HYPOTHESES

Based on the review of literature, the following hypotheses were proposed:

A. Subjective Well Being, Mental Health, Personality and Motives.

(i) Subjective Well Being and Mental Health were expected to be positively related with Extraversion and negatively with Neuroticism and Psychoticism.

(ii) Subjective Well Being and Mental Health were expected to be negatively related with State Anxiety and Trait Anxiety.

(iii) Subjective Well Being and Mental Health were expected to be positively related with need for achievement, need for affiliation and negatively related with need for approval and need for power.

B. Subjective Well Being, Mental Health, Happiness and Perceived Health Status.

i) Subjective Well Being and Mental Health were expected to be positively related with Perceived Health Status and Perceived Happiness status.

C. Subjective Well Being, Mental Health, Anger Experienced and Anger Expression Styles.

i) Subjective Well Being and Mental Health were expected to be negatively related with Anger Experienced i.e. State Anger and Trait Anger.

ii) Subjective Well Being and Mental Health were expected to be negatively related with Anger Expression dimensions viz. Anger In, Anger Out and Total Anger Expressed.
iii) Subjective Well Being and Mental Health were expected to be positively related with Anger Control dimension of Anger Expression Styles.

D. **Subjective Well Being, Mental Health, Stress and Coping.**

i. Subjective Well Being and Mental Health were expected to be negatively related with Stress measures viz. Daily Hassles, Occupational Stress and Stress Symptoms and positively with Uplifts.

ii. Subjective Well Being and Mental Health were expected to be positively related with Problem focused coping strategies and negatively with Emotion focused coping strategies.

E. **Subjective Well Being, Mental Health, Organizational Commitment, Perceived Quality of Working Life and Teachers' Job Satisfaction.**

i. Subjective Well Being and Mental Health were expected to be positively related with positive perception of Quality of Work Life, Organizational Commitment and Job Satisfaction.

F. **Subjective Well Being, Mental Health and Efficacy dimensions.**

i. Subjective Well Being and Mental Health were expected to be positively related with Generalized Self Efficacy and Teacher Efficacy.

G. **Subjective Well Being and Mental Health were expected to be positively related with each other.**

H. **Subjective Well Being, Mental Health and Gender Differences.**

Gender Differences between Male and Female Teachers on Subjective Well Being, Mental Health and its Correlates were also explored.