# Contents

<table>
<thead>
<tr>
<th>Title</th>
<th>Page No.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1.0 Introduction</strong></td>
<td>1</td>
</tr>
<tr>
<td><strong>2.0 Review of Literature</strong></td>
<td>12</td>
</tr>
<tr>
<td>2.1. An overview on organic farming and organic food products</td>
<td>12</td>
</tr>
<tr>
<td>2.1.1. Sustainable development and Organic farming</td>
<td>12</td>
</tr>
<tr>
<td>2.1.2. Organic Farming as Sustainable Agriculture</td>
<td>13</td>
</tr>
<tr>
<td>2.1.3. History of organic farming</td>
<td>13</td>
</tr>
<tr>
<td>2.1.4. Principles (Concept) and definitions of organic farming</td>
<td>16</td>
</tr>
<tr>
<td>2.1.5. A comparison of organic and conventional farming</td>
<td>17</td>
</tr>
<tr>
<td>2.1.6. Organic food certification</td>
<td>21</td>
</tr>
<tr>
<td>2.1.7 Growing area under organic agriculture</td>
<td>22</td>
</tr>
<tr>
<td>2.1.8 Organic Agriculture in India</td>
<td>23</td>
</tr>
<tr>
<td>2.2 An overview on nutrients and non-nutritive bioactive compounds of organically and conventionally grown foods</td>
<td>25</td>
</tr>
<tr>
<td>2.3. An overview on pesticide residues in organically and conventionally grown foods</td>
<td>50</td>
</tr>
<tr>
<td>2.3.1 An overview on pesticide</td>
<td>50</td>
</tr>
<tr>
<td>2.3.2 Effect of pesticide on Environment and Health</td>
<td>54</td>
</tr>
<tr>
<td>2.3.3 Pesticide residue level in various food commodities</td>
<td>58</td>
</tr>
<tr>
<td>2.3.4 An overview on pesticide residue levels in various food commodities in India</td>
<td>60</td>
</tr>
<tr>
<td>2.3.5 A comparison of pesticide residue in organic and conventional foods</td>
<td>61</td>
</tr>
<tr>
<td>2.3.6 An overview on fertilizers used in organic and conventional farming practices</td>
<td>62</td>
</tr>
<tr>
<td>2.4 An overview on sensory attributes of organic foods</td>
<td>65</td>
</tr>
</tbody>
</table>
2.5 Consumers’ knowledge, attitudes and purchasing behavior pattern about organic foods

2.5.1 Association of Socio–Economic factors and organic food consumption

2.5.2 Perception of organic food

2.5.3 Consumer concerns regarding Various aspects of organic foods

3.0 Materials and Methodology

3.1 A comparison of nutrients and non-nutritive bioactive compounds in organic and conventional foods

3.2 Pesticide residue analysis of organic and conventional foods

3.3 Sensory evaluation of organic and conventional foods

3.4 Collection of the information on availability, types, producers, retailers, and consumers of organic foods

3.5 A survey on farmers’ attitudes and practices of farmers about organic farming.

3.6 A survey of Consumers’ knowledge, attitude and purchasing behavior about organic and conventional foods

3.7 Statistical analysis

3.8 Reagent Preparation

4.0 Results and Discussion

4.1 A comparison of Nutrient and non-nutritive bioactive compounds of organically and conventionally grown foods

4.1.1 Nutrient and non-nutritive bioactive compounds of organically and conventionally grown leafy vegetables

4.1.2 Nutrient and non-nutritive bioactive compounds of organically and conventionally grown roots and tubers

4.1.3 Nutrient and non-nutritive bioactive compounds of organically and conventionally grown other vegetables

4.1.4 Nutrient and non-nutritive bioactive compounds of organically and conventionally grown gourds

4.1.5 Nutrient and non-nutritive bioactive compounds of organically and conventionally grown fruits

4.1.6 Nutrient and non-nutritive bioactive compounds of organically and conventionally grown cereals

4.1.7 Nutrient and non-nutritive bioactive compounds of organically and conventionally grown pulses

4.1.8 Nutrient and non-nutritive bioactive compounds of
organically and conventionally grown split pulses (Dais)

4.1.9 Non-nutritive bioactive compounds of organic and conventional Spices and condiments

4.1.10 Nutrient and non-nutritive bioactive compounds of organic and conventional miscellaneous food commodities

4.1.11 Overall discussion on nutrients and antioxidants

4.2 Comparison of pesticide residue level in organic and conventional foods

4.2.1 Recovery study

4.2.2 Pesticide residue level in organically and conventionally grown vegetables.

4.2.3 Pesticide residue level in organically and conventionally grown fruits

4.2.4 Pesticide residue level in organically and conventionally grown cereals and pulses.

4.2.5 Overall view on pesticide residues in organically and conventionally grown food commodities:

4.3 Sensory analysis of organically and conventionally grown foods:

4.3.1 Sensory analysis of organically and conventionally grown leafy vegetables

4.3.2 Sensory analysis of organically and conventionally grown roots and tubers

4.3.3 Sensory analysis of organically and conventionally grown other vegetables and gourds

4.3.4 Sensory analysis of organically and conventionally grown fruits

4.3.5 Sensory analysis of organically and conventionally grown cereals

4.3.6 Sensory analysis of organically and conventionally grown Pulses and split pulses (Dals)

4.3.7 Sensory analysis of organic and conventional miscellaneous foods

4.3.8 Overall comparison of sensory attributes in organically and conventionally grown foods

4.4 Collection of the information on availability, types, producers, retailers, and consumers about organic foods in Gujarat
4.5. The attitude and practices followed by organic farmers about organic farming

4.5.1 Socioeconomic profile of organic farmers

4.5.2 Awareness and opinion regarding organic farming among organic farmers

4.5.3 Information regarding farming practices followed by organic farmers

4.6 Consumers' knowledge, attitudes and purchasing behavior regarding organic foods

4.6.1. Socio Economic profile of consumer respondents

4.6.2 Consumers' awareness regarding organic foods

4.6.3. Consumers' attitudes towards organic foods

4.6.4. Purchasing behavior for organic foods among consumer respondents

5.0 Summary and conclusion

6.0 Highlights and Recommendations

7.0 Bibliography

8.0 Appendices

9.0 Publications

266

266

268

272

281

281

286

291

303

316

336

337

i-xii