Chapter II

REVIEW OF RELATED LITERATURE

Introduction

A Study becomes more valuable when the research is evidence based. A single study no matter how well done, will not be complete. Having reviews of the similar topic gives more weight to the study. We get a different point of views from different experts. The reviews support the experts’ opinion regarding a particular topic. When appropriate studies are taken into consideration it will give correct interpretation. When proper related reviews are there it also educates the readers with different studies in the similar field. The research also becomes more effective when appropriate reviews are studied. Reviews give an in depth knowledge on a particular subject.

In search for reviews to the related topic increase the knowledge base of the researcher and the reader the subject is understood better when seen from different angles.

The researcher has studied literature related to the study to view the study from different prospective to make the study more meaningful.

A. Gasti\(^1\) conducted a study on the first "Hind Kesari" He was a talented wrestler from Kolhapur. Achieving the "Hind Kesari" is a prestigious title in India. He not only attained the "Hind Kesari" but many other achievements at different level.

The information for the study was got with the help of interviews with Mr. Shripati Khanchanale. The study is a great source of inspiration and guidance to coaches and wrestlers.

Abhay Srivastav\(^2\) conducted a case study on Dr. Laxman Kokardekar, a senior member of Hindu Vyam Prasark Mandal. He was born in Durgapur,


Amravati. For sometime he stayed with Dr. S.H. Patwardhan who was a Homeopath and social worker.

Dr. Laxman Kokardekar returned to Amravati and later went to Germany for higher education in Physical Education. He completed his Diploma in Physical Education and later completed his Doctoral Degree. During his stay at Berlin, the 11th Olympics Games were scheduled in Berlin, which gave Dr. Kokardekar an opportunity to share his ideas and thoughts with the organizing committee.

On his return from Berlin made him a qualified person in the field of sports. He was instrumental in helping The Hindu Vyam Prasarak Mandal, in organizing an international tour in projecting Indian traditional sports.

Ajit Singh\(^3\) conducted a study on Ranveer Singh who was born in a middle class family, on 12th February 1951 in Tajpur Simbhalka Village, Uttar Pradesh. He was good in his studies as well as in Volleyball.

His father and brother were also good volleyball players. His father did not encourage him to play volleyball as his brother failed in his high school examination. His PT Instructors encouraged him to take up volleyball.

Once his father saw him playing volleyball in a tournament and slapped him on the ground in front of all the spectators.

In 1970, he participated in the State Championship held at Kanpur and this performance got him a place in the Indian Volleyball Team in 1971.

He represented India at International level for 10 years. He played at National level for 15 years and represented the Uttar Pradesh Police team for 20 years.

In 1975, he was awarded the “Arjuna Award” by the Government of India and the “Laxman Award” by the Uttar Pradesh State Government.

Alex\(^4\) conducted a case study on Pathos P. Mathai and his contribution towards the field of sports. He served as a Physical Director for Kerala University.

He was a talented sportsman and represented the University Basketball and Volleyball team. Right from his childhood he was a good sportsman and equally good academically. He was a good sports administrator and served many Colleges and Universities.

Amit Rawat\(^5\) conducted a case study on Dr Robson Moses. He was an all-round sportsman who used to play Basketball, Tennis and Athletics. Robson contributed towards the development of practical and also theoretical aspects of sports to upgrade sports performance.

Robson completed his Master's Degree in Physical Education from Spring Field College, USA and later completed his Doctoral Degree in Physical Education from the University of Oregon.

Robson was the Principal of Alaggapa College of Physical Education, and Head of Department of Physical Education and Sports, Sciences, Annamallai University. Robson organized many Competitions, All India Track and Field Inter University Championships. Robson played a major role in the development of sports.

Robson was not only an excellent sportsman but also a good administrator and organizer. His contributions played a significant role in the development of sports.


Anusha Sapaliga\textsuperscript{6} conducted a case study on Dr. Deepak Tilak with regard to his family background, educational background, sporting carrier, as a coach and his contributions towards Judo. He was born 6th November 1952, Pune.

He is the great grand son of India's freedom fighter Lokmanya Bal Gangadhar Tilak. He received a lot of support right from the beginning from his family friends. He was an all rounder. He was good in sports and studies.

