AIMS
AND
OBJECTIVES
Aims of the study

In India, where the health problems are enormous and resources are sparse, nurses are important resources in implementing comprehensive health care in the hospital and to community at individual level. They play the link role between the health system in the hospital and the community. So nursing is a profession with high levels of Occupational Stress. Stress is an intrinsic part of nursing. It has been mentioned that profession such as nursing and teaching require a high degree of commitment and interpersonal involvement and therefore, are prone to stress (Keane et al, 1985).

The main aim of the present study was to assess Occupational Stress and Burnout among nurses in relation to Personality, Self-Esteem and Ways of Coping.

Objectives of the Study

1. To assess Occupational Stress among three different age groups
2. To assess Burnout among three different age groups
3. To find out the relationship of Occupational Stress with Burnout, Hardiness, Self Esteem and Coping Techniques among three different age groups
4. To find out the relationship of Burnout with its dimensions and dimensions of Occupational Stress, Hardiness, Self Esteem and Coping Techniques among three different age groups