ACKNOWLEDGEMENT

The research scholar wishes to express his sincere appreciation and gratitude to Dr. N.N. Mall, Professor and Director, Lakshmibai National College of Physical Education, Gwalior and Dr. Harnam Singh, Reader, Department of Physical Education, Panjab University, Chandigarh, for providing him an opportunity to work on this project and the facilities extended to him in carrying out the same, successfully. The author is highly indebted to them for their constant inspiration, goal-oriented encouragement, valuable suggestions, constructive criticism of the manuscript and valuable guidance which they extended during the entire period of research.

Words are inadequate to express my grateful thanks to Dr. A.K. Uppal, Dean, Dr. A.K. Dutta, Reader, and Shri Gopal Sharma, Lecturer, Lakshmibai National College of Physical Education, Gwalior, for helping the investigator at various stages in the completion of this study.

Special thanks are extended to Shri S.N. Sharma, Lecturer, Department of Physical Education, Panjab University, Chandigarh who helped the author and offered many excellent suggestions. He deserves a meritorious
citation for his help and co-operation in conducting the study.

The investigator is obliged to his friend Shri Amritpal Singh, Soccer Coach, Punjab Sports Department, Ludhiana for helping the research scholar as and when needed in the collection of data.

The researcher is highly indebted to his colleague and friend Professor V.K. Mehta of Arya College, Ludhiana who took great pains in going through the whole manuscript and gave excellent suggestions for the improvement and refinement of the language used in the reporting of this study.

Sincere thanks are also due to the Computer Centre staff of the Panjab University, particularly to Shri Harish Khosla, for their co-operation.

I am deeply grateful to the Library Staff of the Lakshmibai National College of Physical Education, Gwalior for their assistance.

Finally the research scholar would be pleased to place on record his appreciation to the young soccer players of various universities without whose co-operation,
enthusiasm and sincerity, the endeavour could not have been completed.

May 14, 1987

( NARINDER PAUL )