## APPENDIX C

**RAW SCORES OF THE AAHPER YOUTH FITNESS TEST (NON SOCCER GROUP)**

**FOR ESTABLISHING VALIDITY AND SPECIFICITY**

<table>
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<tr>
<th>Sr. No.</th>
<th>Pull Ups (Number)</th>
<th>Sit-ups (Numbers)</th>
<th>Standing Broad Jump (Inches)</th>
<th>600 yards Run (SEC)</th>
<th>50 Yards Dash (Sec.)</th>
<th>Shuttle Run (Sec)</th>
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