Declaration by the Candidate

I declare the research entitled, “Comparing the effects of core stabilizations and stretching exercises on nonspecific chronic low back pain patients” submitted by me for the degree of Doctor of Philosophy in Physical Education is the record of work carried out by myself during the period of December 2009 to July 2012 under the guidance of Dr. V. S. Wangwad and has not formed for the award of any degree, diploma, associateship, fellowship, titles in this or any other University or other institution of Higher learning.

I further declare that the material obtained from other sources has been acknowledged in the thesis.

( Lena Motallebi )

July, 2012

Signature of the Candidate