Do you feel that there is lack of love and affection among
   members of your present home?
   Yes / No

2.15 Do you think, you are compelled to do a thing which you
   don't want to do?
   Yes / No

2.16 It your advice about important decision considered by family
   members?
   Yes / No

2.17 Have you been troubled by feelings of inferiority?
   Yes / No

2.18 Do you think your family is much better than most of your
   age-mates?
   Yes / No

2.19 What is your opinion and experience, for other older
   person's about "Children taking care in old age"?

3. **HEALTH CONDITION** :

3.1 How is your present health in general?
   (a) very good  (b) average  (c) very bad

3.2 Are you suffering from any of the following diseases?
   (a) Diabetes  (b) Arthritis  (c) Asthma
   (d) Blood pressure  (e) Eye diseases  (f) Body Aches
   (g) Cancer  (h) Heart-disease

3.3 Are you still undergoing medical treatment for any of these?
   Yes / No

3.4 Have you undergone any operation since your retirement?
   Yes / No

3.5 If yes, what operation was it?
3.6 After your retirement have you been hospitalized at any time?  
Yes / No

3.7 Approximately how many days have you spent in the hospital?

3.8 After your retirement how many times you have visited your doctor for health problems?

3.9 Does financial difficulties refrain you from visiting a doctor?  
Yes / No

3.10 Financially are you in a position to get the best treatment you need?  
Yes / No

3.11 How do you adjust yourself with your failing Health?  
(a) By avoiding travelling and moving about.
(b) By keeping strict diet.
(c) By keeping away from family responsibilities.
(d) By following medical prescriptions strictly.
(e) By avoiding tiresome works.
(f) By taking rest, and keeping relaxed.
(g) By doing a little bit of work at home.
(h) By involving in other people's problems so as to forget one's own.
(i) By just not minding about any sickness.
(j) By doing some physical exercises regularly.

3.12 Do you do any regular physical exercises to keep your body fit?  
Yes / No

3.13 If yes, kindly specify: 
(a) Yoga  (b) Walking  (c) Out door games
(d) Cycling  (e) Manual work  (f) other any
3.14 Do you take other's help for your individual daily activities? 
Yes / No

3.15 If yes, please mention activities:

-------------------------------------
-------------------------------------
-------------------------------------

4. LEISURE-TIME ACTIVITIES:

4.1 Do you participate in any of the following entertaining activities?

(a) Radio (b) T. V. (c) Movies
(d) Playing games (e) Watching games
(f) Drama, Opera, Music etc. (g) No participation.

4.2 Which is your favourite entertainment? and Why?

-------------------------------------
-------------------------------------

4.3 How do you spend your day from morning to evening? (Your general time-table).

-------------------------------------
-------------------------------------

4.4 Now that you have plenty of time at your disposal, how do you spend the leisure generally?

(a) Reading (b) Writing (c) By helping in household work.
(d) Research work
(e) By looking after the maintenance of the house.
(f) By doing some manual work in the garden.
(g) By visiting friends and relatives.
(h) By travelling to distant places, shrines etc.
(i) By simply sitting at home without doing anything in particular.
(j) By giving some tuitions to childrens or part-time job.
(k) By engaging in political & Social activities.
(l) By learning new arts, subjects / language etc.
(m) By involving in religious activities.
(n) By playing with grand-children.
(o) Any other ________________________.

4.5 Are you interested in the current socio-political issues of the society?
   Yes / No

4.6 What are the issues you are generally interested in?
   (a) Political issues   (b) Socio-cultural problems
   (c) Charitable works   (d) Religious matters
   (e) Arts, literature, Philosophy, sports, etc.
   (f) Any other ________________________

4.7 At what level do you participate in these issues?
   (a) At friends level   (b) At local level
   (c) At Taluka level    (d) At district level
   (e) At State level     (f) At National level
   (g) At International level

4.8 Are you a member of any association or club?
   (a) If yes, of which one?  Yes / No
   (b) How do you describe your involvement in these?
       (i) Very active   (ii) Average   (iii) Nominal
   (c) Do you hold any position in any of these associations?
       No / Position ________________________
4.9 After your retirement, how much do you make use of your past occupation?

