## LIST OF TABLES

<p>| Sr. No. | Table No. | Title                                                                 | Page No. |
|---------|-----------|                                                                     |          |
| 1.      | Table No.4.1 | The Age and sex Distribution of the Patients | 132      |
| 2.      | Table No.4.2 | The Background of the Patients | 134      |
| 3.      | Table No.4.3 | The religion of the respondents | 136      |
| 4.      | Table No.4.4 | The marital status of the Patients | 138      |
| 5.      | Table No 4.5 | The educational Qualification of the patients | 140      |
| 6.      | Table No. 5.1 | The Type of Family of the Patients | 143      |
| 7.      | Table No. 5.2 | The Significant Other Data | 144      |
| 8.      | Table No 5.3 | The Family History of Illness | 145      |
| 9.      | Table No 5.4 | The Distribution of Incidents | 147      |
| 10.     | Table No 5.5 | The Family History of Disorder | 148      |
| 11.     | Table No 5.6 | The Family Relationship | 150      |
| 12.     | Table No 5.7 | The Onset of Illness | 151      |
| 13.     | Table No 5.8 | The Course of Illness | 153      |
| 14.     | Table No.6.1 | The Knowledge and Awareness of the Significant Others about the Illness. | 155      |
| 15.     | Table No.6.2 | The Knowledge and Awareness of the Significant Others Regarding the Medical, Personal Care and Supervision of the Patient | 157      |
| 16.     | Table No.6.3 | The Knowledge And Awareness of the Significant Others Regarding the Skills to Manage the Symptoms, Disease Management Procedures And Intervention. | 159      |
| 17.     | Table No.6.4 | The Knowledge And Awareness Of Significant Others Regarding The Psychiatric Follow Up, Termination Of Medicines, Various Treatment Options And the Role of Significant Others. | 161      |
| 18.     | Table No.6.5 | The History of Relapse before Psycho Education | 162      |</p>
<table>
<thead>
<tr>
<th>Sr. No.</th>
<th>Table No.</th>
<th>Title</th>
<th>Page No.</th>
</tr>
</thead>
<tbody>
<tr>
<td>19.</td>
<td>Table No.6.6</td>
<td>The Frequency of Relapse before Psycho Education</td>
<td>163</td>
</tr>
<tr>
<td>20.</td>
<td>Table No. 6.7</td>
<td>The Frequency of Hallucinations before Psycho Education</td>
<td>164</td>
</tr>
<tr>
<td>21.</td>
<td>Table No. 6.8</td>
<td>The Frequency of Delusion before Psycho Education</td>
<td>166</td>
</tr>
<tr>
<td>22.</td>
<td>Table No.6.9</td>
<td>The Frequency of Bizarre Behaviour before Psycho Education</td>
<td>167</td>
</tr>
<tr>
<td>23.</td>
<td>Table No.6.10</td>
<td>The Frequency of Formal Thought Disorder before Psycho Education</td>
<td>168</td>
</tr>
<tr>
<td>24.</td>
<td>Table No.6.11</td>
<td>The Frequency of Affect of the Patients before Psycho Education</td>
<td>170</td>
</tr>
<tr>
<td>25.</td>
<td>Table No.6.12</td>
<td>The Status of Avolition and Apathy of the Patients before Psycho Education</td>
<td>172</td>
</tr>
<tr>
<td>26.</td>
<td>Table No. .6.13</td>
<td>Anhedonia and Asociality of the Patients before Psycho Education.</td>
<td>173</td>
</tr>
<tr>
<td>27.</td>
<td>Table No.6.14</td>
<td>The M.S.E Of The Patients Before Psycho Education</td>
<td>175</td>
</tr>
<tr>
<td>28.</td>
<td>Table No.8.1</td>
<td>The Knowledge and Awareness of the Significant Others about the Illness after Psycho Education</td>
<td>185</td>
</tr>
<tr>
<td>29.</td>
<td>Table No. 8.2</td>
<td>The Knowledge and Awareness of the Significant Others Regarding the Medical, Personal Care and Supervision after Psycho Education.</td>
