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1.0 Background Information

1.1 Name :  
1.2 Gender : (1) Male  (2) Female  
1.3 Age (in Years) :  
1.4 Class : (1) IX  (2) X  (3) XI  (4) XII  
1.5 Name of the school :  
1.6 Type of the school : (1) Government  (2) Private  
1.7 Religion :  
1.8 Type of family : (1) Nuclear  (2) Joint  (3) Single Parent  
1.9 No. of siblings :  
1.10 Total no. of family members:  
1.11 Qualification of parents :  
   Father  
   1 Illiterate  
   2 Upto 12th  
   3 Graduation  
   4 Post Graduation  
   5 Others (specify)  
   Mother  
   1 Illiterate  
   2 Upto 12th  
   3 Graduation  
   4 Post Graduation  
   5 Others (specify)  

1.12 Occupation (specify clearly)  
   1 Father :  
   2 Mother :  

1.13 Total family income (monthly):  

243
2.0 Process of growing up

2.1 What are the physical changes that occur during adolescence?

<table>
<thead>
<tr>
<th>Changes</th>
<th>Fully Aware</th>
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<tr>
<td>2.1.5 Change in Voice</td>
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<tr>
<td>2.1.6 Nocturnal emission/ Night fall</td>
<td></td>
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</tbody>
</table>

2.2 With whom you feel comfortable in discussing on physiological changes? (You can tick mark more than one)

(1) Friends/Peers
(2) Sibling
(3) Mother
(4) Father
(5) Teacher
(6) Counselor
(7) Doctor
(8) Do not discuss

2.3 Which option describes the masturbation appropriately?

(1) It is a natural practice during adolescence period
(2) It can cause dysfunction and deformity in sexual organs
(3) It is dirty / messy act
(4) Do not know

2.4 Have you ever experienced nocturnal emission/night fall?

(1) Yes
(2) No

2.5 If yes, what were your feelings towards nocturnal emission/night fall?

(1) Took as a natural process
(2) Became disturbed

2.6 With whom you’ve discussed about nocturnal emission/night fall? (You can tick mark more than one)

(1) Friends
(2) Mother
(3) Father
(4) Brother
(5) Relatives
(6) Teacher
(7) Counselor
(8) Doctor
(9) Do not Discuss

3.0 Perception about pregnancy

3.1 A girl gets pregnant when

(1) Union of sperms and ovum takes place
(2) A boy closely hugs/kisses a girl
(3) Do not know

3.2 What do you think about the right age of pregnancy?

(1) 13 - 19 Years
(2) 20 – 29 Years
(3) 30 - 39 Years
(4) 40-45 Years
(5) At any age
3.3 Who is responsible for sex determination of an unborn child?
(1) Male (3) Both
(2) Female (4) Do not know

3.4 From where you’ve received information related to pregnancy? (You can tick mark more than one)
(1) Mother (4) Friends (7) T.V./Radio
(2) Father (5) Teacher (8) Books/newspaper
(3) Siblings (6) Internet (9) Do not Receive

4.0 Knowledge about Abortion

4.1 Have you ever heard about abortion
(1) Yes (2) No

4.2 In which condition abortion can be done? (You can tick mark more than one)
(1) In case of a female foetus
(2) Pre-marital pregnancy
(3) Risks involved in carrying pregnancy for the health of mother and foetus
(4) As a method of Family Planning

4.3 Who is the appropriate person for abortion?
(1) Qualified doctor
(2) Some person who performs it secretly (Dais, etc…)
(3) Do not know

4.4 What was your Source of Information on abortion? (You can tick mark more than one)
(1) Mother (4) Friends (7) T.V./Radio
(2) Father (5) Teacher (8) Books/newspaper
(3) Siblings (6) Internet

5.0 Knowledge about contraceptives

5.1 Are you aware of contraceptives which can be used for safe sex?
(1) Fully Aware (2) Partially Aware (3) Not Aware at all

5.1.1 If Fully/Partially aware, please mention the name of the contraceptive?
5.2 From where you’ve received information related to contraceptives? (You can tick mark more than one)

(1) T.V/Radio (4) Books (7) Teacher
(2) Internet (5) Parents (8) Counsellor
(3) Posters (6) Peer group (9) Doctor