______________________________
______________________________

4.10 Do you feel vacuum in your life after retirement? Yes / No

4.11 If yes, what do you do to overcome this vacuum?

______________________________
______________________________

4.12 What are your plans after retirement?

1. Do writing  2. Visit to holy places
3. Social work  4. Service  5. Any other _________

4.13 Do you think that the retired person can do something for the society in his leisure time? Yes / No

4.14 If yes, Please state matters.

______________________________
______________________________

4.15 How do you think a retired person should or would like to spend his leisure time? (Give your statement).

______________________________
______________________________

5. ABOUT OLD AGE AND DEATH:

5.1 Was your retirement voluntary or nonvoluntary? Voluntary / Non-voluntary

5.2 Were you looking forward to your retirement? Yes / No

5.3 Are you happy with your post-retirement period? Yes / No
5.4 Do you feel awe about death?
   Yes / No

5.5 (a) If yes, why? _______________________________________

   (b) If no, why? _______________________________________

5.6 Do you think always about death?
   Yes / No

5.7 Any expectation in your life? Hence do you think, death not come?
   Yes / No

5.8 In your opinion, what should be the suitable age for the retirement?
   _______________________________________________________
   _______________________________________________________

5.9 Do you realise any changes in society of today and the society of your contemporary?
   Yes / No

5.10 If yes, which important change do you feel and why?
   _______________________________________________________
   _______________________________________________________

5.11 What is your expectation from the Government for the Welfare of older persons?
   _______________________________________________________
   _______________________________________________________

5.12 Do you feel about the necessity of old-age Home in India?
   Yes / No

5.13 Do you wish to go to Old-age Home?
   Yes / No

5.14 What is your idea about an Old-age Home?
   _______________________________________________________
   _______________________________________________________

5.15 Do you propose any other institution parallel to old-age-Home?
6. **PRESENT PROBLEMS** :

6.1 Do you think that you can do better now those things in which you are interested, or does retirement make it now difficult?  
Yes / No

6.2 Do you get emotionally upset often?  
Yes / No

6.3 Have you had unpleasant disagreements with any person or persons with whom you live, over such matters as religion, sex, social and moral code or convention?  
Yes / No

6.4 Do thoughts conflict your head so that cannot sleep?  
Yes / No

6.5 Do you often feel that one would better die rather than live as an old man?  
Yes / No

6.6 Do you worry over possible misfortunes?  
Yes / No

6.7 Do you think that lack of employment keeps an older person very low in the estimation of others?  
Yes / No

6.8 Do you have unpleasant arguments and disagreements with friends or outsiders fairly often?  
Yes / No

6.9 Do you consider yourself a rather tense of nervous person?  
Yes / No

6.10 Do you feel that you are unwanted and useless person?  
Yes / No

6.11 Do you often feel miserable?  
Yes / No

6.12 Do you have any hobbies to occupy your time?  
Yes / No
6.13 Do you generally prefer to be alone rather than in the company of people?  
Yes / No

6.14 Do you think, by and large, your life has been a purposeful one?  
Yes / No

6.15 Do you feel tired much of the time?  
Yes / No

6.16 Have you troubled by any thing?  
Yes / No

6.17 If yes, please mention?  
------------------------------------------------------------------
------------------------------------------------------------------

6.18 Have you fallen ill frequently in the last five years?  
Yes / No

6.19 Do you often feel lonely even when you are in the midst of people?  
Yes / No

6.20 Do you find it easy to ask others for help?  
Yes / No

6.21 Do you feel disappointed over what you expected?  
Yes / No

6.22 Which is your present problem?  
------------------------------------------------------------------
------------------------------------------------------------------

6.23 What do you do to solve these problems?  
------------------------------------------------------------------
------------------------------------------------------------------

6.24 Have you any provision for old age and future? Please, mention.  
------------------------------------------------------------------
------------------------------------------------------------------
6.25 What are your suggestions about Indian Older person's problems?

_________________________________________________________________

6.26 Please, mention your thought or statement about those things or questions which are not included in this Schedule.

_________________________________________________________________

_________________________________________________________________