He took up Judo at the age of 13 under the guidance of Mr. R. D. Khandwale. He played at National Level and Inter University Level. He won six gold medals at the national level. He also learnt wrestling to develop his Judo Game.

On his coach’s advice he went to Japan for advance training were developed, concentration, endurance, strength and skills. He has coached more than three thousand players and more than 15-20 students have received the Shri Shiv Chatrapati Award.

He coached without taking fees from his students. He also organized many State, National, National and international competitions in his carrier.

Brijender Singh Shokeen\textsuperscript{7} conducted a case study on Dronacharya Awardee Professor Karan Singh. He belonged to a royal family of Maharaja Mann Singh.

Professor Karan Singh completed his Diploma in Physical Education and Master of Physical Education from Kandivali. Professor Karan Singh was good in Athletics, Basketball, Volleyball, Tennis and Football.

He created new state meet records in 100m, 200m, and 400m and long Jump. In the first Asian Games, Professor Karan Singh won a gold medal in the 4 x 400 meters relay in Athletics.

\textsuperscript{6} Anusha Sapaliga (2007). \textit{A Case Study on Dr. Deepak Tilak, 8 Dan Black Belt Holder}. Unpublished Masters Degree Dissertation, University of Pune.

He produced many National and International sportsmen like Brig Labh Singh, Ajmer Singh, Baby Thomas, Kusum Chatwal and many more. He also contributed towards the development of sports organization and infrastructure.

He also contributed to the field of sports by writing many articles and books. His book titled “A History of Inter- Athletic Meets (men) in India 1940-41 to 1983-84 was awarded first prize of Rs. 5000/- by Government of India.

In 1995, he was awarded by the President of India, the “Dronacharya Award” for his contributions and development in the field of sports.

Charles\(^8\) conducted a case study on Mr. V. J. Philips, a hockey player and his contributions and impact on Indian hockey.

The information was obtained from V. J. Philips, his family members, coaches, physical director of his college, published materials, photographs etc. Mr. Mani was a great source of inspiration in V. J. Philips in developing him into a good hockey player.

Chinmay Sharma\(^9\) conducted a case study on Bhogeswar Baruch with regard to his contributions to the field of sports. He was supported by his family and friends in his sporting career.

He had a scientific approach towards sports and believed that science is the base of all sports. He conducted camps for sportsmen with his own resources even though he was not financially sound. The study also showed his contributions towards Assam State in the field of sports.

Daniel Perinbarai\(^{10}\) conducted a case study on P. A. Suleiman a Volleyball player. He understood the game and the latest techniques applied at international level. He preferred to keep a low profile and worked hard in

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coaching sportsmen. He coached many sportsmen who played at the national level. His contributions were significant in the field of sports.

Dennis (1988)\textsuperscript{11} conducted a case study on D.P. Mony, Olympian weight lifter. He was born in Putukudi Eruppu, Kanya Kumari District.

He represented India at the London Olympic Games. He was inclined towards sports and studied only up to fifth standard. He always dreamt of being a good weight lifter.

He also took part in the Finland Olympics Games and secured third place. His weight lifting career was affected as he fell ill for seven years. He later worked as a gymnasium instructor.

He had the views that Indian had the potential of performing at international level if they were given proper training.

Dinesh Karad\textsuperscript{12} conducted a case study on Dhanraj Pillay who was born in Khadki, Pune on the 15\textsuperscript{th} July 1968. Dhanraj Pillay and his family went through hard times during his childhood days.

He was supported by his parents and his brothers. His father was a grounds man. His brothers were also good hockey players that made him take up hockey. Mohammed Shahid was his role model and motivator. In 1989 he was selected for National Championship, in which his team was the winner.

His International debut was against China in 1989. He was coached by Jude Felix in his early days. He was also the Captain of the Indian Hockey team.

Dhanraj was a unique sportsman to get the “Arjuna Award”, “Khel Ratna Award’ and the “Padmashree Award”.

He represented India in four World Cups, four Asian Games and three Olympics Games. He was the only Indian be nominated as the “World Best Male Players Award” twice by FIH.