6.0 Sexual Behaviour: Knowledge and Practices

6.1 What is your perception towards the act of sexual intercourse?
(1) Only after Marriage (3) When involved in love affair
(2) Only when mature enough (4) Do not know

6.2 What is your perception towards pre marital sexual relationship?
(1) It is Permissible (3) Can not say
(2) It is a taboo

7.0 Sexual harassment/abuse

7.1 Have you ever heard about sexual abuse / harassment in your surrounding?
(1) Yes (2) No (If no go to 7.2)

7.1.1 If yes, which of the following acts you’ve heard?
(1) Brushing/rubbing against a person’s body
(2) Unwelcome touching/patting or pinching
(3) Abused/obscene phone calls or SMS
(4) Exposure of genitals(indecent exposure)
(5) Showing pornographic material
(6) Making remarks about a person’s body or clothing
(7) Never heard

7.2 What Measures can be taken to prevent such acts?
(1) Descent appearance and dressing
(2) Reporting about sexual abuse to Family member
(3) Imparting self defence training among adolescents
(4) Do not know
(5) Others (specify) ____________________________________________

8.0 Knowledge of Sexually Transmitted infections (STIs)

8.1 Have you heard about STIs?
(1) Yes (2) No
8.2 Do you know the symptoms of STIs
(1) Yes (2) No

8.3 If yes, can you tell what symptoms a person might have when he/she is infected with STI?
(1) Lower abdominal pain (4) Genital ulcers/sores
(2) Burning pain during urination (5) Itching/reddening in the genital region
(3) Unusual Genital discharge (6) Do not know

9.0 Knowledge of HIV / AIDS

9.1 Have you ever heard of HIV/AIDS?
(1) Yes (2) No

9.2 Can HIV/AIDS spreads from an infected blood transfusion?
(1) Yes (2) No (3) Do not know

9.3 Can HIV/AIDS spreads through using an infected syringe?
(1) Yes (2) No (3) Do not know

9.4 Can HIV/AIDS be transmitted through pregnant woman to her unborn child?
(1) Yes (2) No (3) Do not know

9.5 Can HIV/AIDS spreads through unprotected sexual contact with infected partner?
(1) Yes (2) No (3) Do not know

9.6 Can HIV/AIDS spreads by sharing a meal with someone who is infected?
(1) Yes (2) No (3) Do not know

9.7 Can HIV/AIDS spreads from a mosquito bite (has drawn blood from an HIV/AIDS infected person)?
(1) Yes (2) No (3) Do not know

10.0 Substance Abuse

10.1 Do you think drugs sharpen thinking and concentration?
(1) Yes (2) No (3) Do not know

10.2 Do you think drug addiction can be cured by medical and psychological treatment?
(1) Yes (2) No (3) Do not know

10.3 Do you think that to overcome drug addiction one has to have sustained self-determination?
(1) Yes (2) No (3) Do not know
10.4 Taking which of the following are not considered drug abuse? (There may be more than one correct option in this item. Please encircle all correct options)

(1) Tobacco  (4) Charas  (7) Bhang
(2) Smack  (5) Alcohol  (8) Gutaka
(3) Brown sugar  (6) Pan without Tobacco  (9) Disprin

11.0 Opinion/suggestions on Reproductive Health Education

11.1 Do you think it is important to impart Reproductive health education in schools for adolescents?

(1) Yes (Specify the reason)

________________________________________________________________________
____________________________________________________________

(2) No (Specify the reason)

________________________________________________________________________
____________________________________________________________

11.2 Which reproductive health issues would you prefer to be addressed during Reproductive health education sessions?

<table>
<thead>
<tr>
<th>Issues</th>
<th>Yes</th>
<th>No</th>
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<tbody>
<tr>
<td>11.2.1 Female reproductive biology</td>
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<tr>
<td>11.2.2 Male reproductive biology</td>
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<td></td>
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<tr>
<td>11.2.3 Menstrual periods</td>
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<tr>
<td>11.2.4 How pregnancy occurs</td>
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<tr>
<td>11.2.7 Methods of Birth Control</td>
<td></td>
<td></td>
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<tr>
<td>11.2.8 Others (specify)</td>
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</table>

11.3 Which of the following methods will be effective in teaching /discussing on reproductive health issues with adolescents?

