ACKNOWLEDGEMENT

Acknowledgement is a way of expressing my sincere thanks to all those who helped me directly or indirectly in completion of the research.

It is with deep sense of gratitude that I wish to place on record my sincerest thanks to my revered teacher and supervisor, Dr. Sunita Gupta, Professor, Department of Psychology, Guru Nanak Dev University, Amritsar for her valuable help, guidance and suggestions. Her tiedless patience, immense encouragements, superb guidance throughout the period of this study has been a great strength to me. She is more than supervisor for me. Thanks, mam, for believing in me and standing by me over the years.

My deepest gratitude are also due to Prof. (Mrs.) Suninder Tung, present Head, Prof. Navdeep Singh Tung, Earlier Head Department of Psychology, Guru Nanak Dev University, Amritsar for providing me necessary facilities in the department.

I take immense pleasure in thanking Prof. Rajinder Kaur (retired), Reader Davinder Singh, Assit. Prof. Rupan Dhillon, Assit. Prof. Neeti Bawa, Dr. Assit. Prof. Balbinder Singh, and Assit. Prof. Manpreet Kaur Department of Psychology, Guru Nanak Dev University for their support extended towards me during my entire research work.

I would like to thank all non teaching staff especially Mr. Paramjit Singh (Librarian), Mr. Nachhattar Singh (Clerk), and Mr. Kishanpal Singh, (Laboratory Attendant) for providing very cordial environment during the whole research.

My thanks are also due to the subjects who participated in the study and without whose co-operation; this piece of research could not have come in form.

I bow my head to my parents for their generous support invaluable blessings, selfless but untold sacrifices for my better and bright future. My sincerest thanks are also due to my brothers and sister whose encouragements and patience always stood by me. They are always there when I needed them.

My special thanks are reserved for my husband (Mr. Jasbir Singh Dhillon) who encourage me constantly to keep going, especially when the way become less clear, hyper complex, and at times confusing. Mere words can’t express my gratitude which I feel to him.
My sincere thanks also goes to my in laws family and their persistent faith in my abilities, their constant encouragement, and all time support for fulfilling my endeavors.

I very much appreciate for unsolicited cooperation and cheery assistance of my dear friends: Mandhir, Simran, Balbinder, Neeti, Meenakshi, Priyanka, Supriya, Preeti, Puneet, Navpreet and Pratima. Their boundless love shall be remembered forever.

I would like to thank almighty for wisdom and serenity he has bestowed upon me during this research and without whose blessings this work would never have been possible.

To all these exceptional people, and to many others too, I offer my warmest personal regards.

Sandeep Kaur