Dorothy Kangas\textsuperscript{13} conducted a case study on Joan Benoit Samuelson, who was an Olympian. She was a good basketball player. She was a balanced person, who along with sports, manage her family life very well.

She was a focused sports person and never allowed any obstacle deter her confidence. Though she under went a knee injury she bounced back and performed well. She was a role model for every woman sportswomen.

Edward Peter\textsuperscript{14} conducted a study on Robert John towards his contributions towards Swimming. Information was obtained with the help of his documentary evidence and interviews with him. Through the study his qualities as a coach and as a sports administrator were known.

Freeman\textsuperscript{15} studied the biography of William Jay Bowerman, a sportsman and his contribution towards the field of sports. He was a successful coach who made major different in many sportmen.

He was also a member of the United State Olympic Committee and also Track and Field Coach for the 1972 United State of America Athletic team. From the study his contributions towards were known.

Ganesh Devrukhkar\textsuperscript{16} conducted a case study on Shri Uday V. Deshpande for his contribution and promotion of Malla Khamb game. His father and fore fathers very much interested in physical exercise and encouraged Uday Deshpande towards sports.

He played different sports like Cricket, Gymnasium, Yoga, Wrestling etc. He used to practice Yoga with his grandfather during his childhood. He also completed his NIS course in Gymnastics.

He coached many Mallakhamb players and many went on to receive the Shri Shiv Chatrapati Award. He played an important role in popularizing and developing Mallakhamb game.

He published Mallakhamb code points system which was widely approved and accepted by all Mallakhamb State Federations. He also organized five Mallakhamb National Championships.

The year his daughter Aditi, got the Shri Shiv Chatrapati Award for her contributions towards Mallakhamb, Shri Uday. V. Deshpande also received the Dronacharya Award in the same year for his contributions towards Mallakhamb.

Gary, Yip\textsuperscript{17} studied the discipline in Physical Education and Physical teacher and studied the secondary physical education teacher.

It was observed that with proper management and instructions department of physical education can improved. Teacher and student behaviors were analyzed with the help of a modified Task structure observational system (TSS) and the rules. Routines and expectations (RRE) instrument was used to study the preventive management strategies.

Gauresh Naik\textsuperscript{18} conducted a study on Bruno Coutinho a football player. He was born on 6\textsuperscript{th} October 1969, Porvorim, Goa. He was bold and brave boy.

His father and brother were also good football players. At the age of 17 years he went on to represent India schools team in Asian School Games at Brunei, 1986. He was supported by his family and friends.

Mr. Salvador was Bruno Coutinho’s first football coach who was his friend, guide, and philosopher. He played football for 16 years and represented Goa state and India for many years.

Under Bruno Coutinho’s Captaincy, Goa won the Santosh Trophy in 1990. He captained the Indian Football team four times.

\textsuperscript{17} Gary. Yip, (1988). \textit{Discipline in Physical Education : A Case study of one secondary physical education teacher.} Unpublished Thesis of Physical Education for Degree of Master Degree of Arts, Department of Kinesiology and Physical Education.

He received the prestigious Arjuna Award in 2001 at the hands of The President of India, Dr. A.P.J. Kalam.

Hivale\textsuperscript{19} conducted a case study on world famous cricketer Mr. Chandu Borde. He came from a middle class family and because of his dedication he went on to represent the Indian Cricket Team and also captained the Indian Team.

After active cricket he rendered his services to the Board of Control for Cricket in India (BCCI) and the International Cricket Council (ICC).

Hotchkiss\textsuperscript{20} conducted a study on the contributions of Micheal Peppe to Physical Education especially to the field of Aquatics.

It was through personal correspondence with the coaches of the Micheal Peppe Era, International swimmers and diving representatives and the Ohio State Swimming Allumni the information regarding Micheal Peppe was obtained.

He collected together all the information and made the study a meaningful. The study is very helpful, especially to the field of aquatics.

James, et al.\textsuperscript{21} studied the Perception in Elementary Physical Education and assessed it. The Study studied the perception of teachers and students.