(Give priority—1, 2, and 3 in terms of their effectiveness)

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11.4 Who should take the responsibility to impart reproductive health education among adolescents in schools? (You can tick mark more than one)

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<table>
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<tr>
<td>(1)</td>
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<tr>
<td>(2)</td>
<td>Counselors</td>
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<tr>
<td>(3)</td>
<td>Social workers</td>
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<td>(4)</td>
<td>NGOs</td>
</tr>
<tr>
<td>(5)</td>
<td>Doctors</td>
</tr>
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<td>(6)</td>
<td>Nurses</td>
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Thank you very much
Hello! I am a research scholar from Delhi University, Delhi. I am studying “Reproductive health education for adolescents: A comparative study of government and private schools in Delhi”. I am meeting you to know your experiences in this regard. I request you to carefully read the following questions and answer them. For most questions you have to tick (√) the right choice. This may take about 30 minutes. Whatever information I shall gather will be treated as confidential (your name will be kept confidential) and used only for research purposes. I am grateful for your cooperation and time. Thank You.

1.0 Background Information

1.1 Name : 
1.2 Gender : (1) Male (2) Female
1.3 Age (in years) : 
1.4 Class : (1) IX (2) X (3) XI (4) XII
1.5 Name of the school : 
1.6 Type of the school : (1) Government (2) Private
1.7 Religion : 
1.8 Type of family : (1) Nuclear (2) Joint (3) Single Parent
1.9 No. of siblings
1.10 Total no. of family members:

1.11 Qualification of parents: Father Mother
   1 Illiterate ☐ ☐
   2 Upto 12th ☐ ☐
   3 Graduation ☐ ☐
   4 Post Graduation ☐ ☐
   5 Others (specify) ____________________________

1.12 Occupation (specify clearly)
   1 Father ________________________________
   2 Mother ________________________________

1.13 Total family income (monthly): ________________________________
2.0 Process of growing up

2.1 What are the physical changes that occur during adolescence?

<table>
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<th>Changes</th>
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</tr>
<tr>
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</tr>
<tr>
<td>2.1.6 Development of breast</td>
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</tr>
<tr>
<td>2.1.7 Onset of menstrual period</td>
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</table>

2.2 With whom you feel comfortable in discussing on physiological changes? (You can tick mark more than one)

(1) Friends/Peers  (2) Sibling  (3) Mother  (4) Father  (5) Teacher  (6) Counselor  (7) Doctor  (8) Do not discuss

2.3 What was your reaction on the physical changes you have experienced? (You can tick mark more than one)

(1) Natural Process  (2) Became Disturbed

2.4 Are you aware of menstrual period?

(1) Fully Aware  (2) Partially Aware  (3) Not Aware at all

2.5 Which option describes the menstrual period appropriately?

(1) Sign of fertility  (2) Shedding of dirty blood

2.6 What was your source of knowledge before the starting of menstrual period? (You can tick mark more than one)

(1) Mother  (2) Sister  (3) Cousin  (4) Friends  (5) Teacher  (6) Internet  (7) T.V. / Radio  (8) Books/ newspaper  (9) Do not discuss

3.0 Perception about pregnancy

3.1 A girl gets pregnant when

(1) Union of sperms and ovum takes place  (2) A boy closely hugs/kisses a girl  (3) Do not know

3.2 What do you think about the right age of pregnancy?

(1) 13 – 19 Years  (2) 20 – 29 Years  (3) 30 – 39 Years  (4) 40 – 45 Years  (5) At any age
3.3 Who is responsible for sex determination of an unborn child?
(1) Male    (3) Both
(2) Female  (4) Do not know

3.4 From where you’ve received information related to pregnancy? (You can tick mark more than one)
(1) Mother    (4) Friends    (7) T.V./Radio
(2) Father    (5) Teacher    (8) Books/newspaper
(3) Siblings  (6) Internet    (9) Do not Receive

4.0 Knowledge about Abortion

4.1 Have you ever heard about abortion
(1) Yes    (2) No

4.2 In which condition abortion can be done? (You can tick mark more than one)
(1) In case of a female foetus
(2) Pre-marital pregnancy
(3) Risks involved in carrying pregnancy for the health of mother and foetus
(4) As a method of Family Planning

