Interview Schedule
Appendix. (iii)

INTRODUCTION

ELDERLY UNDER INSTITUTIONAL CARE: A STUDY OF THEIR PERCEPTIONS AND PROBLEMS

1 General Information:

1.1 Age (completed years):
1.2 Sex:
1.3 Caste:
1.4 Religion:
1.5 Place:
1.6 Marital Status: Un-married/ Married/ Divorced/ Widowed/ Remarried.
1.6.1 If you are married, where is your spouse living now?
Living with you in old age home/with daughter/ with son/ with both/ any other.
1.6.2 How many children’s do you have? Males ____ Females __.
1.6.3 How many of them are married? Males ____ Females ____.
1.6.4 Before you shifted to OAH, Out of married sons, how many of them were:
   a) Staying with you.
   b) Staying apart from you.
1.7 Did you have your own house before coming to OAH? Yes/No
1.7.1 Specify whether it is:
   a) Ancestral/ Self constructed/Rented/Government accommodation.
   b) Five Marla/Ten/One kanal/any other.
   c) Type of accommodation: one bed-room/ two/ three/ more than3/any other.
   d) Whether rooms were attached with bathrooms? Yes/no.
   e) Do you have a separate room with attach bathroom for yourself in your house?
      Yes/No
1.8 What type of behavior respondents had with their elderlies?
1.9 How much emphasis you laid upon inculcating following values in your children:
   Values To large extent some extent Not at all
   1 Respecting the elders
2 Cooperation
3 Sacrificing self-interests for family members
4 Any other

2 Socio-Economic Status:

2.1 Educational Qualifications:
Illiterate/ Primary/ Middle/ Secondary/ Graduate/ Postgraduate/any other.

2.2 As a young person, whether you were employed? Yes/No.
   a) If yes, whether you were/are in a: Govt/job/Private/Business.
   b) Specify your last designation if you were in govt. or private Sector.
   c) In which year you got retired? ______.
   d) Whether you got re-employment after retirement? Yes/No.
   e) If yes,
      a) Whether you are still continuing that job? Yes/No.
      b) If yes, whether it was of:
         i) Extension of some job yes/no
         If yes for how much period ______
      c) If no,
         i) Specify the job __________
         ii) Whether it is full-time/Part-time _________
         iii) How much monthly salary you are getting _________
         iv) Any other specify ______
   f) If you are in business:
      i) Kind of business _________
      ii) Nature of work you are doing _________
   g) If housewife, specify the type of work you are doing
      i) Before attaining the age of 60yrs __________
      ii) After attaining the age of 60yrs __________

2.3 At present what are your sources of income?
3 Health Status:

a) How do you evaluate your present health status? Excellent/Good/Bad

b) Do you still feel young and full of spirit? Always/sometimes/never

c) Are you suffering from any serious health problem? Yes/no.
   i) If yes, specify them: __________

d) Since how long are you suffering from above mentioned problem?
   Less than 1 year/1-3 year/ more than 3 year.

e) Do you find your health is just beginning to be burden to you? Always/Sometimes/Never

4 Religiosity:

4.1 Non-organizational Religiosity:

a) How often do you prayer at home Daily/weekly/monthly

b) How often do you listen/watch religious programmes on audio/TV Daily/weekly/monthly

4.2 Religious Beliefs:

i) Do you believe in:
   a) The concept of Pap and Punya Not at all/moderately/Strongly
   b) The concept of Dana Not at all/moderately/Strongly
   c) The concept of Swarag and Narak Not at all/moderately/strongly
   d) Theory of Karma Not at all/moderately/Strongly
   e) The life after death Not at all/moderately/Strongly
   f) The existence of God and Goddesses Not at all/moderately/Strongly

4.3 Subjective Religiosity:

i) Independent whether you go to temple, Gurdwara/Mosque/Church/or
   Not, would you say that you are:
   a) To what extent you consider your self as a religious person
      Very much/some extent/Not at all
b) How important is god in your life
   Very much/some what important/ Not at all

c) How much strength and comfort you find from religion.
   Very much/ some extent/Not at all

4.4 Organizational Religiosity:
   a) Are you a member of belong any religious organization
      Yes/No
      i) If yes, specify them
      Monthly/Annually/Lifetime
   b) Do you subscribe to any religious magazine of that organization?
      Yes/No
   c) How often do you go to religious places?
      Never/Sometimes/Quite often
   d) Do you help any religious organization financially?
      Never/Sometimes/Quite often