Data was collected with the help of Likert scale, questionnaire, interviews, and documents. At the end the result showed that both students and teachers perceived that teaching and learning was improved through physical education activities.

Jerry Schegelmolch, (1987)\textsuperscript{22} studied the biography of John H. Scolinos College Baseball coach, famous for his philosophy in coaching and teaching. He

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\textsuperscript{21} James, et. al. (2005). \textit{Perception of Assessment in elementary Physical Education, a Case Study}. Magazine article of Physical Education from research Archive, P. 86
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not only coached and trained sportsmen but helped them in their lives. He won many awards which show his contributions towards the sportsmen and sports.

Krishna Kumar\textsuperscript{23} conducted a case study on K. Raghunathan an International athlete from Kerala. Though no one in the family was sportsmen he turned out to be an International athlete.

He was a good 100 meters sprinter, Long Jumper and Triple Jumper. He liked to play football and played in his leisure time. He was a simple person, never addicted toward any bad vice like smoking and drinking.

Lompkin\textsuperscript{24} conducted a study to investigate the contribution of Women Tennis player towards and their development of Tennis in the United States of America.

Information was obtained from former Players, Officials and other involved with tennis showed how tennis transformed into major sports at the international level with the help of the people involved with Tennis.

M. Mane\textsuperscript{25}, (2010) conducted a study on Anjali Bhagwat's role and contribution in the field of shooting. The researcher conducted a study on her personality, views of her family members, friends, coaches, fellow shooters and students. The researcher also conducted 16 PF Test to understand her personality.

Opinion rating Survey was conducted on her with regard to the game. The biography of Anjali Bhagwat was done to know her in a better way.

The researcher studied her achievements and the different people who have influenced Anjali Bhagwat in her shooting career. The study is a great help to the shooters and coaches in the field of shooting.

Mahesh Bendhbar\textsuperscript{26} conducted a case study on Arjuna Awardee, Viren Rasquinha, a Hockey player. He never neglected his studies though good in sports.

He was also a good football player and was liked by his coaches, teachers etc. He ranked 13\textsuperscript{th} in the state with 91% in the SSC exams. He used to carry books at hockey camps to catch up with studies.

He also joined Tata Sports Academy and was the youngest player to represent the academy in Hockey, in the super league, Marrban Patel guided him at the academy. He got an opportunity to represent Air India and was guided by Durand D'souza his coach.

He retired from hockey at relatively young age of 29 years. He also participated at Premier Hockey league and represented and captained the "Maratha Warriors" for 3 years.

He also was the member of Junior National Hockey Team which was held at Hobart, Australia.

He also represented India in the Asian Games held at Bussan. He was the member of the hockey team which won the Asia Cup, Gold medal held at Kualampur.

The Maharashtra Government awarded him with the Shri Shiv Chatrapati Award in 2004 and rightly noticed by the Government of India he was also awarded the prestigious Arjuna Award in 2005.

Maheswara Reddy\textsuperscript{27} conducted a case study on Shrimati. G. Mulini Reddy's contributions in the field of Volleyball. She had the ability to understand the latest skills, techniques and develop them in her players.

She was well known for getting out the best from her students and getting the best results. She has also coach the Andhra Pradesh State team and also

Osmania University Volleyball team. She has also produced many National level players.

She has also been a Manager of the Indian women’s volleyball team and also was a delegate to the Seoul Asian Games.

As appreciation towards her contribution towards Volleyball game the Government of India awarded her the prestigious Arjuna Award.

Mangal Arjun Gaikwad\(^28\) conducted a Case study on women who represented State level and University of Pune in Table Tennis during the period of 1990 to 1994.

He was residing in Pune for his Education so he selected the Table Tennis players from University of Pune. The study also dealt with the problems faced by women Table Tennis players.

Mangeshkumar Patil\(^29\) conducted a case study on Khashaba Jadhav, a renowned wrestler from Maharashtra. Khashaba Jadhav came from a family whose father and fore fathers were good wrestlers. Khashaba Jadhav was a cool and calm person.

Who was also good in studies. He got the basic and scientific coaching from his school P.T Master Gundapant Belapure and Baburao Balwade.

