9. LIMITATION OF THE STUDY & SUGGESTIONS FOR FUTURE WORK

1. Future research must incorporate, multiple psycho-social domains, information about the woman’s social environment, life circumstances, and resources, and possible biologic pathways through which stress operates may further our understanding of the role of stress in pregnancy.

2. Stress must be measured by the Perceived Stress Scale (PSS), the Prenatal Social Environment Inventory (PSEI) and the Index of Spousal Abuse (ISA). Anxiety scores and other stress scales.

3. Future studies would benefit from enrolling an adequate number of subjects, appropriate blinding, use of standard outcome measures, and presentation of all data and statistical analyses.

4. Further work is needed to determine the optimal integration of the various surveillance methods for improving the perinatal outcome in a cost-effective manner.

9.1 LIST OF PROBLEMS TO BE INVESTIGATED

There are many areas in pregnancy, which are still mysterious and unexplainable. These have to be explored & investigated:

1. Relation between fetal genes and its environment.
2. Feto-placental adaptation and immune suppression.
3. Recurrent spontaneous abortions.
4. Why should pregnancy induce PIH, GDM & other complications?
5. What induces labour – How? When? What is the cause of pre-term delivery?
6. How to explain idiopathic IUGR?
7. What is the role of stress and its resulting hormones in these areas?