Appendix B

ASSERTION INVENTORY FOR WOMEN

Instructions
Listed below are a series of statements. Read each statement carefully and then indicate by circling ‘Yes’ or ‘No’ whether this behaviour is typical of you or not. There is no right or wrong answer. It is just the way you typically behave in life. First impressions are usually the most accurate. So do not linger too long over any statement.

Be sure that you respond to each statement.

1. If someone relatively less known to you wishes to borrow a substantial amount of money, would you give it without verifying his/her credentials? Yes No

2. If you don’t like your table at a restaurant, do you ask the waiter to change it? Yes No

3. At a restaurant suppose the food is not up to the mark, do you complain to the management? Yes No

4. Do you find it difficult to compliment a friend acquaintance who is well-addressed or has done something which you have liked? Yes No

5. Suppose your in-laws are in the habit of criticising you for no fault of yours, do you ask them not to do it? Yes No

6. Suppose one of your in-laws asks you to give him/her your favourite article, would you be able to refuse? Yes No

7. Do you give up eating your favourite goods, just because people around you do not approve of that kind of food? Yes No
8. When you visit a doctor, do you ask him about your diagnosis? Yes No
9. Do you ask the doctor what he is prescribing and why he is prescribing a particular medicine for you? Yes No
10. Can you tell a person he/she is doing something that bothers/offends you? Yes No
11. If a particular friendship is not proving very fruitful, do you find it difficult to break the friendship? Yes No
12. If you do not have the time to give a person the help or advice he/she is asking for, do you tell the person so? Yes No
13. After a free demonstration of an appliance in your home, do you feel obliged to buy it? Yes No
14. Are you able to tell your husband your likes and dislikes in a sexual relationship? Yes No
15. Do you ever make the first move in a sexual relationship with your spouse? Yes No
16. Are you able to tell your spouse whether you found the sexual process satisfying or not? Yes No
17. If you do not want sexual relations with your spouse at a particular time, do you say 'No'? Yes No
18. Are you spontaneous during sex play and intercourse? Yes No
19. If your friend asks you to contribute to a cause, do you give money for it because you can’t say ‘No’ to your friend? Yes No
20. If someone asks you an unfair question are you able to resist giving an answer? Yes No
21. Do you stand up for yourself when affronted? Yes No
22. Can you stop a person from interfering and interrupting while you are talking? Yes No
23. Are you able to express opinions or feelings when your views are very different from those expressed by the majority of the people? Yes No
24. Do you find it difficult to tell people good things about yourself or your accomplishments? Yes No

25. If a group of friends decides to go for a movie that you do not wish to see, do you ask them to see some other movie? Yes No

26. Your husband wants to call on some friends with whom you don’t have much in common, would you ask him to visit some other couple instead? Yes No

27. Do you hesitate to return items to a store even when there is good reason to do so? Yes No

28. If someone talks aloud during a movie, play or concert, can you ask him to keep quiet? Yes No

29. When a friend makes an unreasonable requests are you able refuse? Yes No

30. Are you able to ask favours or make requests of your friends? Yes No

31. If you feel you have to point out a friend’s fault, can you say so? Yes No

32. When someone compliments you, do you know what to say? Yes No

33. Would you rather bottle up your feelings than make a scene? Yes No

34. Do people tend to exploit you or push you around? Yes No

35. Do you find yourself contributing money to charity/donation even when you have doubts about the cause and the donation-seeker? Yes No

36. Suppose you are browsing through the goods in a shop, are you able to refuse the sales person’s offer for help? Yes No