Implications, Limitations & Suggestions
IMPLICATIONS

The pains taken to complete a study are fruitful only if its implications are properly understood and put to use. This study can prove to be useful in controlling aggression as it provides an insight into the behaviour pattern of today's youth, and identifies certain factors responsible for aggression.

As indicated by the findings, persons with external locus of control are more prone towards aggression. Thus efforts should be made to help such persons in developing internal locus of control. Though it is difficult to change the mental set up of an individual at a later stage but he can be made to understand and analyse his behaviour which will help in reducing aggression. He should learn that he himself is responsible for the consequences of his behaviour thus he should not blame other factors if confronted with failure.

Similarly alienated persons are more likely to harm others or indulge in aggressive activities. It is the duty of society to provide such an atmosphere to the individual that he does not feel alienated. Factors responsible for the feelings of alienation should be controlled. Alienated persons should be identified and made to understand that they are also an integral and important part of the society. They should be helped to develop the feelings of belongingness.
Further, it was found that altruistic persons are less aggressive, so it should be tried that the person learns to become altruistic rather than aggressive. Though altruistic act is accomplished without any selfish motive behind it but in order to make the person behave in an altruistic manner, he should be suitably rewarded for his prosocial behaviour. Helping and sharing should be taught to children by the parents as well as teachers so that they become altruistic adults later.

As it is extremely difficult for an adult to change his behaviour pattern, he should be dealt with patience. Since early childhood only it should be tried that the child develops strong internal locus of control, feelings of belongingness and altruism. This can be accomplished through parents, teachers, other role models and media etc. as they have a strong impact on the child.

LIMITATIONS

Like any other study, this study too has its own limitations. Though the area difference has been studied but the sample does not represent the true rural population as it has been drawn from urban colleges and their number is also less. Subjects from lower socio-economic status are also not included in the study. Only upper class and middle class subjects have been taken.
SUGGESTIONS

This study should be replicated by selecting equal number of subjects belonging to different socio-economic strata from both urban and rural area. The rural sample should be drawn from rural areas only.