The present study is based on interdisciplinary approach in which an attempt has been made to understand the phenomena of aggression from psychological as well as sociological perspectives. I was lucky to have two supervisors one from my own discipline i.e. Psychology and the other from Sociology.

I am greatly embedded to my learned teacher and guide Professor Jitendra Mohan, Department of Psychology, Panjab University, for his valuable guidance and earnest cooperation. I shall remain grateful to him for his immense help and critical suggestions.

My father Professor Amarjit Mahajan, Department of Sociology, Panjab University, deserves a special mention because it was he who encouraged me to conduct this study. I wish to express my profound gratitude for his untiring help, valuable and affectionate inspiration and scholarly and constructive criticism. His keen interest in my work has been a source of incessant encouragement throughout. Whatever merits this study possesses are entirely due to my supervisors' relentless efforts whereas I alone am to be blamed for its shortcomings.

I express my indebtedness to Dr V.V. Upmanyu, Chairman, Department of Psychology, Panjab University, Chandigarh for his consistent help and support. I am grateful to Professor V.K. Varma, Head, Department of Psychiatry, Post-graduate
Institute of Medical Education and Research, Chandigarh for his professional support and encouragement.

I owe my obligations to Dr. S.K. Verma, Associate Professor of Clinical Psychology and Dr. Dwarka Pershad, Assistant Professor of Clinical Psychology, Department of Psychiatry, Postgraduate Institute of Medical Education and Research, Chandigarh for their valuable comments and constructive suggestions.

I wish to place on records my appreciation for the help, moral support and cooperation I received from my sister Madhurima during the data collection. A special expression of appreciation is due to my family members specially my mother Mrs. Santosh Mahajan for her enthusiasm and cooperation.

I am very thankful to Mr. Kalia who typed my dissertation with meticulous care and efficiency.

Last but not the least, I owe an unrequited debt to the children and their mothers for the information they provided and for their full cooperation.

ARUNIMA
Department of Psychology
Panjab University
27th May, 1988