5 Intergenerational family solidarity:
   1.1 a) How often do you go outside the home with your children for recreation?
      Regularly/Occasionally/Rarely
   b) How often your children bring you for recreation?
      Regularly/Occasionally/Rarely
   5.2 a) How often do you converse with your children
      Regularly/Occasionally/Rarely
   b) How often your children converse with you according to your perception
      Regularly/Occasionally/Rarely
   5.3 How often do you and your children together participate in large family gatherings
      Regularly/Occasionally/Rarely
   5.4 How often do you and your children together participate in small family gatherings
      Regularly/Occasionally/Rarely
   5.5 a) How often do you help your children in chores or errands
      Regularly/Occasionally/Rarely
b) How often do your children help you in chores or errands according to their
   Perception 
   Regularly/Occasionally/Rarely

5.6 a) How often do you confide in your child 
   Regularly/Occasionally/Rarely

   b) How often your child is confide in you according to your perception 
   Regularly/Occasionally/Rarely

5.7 a) How much do you have trust in your child 
   Very much/To some extent/Not at all

   b) How much your children have trust in you, according to your perception 
   Very much/To some extent/Not at all

5.8 a) How much do you have respect for your children
   Very much/To some extent/Not at all

   b) How much respect your children have for you according to your perception 
   Very much/To some extent/Not at all

5.9 a) How much affection do you have for your children
   Very much/To some extent/Not at all

   b) How much affection your children have for you according to your perception 
   Very much/To some extent/Not at all

5.10 a) How close do you feel with your children
   Very much/To some extent/Not at all

   b) How close your children with you according to your perception 
   Very much/To some extent/Not at all

5.11 a) How often do you share major life-decisions with your children
   Very much/To some extent/Not at all

   b) How often do your children share major decisions with you according to your 
   Perception 
   Very much/To some extent/Not at all

5.12 a) How often do you share activities with your children
   Very much/To some extent/Not at all

   b) How often do your children share activities with you according to your 
   perception 
   Very much/To some extent/Not at all
5.13 a) How much weight age do you give to your children’s opinions
   Very much/To some extent/Not at all

   b) How much weight age your children give to you according to your perception
   Very much/To some extent/Not at all

5.14 Please specify, what type of expectations people of your age have from their respective:
   a) Family (children’s)
   b) Community
   c) State

5.15 To what extent do you feel that needs and expectations of people of your age are being looked after by the following:
   a) Family (children’s) Fully/Partially/Not at all
   b) Community Fully/Partially/Not at all
   c) State Fully/Partially/Not at all

6 **Nature of exchange/support relationship before shifting to old age home**
   (Note: only those respondents are to answer these questions that are staying with their married sons)

6.1 How often do you assist your children or your children support you, regarding the following personal, advisory and financial matters which are enlisted as given below:

**A) Personal matters:**

<table>
<thead>
<tr>
<th></th>
<th>You assist children</th>
<th>Children support you</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Quite often</td>
<td>Sometimes</td>
</tr>
<tr>
<td>1 Caring during illness</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2 Running errands</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3 Preparing meals</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4 Laundry</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5 Grocery shopping</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6 Repairing things</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7 Help in renovating</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8 Any other (specify)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### B) Financial matters:

<table>
<thead>
<tr>
<th>You assist children</th>
<th>Children support you</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Giving money</td>
<td>Quite often</td>
</tr>
<tr>
<td>2 Providing gifts other than money</td>
<td></td>
</tr>
<tr>
<td>3 Paying for essential needs</td>
<td></td>
</tr>
<tr>
<td>4 Paying for luxury items</td>
<td></td>
</tr>
<tr>
<td>5 Any other (specify)</td>
<td></td>
</tr>
</tbody>
</table>

### C) Advisory matters:

<table>
<thead>
<tr>
<th>You assist children</th>
<th>Children support you</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Giving advice on life problems</td>
<td>Quite often</td>
</tr>
<tr>
<td>2 Running the home</td>
<td></td>
</tr>
<tr>
<td>3 Money/Business matters</td>
<td></td>
</tr>
<tr>
<td>4 Any other (specify)</td>
<td></td>
</tr>
</tbody>
</table>

6.2 a) Do you recognize the support provided to you by your children? Yes/No

b) If yes, specify whether you:

<table>
<thead>
<tr>
<th></th>
<th>Quite often</th>
<th>Sometimes</th>
<th>Rarely</th>
</tr>
</thead>
<tbody>
<tr>
<td>i) Verbally appreciating their actions</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ii) By giving gifts etc.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>iii) Monetarily</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>iv) Any other (specify)</td>
<td></td>
<td></td>
<td></td>
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</tbody>
</table>

6.3 a) Do you think that your interaction with your children is congenial?