He represented India in two Olympics London Olympics Games and Helsinki Olympics Games and won a first Individual medal at the Olympics Games for India. Being a sportsman he was given a job in the Police department.

He was instrumental in relieving Anthony Coutinho from the police department and him joining the Telco Sports Academy.


Maninder Dhillon Nee Parinder Sekhon\textsuperscript{30} conducted a study on Balbir Singh, an ace Indian hockey player and his contributions towards Indian Hockey.

Harbail Singh, his coach had a great influence on Balbir Singh's road to success. He won many awards in his career and was declared the Best sportsman in 1982.

He also contributed to the field of sports by doing a great deal of work in the field of administration. He was Director, in Punjab Sports Department.

He represented India in the Olympics Games and was the member of winning Indian Olympic Team in 1948, 1952 and 1956. He captained Indian Olympic team at 1956, Melbourne Olympics Games.

Mann\textsuperscript{31} conducted a case study on Dr. Ajmer Singh with regard to his contributions to field of Sports. He had good leadership qualities, good teacher and was able administrator.

He was a sportsperson of International Standards. He played an important role in developing and promoting sports in the country.

Manthiri\textsuperscript{32} conducted a case study on R. Gnanasekharan and his contributions towards athletics. He was a good sprinter in 100 m. His father was also good sportsman.

Though he was a well known athlete, he was a down to earth person. He was a hard working and determined person that made him a successful athlete. Seeing his contributions in the field of athletics he was awarded the prestigious Arjuna Award in the year 1982 by the Government of India.


McKeon\textsuperscript{33} conducted a study with the available material pertaining to Arnold, his family background and his professional activities.

He was instrumental in the evolution of Arnold College for Hygiene and Physical Education. He was instrumental in the evolution of Arnold College for Hygiene and Physical Education.

He played an important factor in establishing admission requirements and curriculum content for physical education. He was influential in making physical Education mandatory in public schools of Connecticut.

Narsimha Murthy\textsuperscript{34} conducted a case study on the famous cricket all rounder, Kapil Dev. He played cricket from his school and his college. At the age of 17 years he represented his state. Later, he represented India at age of 19 years to play against Pakistan.

He was one of the best all time all-rounder in cricketing history. He was the captain of the Indian cricket team, when India won the 1983 World Cup. He was the first to score first One Day International century by an Indian.

Niranjan\textsuperscript{35} conducted a case study on Prakash Padukone, a International Badminton Player. He was a winner of the prestigious All England Badminton Championship and Nine time’s National champion. He was influential in promoting and coaching many upcoming badminton players.

Seeing his contributions towards Badminton and also towards the nation he was honored by the Indian Government with Padmashree Award and Arjuna Award. The study will help the upcoming coaches and players to improve the game.

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Nitin Sapkal\textsuperscript{36} conducted a case study on Shri Aba Nagoji Naik, a wrestler. He studied regarding the life of Shri Aba Nagoji Naik's life, achievements and contributions in the field of sports. Information regarding him was obtained from the newspaper and weekly magazine. The data consist of Primary and Secondary source.

He was honored with the Shri Shiv Chatrapati Award by the Maharashtra State Government in 1993 and in 2001 with the Life Time Achievement Award after his death by the Central Government for his achievements in sports.

Radhakrishnan\textsuperscript{37} conducted a case study on P.T. Usha, an athletic who is well known as the Golden Girl. Her contribution and performance in the field of athletics was studied.

The role of her parents and Coach Mr. O. M. Nambiar were also studied. She trained under her coach Mr. O.M.Nambiar, when she was only 12 years old.

She was the only athletic to win a Gold and Silver medals in the Asian Games. She earned the title of Indian Express and Payyoli Express.

She was also awarded the Arjuna Award in 1983 and Padma Shri Award in the year 1985 for her contributions towards athletics.

Rajan (1991)\textsuperscript{38} conducted a case study on Late Jimmy George, a volleyball player. He was born in 1955 in a family where all family members were volleyball players. Having a family where all members were volleyball players, Jimmy George developed a liking towards volleyball.

His father encouraged him to play, and made a volleyball court in their compound. He represented Kerala State and later went on to represent the Indian Volleyball team.


