APPENDIX - IV

The Coopersmith Self-Esteem Inventory (CSEI)

Kindly read the questions/statement that follow carefully. See how often they are applicable to you and indicate your response. None of the responses are right or wrong. Please do not leave any question unanswered. Your responses will be kept strictly confidential. Thus, feel free to give honest responses to the questions. Your co-operation in this connection would be highly appreciated.

Like Me
Unlike Me

☐ ☐ 1. Things usually don’t bother me.
☐ ☐ 2. I find it very hard to talk in front of a group.
☐ ☐ 3. There are lots of things about myself I’d change if I could.
☐ ☐ 4. I can make up my mind without too much trouble.
☐ ☐ 5. I’m a lot of fun to be with.
☐ ☐ 6. I get upset easily at home.
☐ ☐ 7. It takes me a long time to get used to anything new.
☐ ☐ 8. I’m popular with persons my own age.
☐ ☐ 9. My family usually considers my feeling.
☐ ☐ 10. I give in very easily.
☐ ☐ 11. My family expects too much of me.
☐ ☐ 12. It’s pretty tough to be me.
☐ ☐ 13. Things are all mixed up in my life.
☐ ☐ 14. People usually follow my ideas’
☐ ☐ 15. I have a low opinion of myself.
☐ ☐ 16. There are many times when I would like to leave home.
☐ ☐ 17. I often feel upset with my work.
☐ ☐ 18. I’m not as nice looking as most people.
☐ ☐ 19. If I have something to say, I usually say it.
☐ ☐ 20. My family understands me.
☐ ☐ 21. Most people are better liked than me.
☐ ☐ 22. I usually feel as if my family is pushing me.
☐ ☐ 23. I often get discouraged with what I am doing.
☐ ☐ 24. I often wish I were someone else.
☐ ☐ 25. I can’t be depended on.