Very much/Little/ Not at all
b) Do you think that your children’s interaction with you is congenial?

Very much/Little/ Not at all

6.4 On average how will you evaluate your relationship with your children you were staying with them:

Very satisfactory/Satisfactory/Un-satisfactory

(Note: Only those respondents are to answer these questions whose married sons were earlier staying apart from them)

6.5 How often do you assist your children or your children support you, regarding the following personal, advisory and financial matters which are enlisted as given below:

<table>
<thead>
<tr>
<th>A) Personal matters:</th>
<th>You assist children</th>
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<tbody>
<tr>
<td>i) Caring during illness</td>
<td>Quite often</td>
</tr>
<tr>
<td>ii) Help in up-bringing their children</td>
<td></td>
</tr>
<tr>
<td>iii) Personally visits</td>
<td></td>
</tr>
<tr>
<td>iv) Making phone calls</td>
<td></td>
</tr>
<tr>
<td>v) Any other specify</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>B) Financial matters:</th>
<th>You assist children</th>
<th>Children support you</th>
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<td>5 Any other (specify)</td>
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<td></td>
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<td>3 Money/Business matters</td>
<td></td>
</tr>
<tr>
<td>4 Any other (specify)</td>
<td></td>
</tr>
</tbody>
</table>

6.6 a) Do you recognize the support provided to you by your children? Yes/No
   b) If yes, specify whether you:

   i) Verbally appreciating their actions
   ii) By giving gifts etc.
   iii) Monetarily
   iv) Any other (specify)

6.6 a) Do you think that your interaction with your children is congenial?
   b) Do you think that your children’s interaction with you is congenial?

6.7 On average how will you evaluate your relationship with your children you were staying with them: Very satisfactory/Satisfactory/Un-satisfactory

7 Life-Satisfactions:

i) As you grow older, things seem better than you thought they would be: Agree/Neutral/Disagree

ii) You have got more of breaks in the life than most of the people you know: Agree/Neutral/Disagree

iii) You are just as happy as you were young: Agree/Neutral/Disagree

iv) These are the best years of life: Agree/Neutral/Disagree

v) Most of the things you do are boring or monotonous: Agree/Neutral/Disagree
vi) The things you do are as interesting to you as they were
   Agree/Neutral/Disagree

vii) You feel you are aged, but it does bother you
   Agree/Neutral/Disagree

viii) As you look back on your life you are fairly well satisfied
   Agree/Neutral/Disagree

ix) Compared to other people of your age, you make a good appearance
   Agree/Neutral/Disagree

x) When you think back over your life, you realize that you did not get
   some important things in your life you wanted
   Agree/Neutral/Disagree

xi) Compared to other people, do you feel that mostly persons are better than
   you
   Agree/Neutral/Disagree

xii) You have got pretty much what you expected out of life
    Agree/Neutral/Disagree

8. 8 Institutional Care:

8.1 Why you shifted to OAH? Give three reasons in order of priority?
   1. ___________________________________________
   2. ___________________________________________
   3. ___________________________________________

8.2 How long have you been in this institution? ____________________________

8.3 Why did you choose this particular old age home?
   __________________________________________
   __________________________________________
   __________________________________________
   __________________________________________

8.4.1 Were you recommended by someone for joining the institution? Yes/No

8.4.2 If yes by whom ..........

Self decision/ spouse/son/daughter/son-in law/daughter-inlaw/
Brother/sister/grand child/other relatives/Un related person.

8.5 What type of facilities provided by this institution?

8.6.1 i) Do you have to pay the old age home for accommodation and food? Yes/No

8.6.2 ii) If yes, how much do you pay on
a) monthly basis 

b) yearly basis 

8.7 i) Do you have other expense in old age home? Yes/No

8.7.2 ii) If yes, what are your other expenses on monthly basis?

8.8 Who pays for your expenses?
Yourself/Partly yourself & partly children/ son/son-in law/daughter/ daughter-in law/ any other.

8.9 Please state the nature of accommodation in old age home?
Single/Double room/Triple room/ Dormitory/Any other.

8.10 Whether you have separate attach bathroom for your self in old age home?
Yes/No

8.11 If you are sharing your room and attach bathroom with other residents, how would you describe your relationship with them?

8.12 Please tell about your daily routine from morning to night.

<table>
<thead>
<tr>
<th>Activities</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

8.13.1 i) Do you go for outing after coming to OAH? Yes/no

8.13.2 ii) If yes, how often do you go out to the following places?

