PREFACE

Study of Learned Helplessness phenomenon in present day situation is important. We find that there is increase amount of helplessness among young generation in Indian Society. Rapid change in social situations in various walks of life, has lead to a feeling of uncontrollability among members of society, social evolution is facilitated by diversity of human activity. The spurt of activity drops down when people are afflicted by helplessness. Helplessness imprisons people in passivity, which brings impoverishment. This concerns the problem relating to the growth of competence in children. It is plausible that helplessness plays a distinct role in the improvement of children’s competence (Sahoo and Sia 1988). More specifically socio cultural systems of developing countries present conditions that are indicative of severe resource constraints. In such situations people are likely to experience more uncontrollability compared to the people in developed countries. It appears that construct of helplessness would provide indigenous explanation of peoples adaptive style in the developing world. This is also the case with Indian socio cultural system. Chhattisgarh is tribal dominant region where education spread is not yet at very high level, and the self confidence of the students seems to be low, so it is important to find out difference in the feeling of learned helplessness among the tribal and non tribal students. It is also important to find out the role of self-efficacy & deprivation in the development of learned helplessness. Therefore, a study entitled “Learned Helplessness in relation to Self-Efficacy and Deprivation: A Comparative Study of Tribal and Non-Tribal Students of Chhattisgarh Region” was undertaken by the researcher to examine the effect of self-efficacy, tribal and non tribal locale & sex on Learned Helplessness.

The study has been divided into six chapters. In the first chapter introduction is given. The second chapter reviews the relevant studies. In the third chapter objectives and related hypothesis have been specified. The fourth chapter describes the methodology adopted in the present study. The obtained results have been discussed in the fifth chapter. A summary of study has been presented in the sixth chapter.
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