# TABLE OF CONTENTS

Preface iii  
Acknowledgments vii  
Table of Transliteration ix  
Abbreviations xi  

Chapter I: Introduction 1  
Chapter II: *Varṇa* and Caste: Origin and Development 25  
Chapter III: The *Aśramas* and ideals of *Purushārthas* and *Saṃskāras* 41  
Chapter IV: Education 59  
Chapter V: Marriage and Position of Women 79  
Chapter VI: Daily Life 119  
Chapter VII: Economic Life 135  
Chapter VIII: Conclusion 153  
Bibliography 163