<td>186</td>
</tr>
<tr>
<td>30.</td>
<td>Table No. 8.3</td>
<td>The Knowledge And Awareness Of The Significant Others Regarding The Skills To Manage The Symptoms, Disease Management Procedures And Intervention after Psycho Education.</td>
<td>188</td>
</tr>
<tr>
<td>Sr. No.</td>
<td>Table No.</td>
<td>Title</td>
<td>Page No.</td>
</tr>
<tr>
<td>--------</td>
<td>-----------</td>
<td>----------------------------------------------------------------------</td>
<td>----------</td>
</tr>
<tr>
<td>31.</td>
<td>Table No.8.4</td>
<td>The Knowledge and Awareness Regarding the Role, Psychiatric Follow Up, Termination of Medicines, Various Treatments after Psycho Education.</td>
<td>190</td>
</tr>
<tr>
<td>32.</td>
<td>Table No.8.5</td>
<td>The History of Relapse after Psycho Education.</td>
<td>193</td>
</tr>
<tr>
<td>33.</td>
<td>Table No.8.6</td>
<td>The Frequency of Relapse after Psycho Education.</td>
<td>194</td>
</tr>
<tr>
<td>34.</td>
<td>Table No.8.7</td>
<td>The Frequency of Hallucinations after Psycho Education.</td>
<td>195</td>
</tr>
<tr>
<td>35.</td>
<td>Table No.8.8</td>
<td>The Frequency of Delusion after Psycho Education.</td>
<td>197</td>
</tr>
<tr>
<td>36.</td>
<td>Table No.8.9</td>
<td>The Frequency of Bizarre Behaviour after Psycho Education</td>
<td>200</td>
</tr>
<tr>
<td>37.</td>
<td>Table No.8.10</td>
<td>The Frequency of Formal Thought Disorder after Psycho Education</td>
<td>202</td>
</tr>
<tr>
<td>38.</td>
<td>Table No.8.11</td>
<td>The Frequency of Affect of the Patients after Psycho Education</td>
<td>205</td>
</tr>
<tr>
<td>39.</td>
<td>Table No.8.12</td>
<td>The Status of Avolition and Apathy of the Patients after Psycho Education</td>
<td>209</td>
</tr>
<tr>
<td>40.</td>
<td>Table No.8.13</td>
<td>Anhedonia and Asociality of the Patients after Psycho Education</td>
<td>211</td>
</tr>
<tr>
<td>41.</td>
<td>Table No.8.14</td>
<td>The M.S.E of the Patients after Psycho Education</td>
<td>213</td>
</tr>
</tbody>
</table>
THE LIST OF GRAPHS

<table>
<thead>
<tr>
<th>Sr. No.</th>
<th>Figure No.</th>
<th>Title</th>
<th>Page No.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Figure No. 4.1</td>
<td>The Age and sex distribution of the Patients</td>
<td>132</td>
</tr>
<tr>
<td>2.</td>
<td>. Figure No 4.2</td>
<td>The Background of the Patients</td>
<td>134</td>
</tr>
<tr>
<td>3.</td>
<td>Figure No 4.3</td>
<td>The religion of the Patients</td>
<td>136</td>
</tr>
<tr>
<td>4.</td>
<td>Figure No 4.4</td>
<td>The Marital Status of the Patients</td>
<td>138</td>
</tr>
<tr>
<td>5.</td>
<td>Figure No 4.5</td>
<td>Educational Qualifications of the Patients.</td>
<td>140</td>
</tr>
<tr>
<td>6.</td>
<td>Figure No. 5.1</td>
<td>The Type of Family</td>
<td>143</td>
</tr>
<tr>
<td>7.</td>
<td>Figure No. 5.2</td>
<td>The Significant Other Data</td>
<td>144</td>
</tr>
<tr>
<td>8.</td>
<td>Figure No. 5.3</td>
<td>The Family History of Illness.</td>
<td>146</td>
</tr>
<tr>
<td>9.</td>
<td>Figure No 5.4</td>
<td>The Distribution of Incidents Of Mental Illness At Family</td>
<td>147</td>
</tr>
<tr>
<td>10.</td>
<td>Figure No. 5.5</td>
<td>The Family History of Illness</td>
<td>149</td>
</tr>
<tr>
<td>11.</td>
<td>Figure No. 5.6</td>
<td>The Family Relationship</td>
<td>150</td>
</tr>
<tr>
<td>12.</td>
<td>Figure No. 5.7</td>
<td>The Onset of Illness.</td>
<td>152</td>
</tr>
<tr>
<td>13.</td>
<td>Figure No. 5.8</td>
<td>The Course of Illness</td>
<td>153</td>
</tr>
</tbody>
</table>