4.3 Who is the appropriate person for abortion?
(1) Qualified doctor
(2) Some person who performs it secretly (Dais, etc…)
(3) Do not know

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(1) Mother    (4) Friends    (7) T.V./Radio
(2) Father    (5) Teacher    (8) Books/newspaper
(3) Siblings  (6) Internet

5.0 Knowledge about contraceptives

5.1 Are you aware of contraceptives which can be used for safe sex?
(1) Fully Aware    (2) Partially Aware    (3) Not Aware at all

5.1.1 If Fully/Partially aware, please mention the name of the contraceptive?
5.2 From where you’ve received information related to contraceptives? (You can tick mark more than one)

(1) T.V./ Radio   (4) Books   (7) Teacher
(2) Internet     (5) Parents  (8) Counsellor
(3) Posters      (6) Peer group (9) Doctor

6.0 Sexual Behaviour: Knowledge and Practices

6.1 What is your perception towards the act of sexual intercourse?

(1) Only after Marriage      (3) When involved in love affair
(2) Only when mature enough  (4) Do not know

6.2 What is your perception towards pre marital sexual relationship?

(1) It is Permissible        (3) Can not say
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7.0 Sexual harassment/abuse

7.1 Have you ever heard about sexual abuse / harassment in your surrounding?

(1) Yes                      (2) No (If no go to 7.2)

7.1.1 If yes, which of the following acts you’ve heard?

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(4) Exposure of genitals(indecent exposure)
(5) Showing pornographic material
(6) Making remarks about a person’s body or clothing
(7) Never heard

7.2 What Measures can be taken to prevent such acts?

(1) Descent appearance and dressing
(2) Reporting about sexual abuse to Family member
(3) Imparting self defence training among adolescents
(4) Do not know
(5) Others (specify) ________________________________________________

8.0 Knowledge of Sexually Transmitted infections (STIs)

8.1 Have you heard about STIs?

(1) Yes         (2) No

8.2 Do you know the symptoms of STIs

(1) Yes         (2) No
8.3 If yes, can you tell what symptoms a person might have when (s)he is infected with STI?
(1) Lower abdominal pain
(2) Burning pain during urination
(3) Unusual Genital discharge
(4) Genital ulcers/sores
(5) Itching/reddening in the genital region
(6) Do not know

9.0 Knowledge of HIV / AIDS

9.1 Have you ever heard of HIV/AIDS?
(1) Yes (2) No

9.2 Can HIV/AIDS spreads from an infected blood transfusion?
(1) Yes (2) No (3) Do not Know

9.3 Can HIV/AIDS spreads through using an infected syringe?
(1) Yes (2) No (3) Do not know

9.4 Can HIV/AIDS be transmitted through pregnant woman to her unborn child?
(1) Yes (2) No (3) Do not know

9.5 Can HIV/AIDS spreads through unprotected sexual contact with infected partner?
(1) Yes (2) No (3) Do not know

9.6 Can HIV/AIDS spreads by sharing a meal with someone who is infected?
(1) Yes (2) No (3) Do not know

9.7 Can HIV/AIDS spreads from a mosquito bite (has drawn blood from an HIV/AIDS infected person)?
(1) Yes (2) No (3) Do not know

10.0 Substance Abuse

10.1 Do you think drugs sharpen thinking and concentration?
(1) Yes (2) No (3) Do not know

10.2 Do you think drug addiction can be cured by medical and psychological treatment?
(1) Yes (2) No (3) Do not know

10.3 Do you think that to overcome drug addiction one has to have sustained self-determination?
(1) Yes (2) No (3) Do not know
10.4 Taking which of the following are not considered drug abuse? (There may be more than one correct option in this item. Please encircle all correct options)

(1) Tobacco (4) Charas (7) Bhang
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(3) Brown sugar (6) Pan without Tobacco (9) Disprin

11.0 Opinion/suggestions on Reproductive Health Education

11.1 Do you think it is important to impart Reproductive health education in schools for adolescents?
(1) Yes (Specify the reason)
________________________________________________________________________
________________________________________________________________________

(2) No (Specify the reason)
________________________________________________________________________
________________________________________________________________________

11.2 Which reproductive health issues would you prefer to be addressed during Reproductive health education sessions?

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11.3 Which of the following methods will be effective in teaching /discussing on reproductive health issues with adolescents? (Give priority–1, 2, and 3 in terms of their effectiveness)