He died in a tragic accident in 1987. He was later also awarded with 'Arjuna Award' by the Government of India for his contributions towards the game of volleyball.

Rajkumar\textsuperscript{39} conducted a case study on the honorable chief minister of Tamil Nadu, Jayalalitha for the contributions in the field sports. She was an active sports person and was fond of playing cricket, swimming and horse riding.

Her Administrative skills helped in organizing major international sport events like the 10th Nehru World Cup, International Athletic Meet and seventh South Asian Games in Madras in the year 1995. She was the first woman to be member of Tamil Nadu Cricket Association. She introduced many schemes for development of sports and to encourage sportsmen. She also contributed towards development of sports infrastructure by installing a synthetic track at the Nehru Stadium.

Raymond Earl\textsuperscript{40} conducted a study on John William a well known football coach. The study was to know the influence of John William on football.

With the help of interviews with John Williams family members, friends players and coaches information regarding him was known. All related documents were studied to know his influence in the field of football. He was an intellectual and innovative coach. The study is great help to football coaches.

Roberto\textsuperscript{41} studied the life and sports career of Jose De Jesue Clarke Flores, who was a successful sports leader in Mexico. He studied his contributions to the field of sports and also his leadership qualities that made him a successful leader.


He served the military and also was an engineer during his involvement in the field of sports.

Rushikesh Kumbhar (2006)\textsuperscript{42} conducted a study on Padmashree Gopalrao Phadke, his family life, his childhood, education participation and his awards. He was born on the 10th November, 1929, Pune. He received a lot of support from his family and friends.

He took up Kho-Kho game at the age of 13 years and also represented University of Pune. Besides being a good player he was a good official who was well known for his impartial and sharp judgments.

He developed the liking towards coaching and developed many good players. He received the Dronacharya award and Shri Shiv Chatrapati Award for his contributions and dedication towards the game of Kho-Kho.

Sachin Ubale\textsuperscript{43} : conducted a case study on Shri Shiv Chatrapati Awardee Master Pravin Borse. He studied his family background, childhood, education, sports career, his achievements and contributions to the game of Taekwondo.

He balanced his sporting career and education very well. He was coached by his Manipur coach Master Premjit Singh Kanganwa and assistant coach Sanjiti Singh Luwang. He trained hard and had good record at state and national level.

As a coach he was a certified NIS coach who produced a lot of reputed players. In the year 1998 he was awarded the Shri Shiv Chatrapati Award by the Maharashtra Government for his contribution towards the game of Taekwondo.

Sethu\textsuperscript{44} conducted a case study on Mr. A. Palanichamy, who had an immense desire to be a top class sportsman and develop good sportsmen. He developed the Volleyball game in the rural areas by conducting camps.


\textsuperscript{44} Sethu, (1968). \textit{A Case Study of A Palanichamy, the Arjuna Awardee in Volleyball}. Unpublished Masters Degree Dissertation, Alagappa University.
By his systematic coaching, he was able to develop good players. Taking in view his contributions towards the field of volleyball, the Government of India awarded him the prestigious Arjuna Award.

Shajji\(^{45}\) conducted a case study on the famous Indian athlete P.T. Usha, who is known as the Golden Girl. She was coached by O.M. Nambiar who molded her into a fine athlete.

She represented India at the Moscow, Los Angeles and Seoul Olympics Games. She also represented India at the New Delhi, Seoul and Beijing Asian Games. She still holds the national record in 100m, 200m 400m and 400m hurdles.

She was awarded the Arjuna Award for her contribution toward athletics by the Government of India.

Shivaramkrishnan\(^{46}\) conducted a study on famous Indian Cricketer, Sunil Gavaskar. The study revealed the support he received from his father and maternal uncle.

His father exposed him to cricket by taking him to the grounds and showing him clubs and Ranji matches, which developed his interest to play cricket.

He not performed well at school level but also at University level. He went on to represent Bombay University in 1966-67. He represented Bombay and played Ranji Trophy in 1970 and later selected in the Indian Cricket team in 1971. Sunil Gavaskar was widely admired for his technique against fast bowling. He also captained the Indian team. He set world records during his career for the most test runs and centuries scored by a batsman. He made his test debut in 1971 against the West Indies.