<table>
<thead>
<tr>
<th>Visit to places and people</th>
<th>Frequency</th>
<th>Do you enjoy visiting them</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>yes</td>
<td>No</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>relatives</th>
<th>Children</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friends</td>
<td></td>
</tr>
<tr>
<td>Picnic</td>
<td></td>
</tr>
<tr>
<td>Any other</td>
<td></td>
</tr>
</tbody>
</table>
8.14 Which of the following activities you do on regular basis?

Reading newspaper/ Listening to radio/ Reading magazines/ Books/ Novels/
Playing indoor or outdoor games/ Listening to Music/ Writing letters/ Taking rest during the day/ Any other.

8.15.1 a) Do you engage yourself in religious activities after coming to OAH?
Yes/ No

8.15.2 b) If yes, which of the religious activities you are engaged in after coming to OAH? Do you enjoy it?

<table>
<thead>
<tr>
<th>Religious activities</th>
<th>Do you enjoy it?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Visiting places of worship</td>
<td>Yes  No</td>
</tr>
<tr>
<td>Reading and listening religious texts</td>
<td></td>
</tr>
<tr>
<td>Attending religious festivals</td>
<td></td>
</tr>
<tr>
<td>Going pilgrimage whenever possible</td>
<td></td>
</tr>
<tr>
<td>Any other</td>
<td></td>
</tr>
</tbody>
</table>

8.16 Which of the cultural activities do you indulge in? Do you enjoy doing it?

<table>
<thead>
<tr>
<th>Cultural activities</th>
<th>Do you enjoy it?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Celebrating festivals</td>
<td>Yes  No</td>
</tr>
<tr>
<td>Watching movies</td>
<td></td>
</tr>
<tr>
<td>Attending dance/music concerts</td>
<td></td>
</tr>
<tr>
<td>Attending plays</td>
<td></td>
</tr>
<tr>
<td>Any other</td>
<td></td>
</tr>
</tbody>
</table>

8.17 What are the physical works you do and what do you feel about it?

<table>
<thead>
<tr>
<th>Physical activities</th>
<th>Do you enjoy doing it?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Morning and evening walk</td>
<td>Yes  No</td>
</tr>
<tr>
<td>Exercises and games to fit</td>
<td></td>
</tr>
<tr>
<td>Household chores in OAH</td>
<td></td>
</tr>
<tr>
<td>Any other</td>
<td></td>
</tr>
</tbody>
</table>
8.18.1 a) Do you have adequate medical facilities available here?  
Yes/No
8.18.2 b) If yes, do you agree that the medical facilities available in OAH is adequate?  
Strongly agree/agree/Partly agree/Disagree/Strongly disagree.
8.19.1 a) Do you think you were physically better before coming to old age home?  
Yes/No
8.19.2 b) If yes, do you think that you have deteriorated after coming to OAH?  
Yes/No.
8.20 For your age, would you say, in general your health is  
Excellent/Good/Alright/Bad/Very bad.
8.21.1 a) How do you feel about your life after coming to OAH?  
Highly satisfied/Satisfied/Partially satisfied/Dissatisfied/Highly dissatisfied.
8.21.2 b) If you feel satisfied, please state the reasons.  
i) You are in constant touch with your family members.
ii) You are in touch with your friends and acquaintances.
iii) You have kept yourself busy in some work
iv) You have developed friendship with co-residents.
v) Any other.
8.21.3 c) If no, please state the reasons.  
i) You are staying away with your family members.
ii) The atmosphere in OAH is different from house atmosphere.
iii) You miss your friends and acquaintances.
iv) You are idle and nothing to do.
v) Any other.
8.22 What are the activities performed by you in OAH?  
Help in gardening/cooking/managing OAH/ in maintaining Accounts/Any other/Not doing anything.
8.23 If you perform any of these activities, is it: Voluntary/Compulsory/Peer pressure.
8.24 If yes, how do you feel about the activities you perform?  
Highly satisfied/Satisfied/Partially satisfied/Dissatisfied/Highly dissatisfied
8.25 Do you agree that engaging in these activities help in enhancing your self-esteem?  
Strongly agree/Agree/Partly agree/Disagree/Strongly disagree
8.26 Has getting involved in small tasks in OAH helped you to get rid of loneliness?  
Yes/No

8.27 i) How is your relationship with other residents?
   iii) If you have made friends, has it helped you get rid of Loneliness?
      Yes/No/sometimes

8.28 While comparison of life is concerned in an old age home with the past, especially while staying with your children, which type life you feel better and why?

8.29 What are the good aspects of old age? Please specify it?

8.30 What are the unpleasant aspects of old age? Please specify it?

8.31 Please specify some suggestions for improving the conditions of old age home?

* * *