CONTENTS

- Acknowledgement
- List of Figures
- List of Tables

Chapter Title Page

1 INTRODUCTION 1 - 17
1.1 Need of study 14

2 THEORETICAL ORIENTATION 18 - 55
2.1 Quality of life 18
2.2 Hardiness 27
2.3 Self-efficacy 35
2.4 Self-esteem 45

3 REVIEW OF RELATED LITERATURE 56 - 114
3.1 Quality of Life amongst Employed & Unemployed Women 57
3.2 Hardiness amongst Employed & Unemployed Women 71
3.3 Self-Efficacy amongst Employed and Unemployed Women 86
3.4 Self-Esteem amongst Employed and Unemployed Women 97
3.5 Professional/Non-Professional Employee Women: 107
Related Studies

4 METHOD AND PROCEDURE 115 - 124
4.1 Hypotheses 115
4.2 Sample 117
4.2.1 Employed women (professional & non-professional) 117
4.2.2 Unemployed women 118
4.3 Description of tools 118
4.3.1 World Health Organization -Quality of Life (WHO QOL) – BREF: (1996) 118
4.3.2 Personal View Survey (PVS): (kobasa, 1986) 120
4.3.3 The General Self-Efficacy Scale (GSE): (Jerusalem and Schwarzer, 1979) 121
4.3.4 The Coopersmith Self-Esteem Inventory (CSEI): (Coopersmith, 1975) 122
4.4 Administration of tests 123
4.5 Scoring 123
4.6 Statistical analyses 124
5 RESULTS 125 - 140
5.1 Work status and Quality of Life, Hardiness, Self-efficacy, and Self-esteem 125
5.2 Classification of Professional and Non-professional Employed and Unemployed Women on the basis of Income and Educational Level 132
5.3 Relationship between Quality of Life, Hardiness, Self-efficacy, and Self-esteem amongst Employed and Unemployed Women 137

6 DISCUSSION 141 - 200
6.1 Work Status and Quality of Life 141
6.2 Work Status and Hardiness 152
6.3 Work Status and Self-Efficacy 161
6.4 Work Status and Self-Esteem 172
6.5 Relationship between Quality of Life, Hardiness, Self-Efficacy, and Self-Esteem amongst total sample, Professional and Non-professional Employed and Unemployed Women 195

7 OVERVIEW 201 - 207
7.1 Suggestions for further research 205

8 SUMMARY 208 - 211

9 BIBLIOGRAPHY 212 - 265

10 APPENDICES
Appendix I: Word health organization quality of life (WHO QOL-BREF)
Appendix II: Personal View Survey (PVS)
Appendix III: The General Self-Efficacy Scale (GSE)
Appendix IV: The Coopersmith Self-Esteem Inventory (CSEI)