Seeing his contributions towards cricket and India, he was awarded the prestigious 'Arjuna Award' in 1977 and in 1979 the 'Padma Bhushan Award.'


Singh Jagbir\textsuperscript{47} conducted a case study on Mr. Milka Singh who was well known as the flying Sikh. He also studied his athlete career, educational qualification, achievements and contributions in the field of sports.

He also was an able administrator and also did a lot of development in the field of sports in Punjab. He was also awarded the Padmashree Award by the Government of India.

Singh, Surjit\textsuperscript{48} conducted a study on Padmashree Awardee, S. Bahadursingh, who was a well known athlete. He also studied him as a sports person, sports promoter and as a coach.

He also studied his contributions in the field of sports. He also studied his road to success in the field of sports. He was a trained coach who had done a diploma course in athletics.

He was also conferred the Padmashree Award, by the Government of India.

Suresh Gujrathi also coached Bahadur Singh, who was Anthony Coutinho’s coach.

Sudaresan\textsuperscript{49} conducted a case study on P.V. Kamraj, an international athlete. He belonged to a family, were all were good sportsman. From his very childhood he was inclined more towards sports than academics. His personality traits were studied to know him in a better way. He had a liking towards smoking and drinking.

He always liked to update himself with the latest coaching techniques and training methods that would help to train his sportsmen in a better way.


\textsuperscript{49} M. Sudaresan, (1992). \textit{A Case Study of P. V. Kamraj, the International Athlete}. Unpublished Masters Degree Thesis, Alagappa University. P. 35
Thomas Joseph\(^{50}\) undertook a case study on Shiny Abraham, an athlete from Kerala. Athletics was the first love for the members in the family that made her also take up athletes. She was initially guided by her father. She was an 800m runner who at an early age drew attention of all the coaches and selectors.

She is of strong opinion that athletes need to be taken proper care of, so that they can give their best performance.

Thulaseedas \(^{51}\) conducted a case study on an Olympian Suresh Babu, born in Puthatharam, Kerala. He competed in both the Asian Games and the Olympics Games.

He won the Gold medal in long Jump at the Bangkok Asian Games. He was not only a good Athlete but a good coach too.

He believed in treating the athletes in the best possible way to improve their performance and have a long life in sports.

He also suggested that if the Government would take proper initiative and give proper facilities to the upcoming athletes that would improve India’s performance at the national and international level.

Vishal Salunkhe (2008)\(^{52}\) conducted a study on Mr. Paramjitsingh Bhumrah’s, his family background, education professional career, participation and achievements. He was born in Pilibhit, Uttar Pradesh and was a son of a freedom fighter. He was a good weight lifter who represented school games and national games.

He was also very good in cycling specially road race. He was a state champion and also represented senior national championships. In the Bombay-Pune cycling race he won the "Ghatacha Raja" title twice. As a coach, he trained


many weight lifters including his wife Mrs. Dimple Kaur Bhumrah, who performed well at National and International level.

He was awarded the Shri Shiv Chatrapati award by the Maharashtra State Government for his contributions towards weight lifting, in 1988.

Zakir Ahamed (1988)\textsuperscript{53} conducted a case study on Victor Manjila, an international soccer player. He was born in a middle class family in Nillikannu, Kerala.

He represented his District and University in football. He also represented India at the Asian Youth Soccer and The President Cup.

Mr. Victor Manjila had a view that the government needs to take proper steps to encourage sports in the coming generations. He also recommended that the Government and different sports associations need to have proper coordination to develop sports in the country.

In this chapter different reviews were taken to understand the different studies and to make this study meaningful and have the right direction. Different types of Books, Journals, Magazines, Dissertation Abstracts, Unpublished Masters Thesis, M. Phil Thesis and Ph. D. Thesis were analyzed and studied to help to make the study have a proper direction and meaning.

It was observed from most of the case studies that

- Interviews were conducted with the subject and people associated with him.
- Proper Questionnaires were prepared with the suggestions of experts.
- Related documents were studied.
- The data collected were analyzed and interpreted.