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<td></td>
</tr>
<tr>
<td>Counseling</td>
<td></td>
</tr>
</tbody>
</table>
11.4 Who should take the responsibility to impart reproductive health education among adolescents in schools? (You can tick mark more than one)

(1) Teachers  (4) NGOs  
(2) Counselors  (5) Doctors  
(3) Social workers  (6) Nurses  

Thank You Very Much
APPENDIX – III

Department of Social Work
University of Delhi

Interview Guide to examine the opinion of parents about need of imparting reproductive health education

Background Information

Name ___________________________________________________
Age _____________________________________________________
Gender _________________________________________________
Educational qualifications __________________________________
Occupation _____________________________________________
Total family income (monthly) ______________________________

1. Do you feel that adolescents have certain reproductive health needs with regards to their holistic growth and development?

2. Do you think that school has a responsibility to help and guide the students for the same? (Cite the reason in support of your answer)

3. Do you think it is necessary to impart Reproductive Health education in schools for adolescents?
   • Yes (Ask Q. 4)
   • No (Skip to Q.10)

4. If yes, why?

5. At which class should reproductive health education be started? (Cite the reason in support of your answer)

6. Can you suggest reproductive health issues/topics/areas, which can be included in reproductive health education?
   • Female reproductive biology
   • Male reproductive biology
   • Menstrual periods
   • How pregnancy occurs
   • HIV/AIDS prevention
   • Sexually Transmitted Infections
   • Methods of birth control
   • Others (Specify)

7. Which methods will be appropriate for teaching or discussing reproductive health issues with adolescents?
   • Lecture Method
   • Discussion
   • Interactive educational activities
   • Discussing with each student about
   • his/her problems
   • Inquiry Method
   • Problem-solving Method
   • Counseling
   • Others
8. Which could be an appropriate source of information for adolescents to learn about reproductive health issues?
- Parents
- Teachers
- School Counselor
- Doctor
- Friends
- Siblings
- Books, magazines, newspaper
- T.V/ Radio
- Internet
- Any other

9. What do you think, is there any need to make parents and teachers aware of their role as educator and the need to be effective communicators to adolescents?

10. What will be your reaction, if adolescents ask information on reproductive health issues?

11. Do you have any other comments, observations and suggestions on the issues of reproductive health education which we have not already addressed?

Thanks
APPENDIX – IV

Department of Social Work
University of Delhi

Interview Guide to examine the opinion of teachers about need of imparting reproductive health education

Background Information

Name_________________________________________________
Age___________________________________________________
Gender________________________________________________
Educational qualification_________________________________

1. Do you feel that adolescents have certain reproductive health needs with regards to their holistic growth and development?

2. Do you think that school has a responsibility to help and guide the students for the same? (Cite the reason in support of your answer)

3. Do you think it is necessary to impart Reproductive Health education in schools for adolescents?
   • Yes (Ask Q. 4)
   • No (Skip to Q.10)

4. If yes, why?

5. At which class should reproductive health education be started? (Cite the reason in support of your answer)

6. Can you suggest reproductive health issues/topics/areas, which can be included in reproductive health education?
   • Female reproductive biology
   • Male reproductive biology
   • Menstrual periods
   • How pregnancy occurs
   • HIV/AIDS prevention
   • Sexually Transmitted Infections
   • Methods of birth control
   • Others (Specify)

7. Which methods will be appropriate for teaching or discussing reproductive health issues with adolescents?
   • Lecture Method
   • Discussion
   • Interactive educational activities
   • Discussing with each student about his/her problems
   • Inquiry Method
   • Problem-solving Method
   • Counseling
   • Others
8. Which could be an appropriate source of information for adolescents to learn about reproductive health issues?
   • Parents
   • Teachers
   • School Counselor
   • Doctor
   • Friends
   • Siblings
   • Books, magazines, newspaper
   • T.V/ Radio
   • Internet
   • Any other

9. What do you think, is there any need to make parents and teachers aware of their role as educator and the need to be effective communicators to adolescents?

10. What will be your reaction, if adolescents ask information on reproductive health issues?

11. Do you have any other comments, observations and suggestions on the issues of reproductive health education which we have not already addressed?

Thanks