DECLARATION

I, Seyed Younes Mohammadi Yousef Nejad, do hereby declare that this thesis entitled “The Impact of Life Skills Training on Self – esteem, Mental Health and Assertiveness: A Study among Students of Boosher’s High Schools in Iran” has not been submitted by me for the award of any degree, diploma, title or recognition before.

Thiruvananthapuram

Seyed Younes Mohammadi Yousef Nejad

Date: 17/12/2010